

**It's Still  
FREE**

**BONAIRE** Jan. 29- Feb. 12, 2018, Year 25, Issue 3  
**The REPORTER**

P. O. Box 407, Bonaire, Dutch Caribbean, Phone 786-6518, 777-6125, [www.bonairereporter.com](http://www.bonairereporter.com) email: [reporter@bonairenews.com](mailto:reporter@bonairenews.com)

**Fishing Tournney**  
**Page 8**

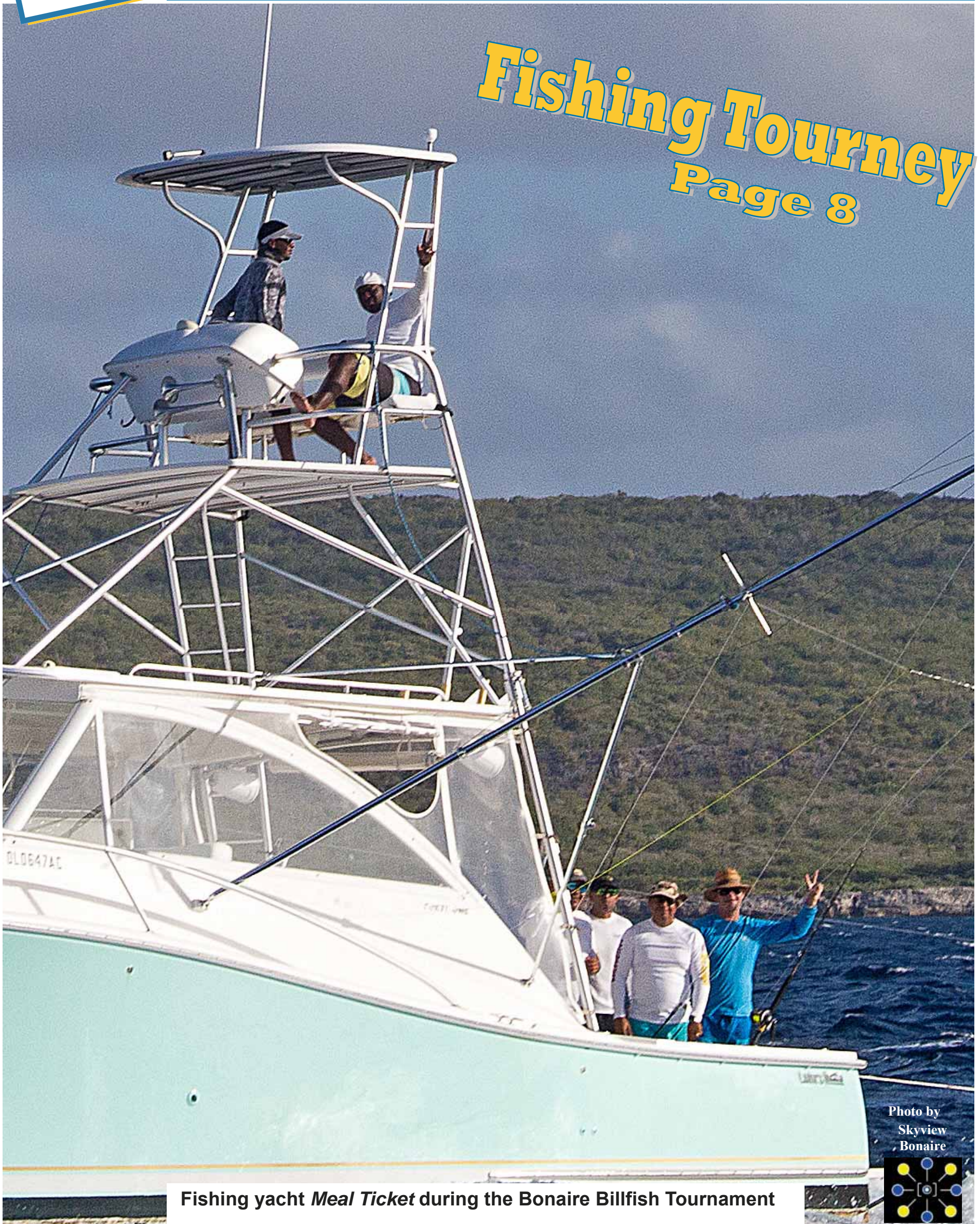


Photo by  
Skyview  
Bonaire

Fishing yacht *Meal Ticket* during the Bonaire Billfish Tournament







**I**s InsetAir about to shut down? As we prepare this article for publication, the Curacao-based airline has no planes that are in good enough shape to fly. And it appears it can now not afford to buy replacement parts for its jet or prop-jet aircraft. Rumors are that the airline may fail an operational review underway by the Transport Authority (ILT).

Although InsetAir has improved its on-time performance over the past few months, the airline's schedule is often severely disrupted with the smallest setbacks. Having maintenance problems with just one of the airlines' three planes is enough to paralyze operations. Several times in the past week service between Bonaire and Curacao was cancelled when two of its aircraft were down due to technical problems.

InsetAir's schedule, if it were ever accomplished, can offer about 200 seats between BON and CUR daily. Aruba Airlines which also flies CUR-BON also experienced technical and administrative problems last week, dramatically isolating Bonaire from ABC inter island air service. Divi Divi Air, which also operates between the islands with 7-8 seat planes, is usually fully booked well in advance. Travelers hope the **Divi Divi Twin Otter aircraft will go into service this week** expanding Divi's capacity by a factor of 2½, is still far short of requirements and that Aruba Airlines can improve its act and get a ground support operator in Bonaire.

And, despite the statement of support last month, the Curacao Minister of Economic Development Steven Martina indicated that his government has made the decision to appoint a **new CEO for Inset**.

**▶Visitors and residents are invited to join BON DOET, Bonaire's greatest volunteer event, taking place on March 9 and 10.** You can choose from over 70 jobs at the many participating foundations. See all jobs



and register at [www.bondoet.com](http://www.bondoet.com). Join with friends, family, coworkers or individually and *hasi bon, pasa bon*: do good and feel good!

**More info at the NGO Platform Bonaire: 717-2366 and poster on page 7.**

**▶The Bonaire Living Environment and Transport Inspectorate (Inspectie Leefomgeving en Transport-ILT) is still reviewing BOPEC's response to the Inspectorate's demands for a rehabilitation plan for the oil terminal.** The final documents were handed in January 19th. The ILT will decide if the response is sufficient to allow the terminal to remain open.

In the response, BOPEC's proposal prioritized the needed repairs and the use of the available financial resources. The risks to people and the environment will also be judged by the ILT. The activity is a response to the intention of the ILT to impose administrative coercion and shut down BOPEC by forcing PDVESA, BOPEC's parent company, to empty the tanks and pipes, **unless the company can demonstrate that the overdue maintenance can be safely performed and that the violations corrected in a timely fashion.**

The Island Government has also set a task force in place to handle the developing situation at BOPEC.

**▶Meanwhile, President Maduro of Venezuela is continuing the ban on commerce between his country and the ABC Islands** even though The Netherlands and the ABC's responded to his major demands. That's prompted the Prime Minister of Curacao to ask, "What does he really want?" Most observers say the answer revolves around leniency for Venezuela's oil related operations in Aruba (rebuilding the San Nicolas refinery), Curacao (not terminating the Isla refinery) and Bonaire (continued operation at BOPEC).

**▶Bonaire is a popular name.**

There's a Bonaire, Georgia; Bonaire, Bonaire, California; and more places on land. But there is only one commercial ship named *Bonaire* still in service. The 2010-



built 4,360 teu (number of containers it can hold) Panamax (maximum size to pass through the Panama Canal) container-ship *Bonaire* was sold for \$11.45m and has been renamed *Navios Felicitas*. There is also a chemical tanker named *Bonaire Trader*.

**▶At its first 2018 meeting the Bonaire Chamber of Commerce and Industry (KvK) elected as chairman Huub Groot, as vice-chairman Harry Schoffelen and members Evert Piar, Tim Verheul and Nina Den Heyer.**

**▶The US and the Netherlands have inked a new bilateral Open Skies Agreement** that deals with the BES Islands. The pact is partly taking the place of the 1998 Air Transport Agreement between the two nations which governed consumers and businesses. The agreement would enter into force after the formality of the exchange of diplomatic notes.

The agreement "reflects the dissolution of the Netherlands Antilles and the new legal status of the BES Islands. This new pact does away with government intervention in commercial decisions made by airlines regarding routes, capacity, and pricing. **The agreement could lead to more commercial opportunities between the US and the BES Islands.**

**▶One of the biggest fund raisers for the Princess Wilhelmina Fund Cancer Fund last year was the Uphill Challenge of Ride for the Roses.** Last year more than \$14,000 USD was raised, a super achievement! This year's Uphill Challenge will be on Sunday, 18 February. **If you ride a bike give it a try.**

Sign up for the event on Facebook event: <https://www.facebook.com/events/301594300353697/>



**▶The Bonaire local government, STINAPA and Cargill Salt Bonaire plan to more strictly enforce the rules for protected zone reserves** in the south because of abuse by people seeking to use the area for recreational activities.

On the land side from the salt pier to Soro-

(Continued on page 3)

## This Week's Stories

Rotunda Vandalism	3
TCB Events for 2018	4
Karnaval Schedule	4
Winners- Picture Yourself Contest	7
Billfish Tournament 2018	8
Sunbelt Opens	8
Lora Count 2018	8
Church Concert-CMBB	8
From Sea to Stomach	9
STCB 20-17 Highlights	10
A New Home -Salute to the Sailors	11
Becoming A Divemaster at 60+	14

## Departments

Flotsam & Jetsam (InsetAir Failing, BOPEC developments, more...)	2
Letters to the Editor-Poor To Rich, Regatta House Government Office?	4
On the Island Since-Vanessa Peralta	5
Food and Vitality -Malnutrition	6
Picture Yourself -Statue of Liberty, NY, USA	7
Did You Know- Flaming Crèche Making Bonaire "Accessible"	10
Wheelchair Challenges	10
A Garden-Just Do It (Growing Healthy Foods)	11
What's Happening + Cruise Ship + Exhibitions	12
Classifieds, Masthead, Tide Table, Sunrise & Sunset Times, Moon Phase	13
Pet Of The Week (Truc dog)	14
Animal Shelter News-Adoptions 2017 and sterilization	14
Bonaire Sky Park (Aurgia and Other Cool Names)	15
The Stars Have It (Horoscope)	15

## How to contact us

**Find Bonaire Reporter on Facebook. Press "Like"**

**The Publisher:** George DeSalvo  
George@bonairenews.com  
Phone 777-6125

**The Editor:** Laura DeSalvo  
Laura@bonairenews.com  
Phone 786-6518  
Box 407, Bonaire,  
Caribbean Netherlands

**Story, tip, question or idea:**  
info@bonairenews.com  
Phone 777-6125

Available on-line at:  
[www.bonairereporter.com](http://www.bonairereporter.com)  
Printed Every Fortnight,  
On-line every day, 24/7  
Next edition printing on  
**Monday, Feb 12, 2018**





# TUNG FONG STORE N.V.

**"The Store With Almost Everything"  
Great Service Too**

Kaya Korona 52 Tel. 599 - 717 4224 FAX. 599 - 717 5224

Opening hours: 8.30 am - 12.30 pm, 2.30 pm - 6.30 pm  
Open from Monday till Saturday. Sundays closed.

**THE PLACE to make ALL your reservations:**  
Land Sailing, AB Car Rental, AB Dive, Woodwind Sailing all tourist activities, tours, shuttle services and more...

**The only shop on Bonaire dedicated to local handmade gifts and jewelry**

Featuring the original I ♥ LOVE BONAIRE products

Cold drinks, cigarettes and phone cards available

# MULTISHOP

At Sand Dollar Plaza on the northern hotel row in Hato.  
Open daily from 08.00-18.00 non stop - Phone: [\(00599\) 7856029](tel:005997856029)



*Flotsam and Jetsam (Continued from page 2)*  
 bon the environment is very sensitive and public access was prohibited for many decades unless permission from Cargill and the government was granted. In recent years people are increasingly entering the area. It is usually tourists who want to take a photo of flamingos, fishermen with nets or rods and kite or wind surfers. This is forbidden.



The beaches are accessible, but there is a ban on dogs between the salt pier and the Willemstoren lighthouse.

► **The electric golf carts have become a favorite of cruise ship tourists and stay-over visitors because of their low cost.** However, their limited speed is causing complaints by other drivers for causing congestion on the roads. On Tuesday, January 16, the police station was notified about 12:30 hours that a **golf cart was on fire** on the Kaminda Karpata near Contour Global. An electric golf cart which some tourists were driving, caught fire for unknown reasons. The fire brigade came on the spot and extinguished the fire. No one was injured.

► **With almost 100 abortions in 2016, the number of forced terminations of pregnancy on Bonaire, with a population of 20,000, is relatively high.** According to the annual report of the Inspectorate Health and Youth in the Netherlands.

By way of comparison: in the province of Noord Brabant there were just as many

abortions, but more than 2.5 million people live there. Hospital Mariadal is the only hospital in the Caribbean Netherlands with an abortion permit.

► **Since 2014 there has been an ongoing discussion whether or not to designate Dia di Rincon as public holiday on Bonaire, as it was prior to 2011.** This topic is part of the "Social dialogue Bonaire," in which representatives of employers, employees and the public entity of Bonaire participate. The Bonaire Executive Council hasn't adopted a position yet which is frustrating proceedings.

In discussions, the Executive Council has indicated that they would like to exchange an existing public holiday for Dia di Rincon. One choice might be "Carnival Monday." Perhaps "Kingdom Day," a holiday hardly noticed here.

A more drastic option is the addition of an extra public holiday through a administrative decree which can only be adopted with support of employers and employees.

► **Statistics Netherlands (CBS) reports the annualized overall price increases for 2017 over 2016 was 1.8% on St Eustatius and 1.2% on Bonaire.**

**Callers from the US are still unable to call Bonaire landlines (717 and 715 exchanges).** Telbo says it is not its problem causing the situation.

► *The Bonaire Reporter* on line is "Still Free" at [www.bonairereporter.com](http://www.bonairereporter.com). It's accessible from most anywhere. There is even an archive available for back issues. There is **no Paywall**. But donations help to keep it alive. Chip in to help keep it up. □ *G.D.*

## Vandalism At The Hato Rotunda

**F**undashon Bunita

Boneiru (Beautiful Bonaire Foundation) reported extensive damage to the artwork under construction at the Hato Rotunda. A vehicle was driven into the rotunda and crashed into the sculpture-in-progress. It was a hit-and-run.



This is a great setback for the island because several of the completed pieces of art were severely damaged. One of the sculptures was hit so hard that it was forced over to the other side of the rotunda. Some of the memorial stones that were purchased by donors in support of the project were also destroyed.

It is unclear whether this was an accident or if it was intentional vandalism. The vehicle that was involved must have sustained significant damage because pieces of it were found all around the rotunda.

Although this is a setback, it will not stop the progress of making Bonaire a more beautiful place. Of course, the sculptures will be repaired and rebuilt. The memorial stones will be replaced. The artist will be back in Bonaire to finish the project.

The police are working to identify the perpetrator. Anyone with information

regarding this incident are encouraged to call the Police: +599 715 8000 or the anonymous tip hotline: +599-7177251. There is a reward offered of \$250.

Bunita Boneiru is a foundation of the Bonaire community with the intention to make Bonaire beautiful and to create something that everyone can enjoy and be proud of. The work of Bunita Boneiru is dependent on volunteers, sponsoring and donations. Help is needed and appreciated, both financially or in person.

Interested donors can donate via the Generosity.com website: <https://www.generosity.com/fundraisers/fundashon-bunita-boneiru>. The size of the rock will depend on the size of donation, starting from "Blennie" at \$25 to "Shark" at \$500.

Those interested can keep up with the progress and opportunities to volunteer on the Fundashon Bunita Boneiru Facebook page <https://www.facebook.com/bunitaboneiru/> □ *Press release/G.D.*

## FOR SALE Sabadeco Crown Ridge 15 Oceanfront Villa



- Lot size: 587 m2 / 6318 sq. ft. owned land
- Total living area : 274 m2 / 2949 sq. ft.
- 3 bedrooms / 2 bathrooms / garage

- Pool with sundeck and unobstructed ocean views
- Excellent rental possibilities
- 3D virtual tour: [tinyurl.com/m5oyd3b](http://tinyurl.com/m5oyd3b)

**Listed for \$990,000 US Dollar**



Kaya Grandi 24-A Bonaire, Dutch Caribbean Tel. +599-717-7362  
[info@bonairehomes.com](mailto:info@bonairehomes.com) [www.bonairehomes.com](http://www.bonairehomes.com)  
 Facebook: <http://www.facebook.com/REMAXBonaire>



# Karnaval Schedule



## Remaining Schedule:

- January 31: Tumba Award Ceremony
- February 2: Parade di Blas / Taste of Bonaire
- February 3: Children's Parade (Karnaval)** – Rincon 2:00 pm-6:00 pm
- February 4: Children's Parade (Karnaval)** – Kralendijk 2:00 pm-6:00 pm
- February 8: Jump In Flamingo
- February 9: Teener Parade / Mega Jump In
- February 10: Adult Carnival (Karnaval) Parade** – Rincon 2:00 pm-6:00 pm
- February 11: Adult Carnival (Karnaval) Parade** – Kralendijk 2:00 pm-6:00 pm
- February 12: Parade Despedida Hubenil / Children Farewell Parade
- February 13: Parade Despedida Grandi / Adults Farewell Parade

# TCB Events for 2018

This year TCB will have six Taste of Bonaire events, each with a different theme and with the same great atmosphere like always.

- The first Taste of Bonaire will take place on Friday February 2nd, with the theme 'Karnaval'.
  - The second Taste of Bonaire will take place on March 3rd, with as theme 'Ban Topa'.
  - Followed by the third Taste of Bonaire taking place on July 7th, with the Talent theme,
  - The fourth Taste of Bonaire with the theme Recycle will take place on August 4 th.
  - The fifth Taste of Bonaire will take place on September 2nd, with the theme Bonaire/ Dance
  - The last one is on November 10th, 2018 with the theme Wellness.
- And don't forget Christmas Shopping

Night, December 22<sup>nd</sup>.

TCB came up with an idea to start this year with a **Simadan group** with the name **TCB & Friends Culture Group** which will be participating in the parade at Dia di Rincon and also the parade of Doei and Chana Diaz. There is still an opportunity to participate in the group. You can sign up until January 30th to participate.

TCB will also be opening a Facebook page so that tourists can participate in the group.

Also TCB has plans to organize **Miss Tourism Bonaire 2018**, which will take place on June 2nd, 2018. Sign up is already available at TCB for ladies between the ages of 17 and 25.

For more information related to the activities mentioned contact Angelo Domacasse, Marketing Assistant & Events Coordinator at 717-8322 or 782-6666



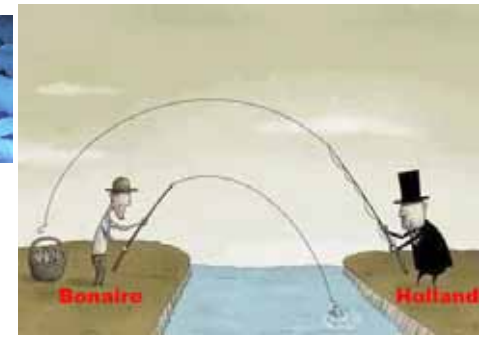
## TAKE FROM POOR, GIVE TO RICH

Dear Editor:

First I would like to thank those in our government who so successfully persuaded the people of Bonaire that becoming part of Holland would be the best thing that could ever happen.

Secondly I would like to thank the Dutch Government official who stated that there really probably won't be much difference and we would all probably have some extra money when all is done.

Thirdly I would like to thank the current Dutch officials who have successfully milked nearly everyone, except perhaps the very rich, of every penny they



could get from us.

And fourth, I would like to thank the many Dutch who flocked here taking businesses and jobs away from Bonaire-ans.

Lastly I would like to thank all those who couldn't care less about Bonaire's culture and peacefulness and only care about more money at any cost.

*Nearly Broke*

## REGATTA HOUSE A GOVERNMENT OFFICE?!

To whom this concerns in the government:

To start with any story is to give an example which has happened all over the world many, many times. There is a city and they build an airport outside the city. Years go by and the city grows. People buy land around the airport because it's cheap. They build houses and move in. The next thing you know is "the airport has to move because it is definitely too loud for us because "We live here now."

Now here in Bonaire you have the Sunfish club, the kids with the little optimists, the lasers...and so on. You go around 16.00 to the waterfront and you see them preparing for the sailing, training for the very young, or just because it is a nice day. Boats are repaired in the yard, or the very old sailing/fishing boats are rebuilt from what most people would say, a waste of time. And now some of them look like new! And there are still some of this history of Bonaire sailing and fishing boats to be rebuilt. And the place is surrounding the Regatta House. When you build or rebuild... it will get loud and not just for a minute.

**So now we are where we are, the Regatta House, in the center of this place of sailors, carpenters, kids, old Bonaire fisherman and young fisherman, and it**

**is to become a government office!**

Want to take bets how long it will take until the "government workers" in this small building complain about this "working noise, the kids running around, the shouting of the instructors or the cars parking in front of the windows and taking away the view of the ocean from their desks? This is the place where these sailors meet, work, talk, train.....and some of them train for the sailing world championships, so this is serious business for some of these noisy people.

How long will it take until there is no place for these Bonairean sailors and fishermen, until they shut down everything surrounding this building. There are so many empty buildings which could be used for offices. You do not need waterfront property for answering your e-mail. Let the kids have their place, let the older Bonaireans teach the young once more how to build boats. Do not let this tradition die because of office work!

The past has or should have taught us the lesson: once the center of a place gets a new motivation so will the surrounding area! Do not let this die. Support the sailing. Support history. Busy and happy kids do not turn to drugs or criminality.....If you take this away from them where should they go??

—A very concerned citizen of the future of Bonaire: Peter Werdath, Budget Marine Bonaire, citizen of Bonaire for 25 years

## Scheduled Water Taxi TO KLEIN BONAIRE

From Bonaire Nautico Marina in front of It Rains Fishes Restaurant

### HOTEL PICKUP SERVICE

Daily trips via resorts 10 am, 12, 2

THE ONLY WALKON / WALKOFF

Catamaran **KANTIKA DI AMOR** up to 27 adults or larger catamaran **KANTIKA TOO** up to 50 adults  
Also available for group trips



BONAIRE NAUTICO MARINA—At It Rains Fishes Restaurant  
Call Henk at 560-7254 / Bob 786-5399 info@bonairenauticomarina.com /VHF 68



## DE FREEWIELER

**Sales and Repair for Road, Mountain and Dutch bikes**

Featuring Giant, Bikkel and Golden Lion bikes

Parts and accessories for all brands of bikes and scooters  
Beautiful Bike Clothes, shoes  
All type of house and car keys duplicated

Kaya Grandi #61  
"The blue building"  
Call 717-8545

Open: 8:30-12:30, 2:00-5:30  
Owner Operated

Web: [www.bonairefreewieler.com](http://www.bonairefreewieler.com)  
Email: [freewieler@bonairefreewieler.com](mailto:freewieler@bonairefreewieler.com)



*The Bike Professionals*



# On the Island Since... July 2011- Vanessa Peralta



Fernando, Amanda, Mafer, Agata and Vanessa at home Greta Kooistra photo



Vanessa singing with her childhood choir members (left to right: Gaby Vilorio, Carolina Luego, Vanessa and Daniela Hernandez. (private photo)

“I lived in Venezuela, then we wanted to run away from danger. Luckily we had my sister-in-law, **Mabel**, and she found a job for my husband **Fernando** at Sapias Holding BV, the head office of Buddy Dive. So we left Venezuela, our families and friends, sold our house and our cars, closed our business, packed our suitcases and came here with our daughter **Agata**, who was two and with **Mafer**, who was 11. We had never been here before. When the plane landed, we got into the car and drove for one minute and then there was a whole ocean! I was impressed by the blue!

We slowed down our rhythm and we got a surprise, because one month later I found out I was pregnant. So, she came from Venezuela on the plane with me in my belly – **Amanda** – who is five now. When I think about the move, it was the slowing down being the major difference, because we were completely relaxed for the first time. From that point on life was about finding new friends, finding a new family and soaking up the sun, which completely changed our skin color, because we were white like paper.

After the pregnancy and when Amanda was one year old, I found out about The Voice of Bonaire competition and I signed up. It was fun – no stress – just fun. And I won. That was even better. From then on a lot of musicians knew about me and a pianist from Curacao who was living here, contacted me and I started singing. I was a singer since I was in my mom’s uterus..ha ha! My mother is a famous ‘gaita’ folk music singer in my city, Maracaibo. She was always singing to me and by the time I was one year old I could already sing and... I have the proof because she recorded me with a cassette player from when I was one until I was six. I still have those recordings. You hear her say, ‘You are one year old and you are going to sing this, go!’

When I was five I started singing in the church and at six I gave my first solo. I kept on singing in the church and it trained my voice and it gave me a second family of brothers and sisters – the children I sang with in the choir. We still talk to each other every day in our WhatsApp group. They are my family.

When I was 14, my brother-in-law invited me to join his band – a Latin music group for big parties. It was a completely different audience of course and I had to dance and perform; nothing like church!

By the time I was 30 I could sing rock,

pop, disco, Latin music and I also did jingles for radio commercials. And, together with the church group, we recorded the backup vocals for many different musicians and artists in my country. You could not see us, but our voices were there.

Music is recognized by scientists to be the most powerful tool to develop all the areas in your brain because it affects both sides of the brain. It’s an art you can feel and it creates big emotions. The fact that I can use my body and my vocal cords to create that is an experience only a singer understands. When

getting a group together is the first part I am working on.

We had a lovely childhood. It was like a movie, the world was perfect. But nowadays I see children and people in general losing their capacity to communicate. And with music or sports they can have a few hours to connect on a personal level.

Presently I sing Fridays and Saturdays at the Divi Flamingo Hotel and I also perform at birthdays and private parties together with **David Rodriguez** who plays the bongos.

“So we left Venezuela, our families and friends, sold our house and our cars, closed our business, packed our suitcases and came here ...”

you sing your blood flow and your heart beat and your mental state changes; the whole body experiences chemical changes. You release a lot of endorphins and adrenaline and that’s why it affects the receptor – the audience – emotionally.

When I came to the island, I spent a couple of years mostly being a mom, but I felt something big – apart from my family and friends – was missing and it was music. And I learned that I cannot be complete if I don’t sing. For me it’s a necessity like eating, like sleeping. I will never stop singing again!

All my children sing beautifully and so I’m thinking about starting a vocal group for children and pass this wonderful experience of having music in your life on to others. Thanks to the fact that I was part of a group of small children whose main goal was to create beautiful harmonies, I learned how to cohabitate in harmony with the rest of the world. It was never about the clothes you wore or the house you lived in, or what you looked like. We had one common goal which was creating something powerful and beautiful and, you know, it makes you a better you. I feel especially in this time, where everything is about technology, having this kind of art in your life – which creates personal bonding – it can be a necessity in the development of a child. Therefore I want to continue with new generations and

Although we both work full-time and have families with children, there is always room for music. My husband Fernando started working at Obersi’s after Buddy Dive and two years ago I joined him there. We don’t have any problem working together. Our relationship just got better and when the company has a party, I am their official entertainer.

Only once in almost seven years I went to Venezuela, and it was shocking to see what had become of the country. Our family is still there and we send a lot of money on a monthly basis to help them. We consider ourselves blessed to be here and to be able to help them, because otherwise it would be too difficult for them.

For us the adaptation was never a problem because we were busy taking care of the children and through crèche and school we met other parents and they became the friends we have here. And for Mafer, who was 11 when we arrived, the **Junior Rangers program of STINAPA** was a life saver. Nowadays our children speak four languages and I can speak Spanish to them and they will answer in English and at school they speak Dutch and Papiamentu. It’s easy for children. In fact, they’ve become our teachers as I learned to sing Dutch and Papiamentu songs and learning a language by singing is the easiest way.

Since we have the biggest place of our

group of friends who are all single or couples without children, everybody comes to our house to play board games, to eat and be together. Mafer’s friends – Mafer is 17 now – even come when she’s not here. So our house is the club house. As a family it’s important to live together in harmony. We don’t think screaming at your children is a solution and our friends are of the same opinion. Our most helpful person in this process is **Rhonda Bennett**. She’s fantastic; we love her and she knows it. As the children spend a lot of time with her at her after school program, our relationship with her is very important and dear to us. For us, family and friends, music, architecture and art are the most important things in life. Next to that you experience by living here how healthy it is to be in contact with the ocean on a regular basis and the clean air and the nice temperature top it off.

We – me and my husband – feel very powerful because we had to change a whole life and we feel we are on the right track. We’ve been through hard times as a family who had to separate from their family, leaving them behind in a troubled country. You know, Latin America families are extremely close-knit and as a member of your tribe – let’s call it like that – you are used to having your family completely involved in your personal life and also in every decision you make. And then... it was only the two of us making the decisions and it was a great responsibility to do it just together.

We’ve learned that for some people from other countries something like that is normal. However, for us it is not. It was an abnormal situation for a Latin family and we believe that every Venezuelan family leaving the country feels that way. But... it proved to us that together we are stronger than we thought, so the future is not so scary anymore. It’s been a long journey but now it looks exciting and full of surprises!”

Greta Kooistra





## MALNUTRITION

**M**alnourished individuals can come in all sizes. There were 793 million undernourished people in the world in 2015 (13% of the total population). Certain groups have higher rates of under-nutrition, including women—in particular while pregnant or breastfeeding—children under five years of age, and the elderly. In the elderly, under-nutrition becomes more common due to physical, psychological, and social factors.

### Common signs and consequences of malnutrition are:

- ◆ increased risk of illness and infection
- ◆ slower wound healing
- ◆ unplanned weight loss – which can cause clothes, dentures, belts or jewelry to become loose
- ◆ tiredness and lethargy, reduced energy levels
- ◆ alterations in mood
- ◆ loss of appetite
- ◆ disinterest in food and/or fluids
- ◆ loss of muscle strength
- ◆ reduced independence and ability to carry out daily activities

### Stopping and treating malnutrition

**A balanced diet is essential for health and wellbeing.** When someone has a poor appetite and is malnourished, calorie dense foods and drinks containing fat and sugar can help to improve energy intake without making portions too big to manage.

Protein is also important for people who are malnourished. If you follow the points listed here, you can make sure you are eating well:

Eat 2-3 portions of high protein foods every day such as meat, fish, eggs, nuts, beans, pulses (edible seeds that grow in a pod like peas and lentils), soya, tofu and other meat-free protein foods.

Eat/drink 2-3 portions of dairy foods every day such as cheese, milk and yoghurt or non-dairy alternatives like soya, almond or coconut milk.

Eat a serving of starchy food at each meal (e.g. bread, cereals, potatoes, pasta or rice).

Eat some fruit and vegetables every day (fresh, frozen, tinned, dried or juiced).

If you enjoy fish, go for oily

## MALNUTRITION COMES IN MANY FORMS



**stunting**  
(people are too short for their age)



**wasting**  
(people are too thin for their height)



**obesity**  
(people are overweight)

GLOBAL NUTRITION REPORT 2015 #NutritionReport

fish such as mackerel, salmon, herring, trout, pilchards or sardines as these are rich in omega-3 fatty acids. Aim for two portions a week (can be tinned or frozen for convenience).

Have at least 6-8 glasses/mugs of drinks every day, choosing high calorie drinks where possible such as milky drinks (malted drinks, hot chocolate, milky coffee, smoothies and milkshakes) or sugary drinks such as fruit juice or smoothies.

The following simple ideas will help you increase the amount of energy and protein which you eat in a day:

Eat 'little and often' – try a small snack between meals and a dessert after lunch and evening meal like nuts, chocolate with nuts, avocado, crackers with peanut butter, full fat yoghurt, etc.

Try not to have drinks just be-

fore meals to avoid feeling too full to eat.

Avoid low fat/diet versions of foods and drinks, for example skimmed or semi-skimmed milk, low fat yoghurt, sugar free drinks etc, or watery soups.

Choose meals that you enjoy, are easy to prepare and eat, and are high in energy and protein. Items such as tinned fish or beans are easily stored and easy to prepare.

If you are preparing food for others, remember, as we get older, our taste buds change. Older people often prefer much sweeter tastes than they used to.

You may find that your energy levels change throughout the week and that on some days you feel better than others. Here are some suggestions to make preparing meals easier:

Make the most of the 'good

days' by preparing extra meals which you can store in the fridge/freezer as individual portions for 'bad days'.

Buy a selection of ready meals for times when you are not up for cooking.

Make use of meal home delivery services. Supermarkets also offer online shopping and home delivery services which may make shopping easier for you.

The simple steps outlined above should help to identify and treat the condition. If these simple steps do not seem to help, seek advice from a healthcare professional. **Lucinda van der Wardt**



*Lucinda van der Wardt has been a registered dietitian and sports instructor for more than 20 years. After working for more than 10 years in a university hospital in Amsterdam and later in her private practice she is currently owner of Food and Vitality Dietitian practice located at Bon Bida health centre in Kralendijk.*

*More info: tel: 599-7850170  
www.foodandvitality.info  
lucinda@foodandvitality.info*



**Nieuwe winkel voor  
BEST Care Zorgwinkel Foundation**

Architect:  Jorge Lusitano Bonaire

Bouwaannemer:  Constructora Tecnica Silvousa N.V. Bonaire


Opdrachtgever:  Caribbean Netherlands Realty BV Bonaire



**Soon in our new home**

**The island's health care foundation offering products and services for sale and rent:** hearing aids, special food products, diapers, diabetics, disability aids, impaired vision devices, wheelchairs, walkers, crutches, electric scooters, patients beds **and more.**  
Cooperating with Bonaire's health care insurance

**Opening Hours: 7:30-17:30 Non-Stop**  
**Kaya Jean B. Vitté 3**  
**Kralendijk Bonaire Caribisch Nederland**  
**Tel:(599) 717-5543 Fax: (599) 717-5724**




# Challenge Us!

**Looking for the best mortgage deal?**

Take your time explore... Afterwards visit and Challenge Us!  
We will offer you the best mortgage loan tailored to your needs to realize your dream house!

For more information visit us at Kaya Grandi # 48, or call one of our personal banking professionals at telephone: +599 7172000.

[info@orcobank.com](mailto:info@orcobank.com) [www.orcobank.com](http://www.orcobank.com)



**Your Personal Banker**



## Picture Yourself With The Reporter at The Statue of Liberty, NY, USA

If you were visiting the United States of America for the first time where would you go first and what would you bring with you? For **Elisa LoIacono** from Palermo, Sicily, the answer was easy. It was the Statue of Liberty in New York City and of course a copy of *The Bonaire Reporter*.

The Statue of Liberty is a symbol of freedom and democracy and was a gift of friendship from the people of France to the United States. It was dedicated on October 28, 1886. Before the advent of aviation, when immigrants first arrived in America by ship, Lady Liberty, as she is also known, greeted them and was the first site they saw entering New York Harbor on their way to Ellis Island.

A month after graduating college in Palermo, where she studied archeology, Elisa set off for the United States to visit family. She enjoyed touring the New York museums that are rich in archeological history. Elisa also visited the records office on Ellis Island where she found the immigration records of family members who arrived in the United States more than 100 years ago.



The copy of *The Bonaire Reporter* Elisa is holding is significant. Elisa was visiting her cousin, and frequent Bonaire visitors, **Joan** and her husband **Alan**, who is a photojournalist. The cover photo was photographed by Alan and was his first cover photograph for *The Bonaire Reporter*. November 14, 2017.   
 □ Alan Zale for The Bonaire Reporter.

**WIN GREAT PRIZES!** Take a copy of *The Bonaire Reporter* with you on your next trip or when you return to your home. Then take a photo of yourself with the newspaper in hand. THE BEST PHOTOS OF THE YEAR WILL WIN THE PRIZES. Mail photos to *Bonaire Reporter*, Box 407, Bonaire, Caribbean Netherlands (CN). E-mail to: [picture@bonairereporter.com](mailto:picture@bonairereporter.com). All 2018 photos are eligible for the next contest.

## Picture Yourself With The Reporter Winner- 2017 Contest Marcel Damen and Peter Berveling in Estonia



It took 23 issues in 2017 before we printed this photo of **Marcel Damen** and **Peter Berveling** who took *The Reporter* along on the 3000-km, five-day car rally, called "The Garbage Run," from the Netherlands to the Baltic States to Estonia. They traveled in their decorated "Bonaire" car accompanied by their "flamingo" as well as *The Bonaire Reporter*.

Their prize is dinner for two is in one of Bonaire's very best restaurants.

Runners up in the contest were the **high-schoolers from Bonaire** when they visited Armenia, Colombia, and **Anne Boucher Shrake** in Yellowstone National Park, USA. Other entries were from Scotland, Uganda, Argentina, Kenya, England, Sicily, Saba, Switzerland, Spain, the UN, Poland and several American states. Congratulations to all who entered their photos. Picture Yourself with *The Reporter* in 2018 and win. ■

**1. Create a team**  
**2. Choose a job**  
**3. Register online!**  
[www.bondoet.com](http://www.bondoet.com)



Organized by:  
**NGO**  
 Plataforma Bonaire

in cooperation with:  
**Oranje Fonds**

### Penny Lane Exchange

The Fashion Revolution

Just a few things...that we love!

Penny Lane is on the **second floor** of La Terraza, downtown Kralendijk  
 Kaya Grandi #23-G, Up the stairs—Across from Gio's Ice Cream,  
**Shopping Hours:** Tues: 10am to 5:30; Weds & Thurs: 10:30 to 5:30  
 Friday: 10am to 5:30 Saturday: 11am to 3:00pm Closed – Sun. and Mon.  
**Phone 599-795-9332 email- [Pennylanebonaire@hotmail.com](mailto:Pennylanebonaire@hotmail.com)**





John Paesh - Alina Aruba photo



**Recording and releasing the catch. This beautiful Marlin will live on to swim the ocean**

There was no website, no Facebook page but, incredible as it may seem in 2018, a very successful fishing tournament just ended. The tournament on Bonaire is loved so much that a sponta-



The winners: trophies and cash prizes

neous tournament was organized, mostly out of Curacao with local help, when the organization that formerly promoted the tournament dissolved. The hometown-named "Nos ku Nos Catch and Release



Fighting the fish can be wet work

Billfish Tournament Bonaire" spearheaded by Curacao's **Charles Heldewier Vignon (Gordo)** had 17 boats participating, with five from Bonaire.

This event was for **Billfish catch and release only. No fish were taken out of the water in this event. Photos of the catch are essential.**

To be certain that the photos are from the tournament, and not old photos from previous trips, each boat radios in when they hook up and when they release the fish. The control gives them a random number from 1 to 5. They must show that same number of fingers in a photo of the fish at the boat during the correct time frame to prove their catch. It did not take much convincing from **Gordo** to get **Alan Koolmeyer** to come over from Curacao to run the radio control. Alan confidently ran it as he does regularly for various tournaments on Curacao. The first day saw some communication issues when control could be heard, but control could not hear the boats. Cell phones were used to call in the action in the morning, while the fish were striking hard. With the help of **Pam Teitel** and **Peter Werdath** from Budget Marine, **Charles** from Xerox and **Jan**

**Blonk**, everything was in ship shape to both transmit and receive! **Yhanni's Arepas** provided a table in the shade where it was not too noisy for the control headquarters (and some great arepas too!).

The event was sponsored by **Stone Crusher NV** and **Amstel Bright** and hosted by **CoCo Beach** where the fishermen could enjoy a nice meal and drinks each evening, with the awards and party on Saturday. **Skyview Bonaire** coordinated the photos from the boats and took some great shots of the participants to show the crowd at the party what went on out on the sea.

For scoring, Blue Marlin are worth 500 points, regardless of the size. White Marlin are worth 300, while Sailfish are 150 points. If several boats have the same number of points, the one to reach the points first is ahead of the next with the same points.

There were 20 **Blue Marlins** released, more than 15 lost and 2 **Sailfish** releases over the two days of fishing, with most of the action on the first day.

First place of \$4000 cash and beautiful trophies went to **Hey Chama** (Cur) with 3 Blue Marlin and a two sailfish for 1800 points Anglers: **Mani de Freitas, Ricky Winkel, Koronel Kleinmoedig, Paolo Irausquin.**

Second place of \$3000 cash and trophies went to **Alina** (Aruba) with 1000 points. Anglers: **Christian Mansur, Yislon Iriarte, Steve Drummond, John Peash**

Third prize of \$2000 cash and trophies went to **Big Papi** (Cur) 1000 points Anglers: **Goerge Metri, Tutsie Maduro, Terrence Lacle**

**Best Angler -Tutsie Maduro 1000 points**

First release of the tournament (reward: MAJOR bragging rights) was made by **Fish-tales** from Bonaire with fisherman **Bart Snelder**. **Reports by Bart Snelder and Pam Teitel. Photos by Skyview Bonaire, John-Paesh and Big Papi**

## Sumptuous Sunbelt Office Opens



It's way after 8 pm and the party is still roaring along

One of the most beautiful buildings on Bonaire opened last Friday, Sunbelt Realty's offices, with a rousing, well attended party, live music, great ambiance, clear skies.. Food and drink were provided by Huub Groot.

From their first beginnings on Bonaire, taking over Sunbelt Realty more than 20 years ago, Corine and Jan Henk (at right) were bound to succeed. Their expertise, professionalism, ethics, kindnesses and hard work brought them clients and a loyal staff.

All the best. May Sunbelt Realty flourish in that magical, stunning building! **L.D.**



## Counting Loras

On Saturday, morning, with the help of over 50 people, Bonaire's endangered parrot, the Lora, was counted. The preliminary result of the annual count was a staggering 1021 parrots. Last year it was fewer than 700. In comparison, the record year of 2015 delivered a final result of 1089 parrots. It seems like the population has found a way to recover from the drought in the recent years. Let's hope these positive numbers will continue in the future. Coming week, the final count will be released through the press, after a careful check on all of the field forms from each roost location. Echo would like to thank all volunteers and STINAPA rangers who participated this early morning in the annual parrot roost count of January 2018. **Q**



*Quirijn Coolen, General Manager Echo*

Friday night there was a lovely relaxing and entertaining musical concert at Playa's San Bernardus Church, which was packed. Classic, krioyo, piano, organ, flute with a special

presentation of the Maskarada Musicians who opened and closed the show with their vibrant beat.

Very much missed was the English commentary of saxophonist Carla Hay for those in the audience who are Dutch language challenged. Come back, Carla!

The concert was sponsored by the Classical Music Board Bonaire (CMBB). **L.D.**





# From Sea To Stomach



Jan Emerenciana and his team—Jenny Coffie and Jola Martis



Mom, Jola Martis



Enough tuna for all



Tuna ready for the restaurant to be prepared your favorite way



Jan Emerenciana

It's exciting when we see fresh tuna on the menu at our local favorite restaurant or a nicely trimmed piece in the display case at the local fish market. There is nothing like fresh tuna, but how does it get to the restaurant or fish market?

Bonaire has a community of fishermen who fish the waters off Bonaire and the neighboring island of Curacao to bring us the fish we enjoy eating.

One of these fishermen is native Bonairean **Jan Emerenciana** and his team.

Recently, at approximately 3 in the afternoon, Jan's three boats, each with two fishermen, set sail for Curacao. Sailing with the swells, the trip to Curacao takes about three hours. Once there, they spent the next two nights line fishing. They do not use nets.

Fishing at night? Why? The answer is really very simple. The fisherman will work the waters near the tankers. The tankers' lights will illuminate the sur-

rounding water, attracting small baitfish. The baitfish will then attract the tuna, which will give the fishermen a chance to make a big catch.

After their first night of fishing the waters of Curacao, the fishermen will go ashore to meet with immigration and customs officials. After filling out all the necessary paperwork, they might meet with some local friends or just return to

their boats to get a few hours sleep before another night of fishing.

The next morning, after their second night of fishing, the fishermen will start their return trip to Bonaire, which will take about four and a half hours. The return trip is longer than getting to Curacao because they are now riding against the swells and they are carrying a full load of freshly caught tuna. Once they arrive, they will go through Bonaire Customs.

This trip was very successful and they returned back to Bonaire with 750kg of tuna, ranging in size from 2½ kg. to 24 kg.

Once the fish are brought to shore, they are taken to Jan's home where, along with his mother, **Jola Martis**, they are cleaned. **Jenny Coffie**, a family friend, helps with the packaging. "It will take a full day to clean a catch of that size. It will then be delivered by either Jan or his mother, Jola, to the restaurants."

About 98% of the fish that Jan's team catches will go to local restaurants. The next time you are savoring your fresh tuna, think of the many hours of hard work that went into getting that tuna to the restaurant so you can enjoy it. □

Story by Alan Zale with reporting by Joan Zale. Photos by Alan Zale



**Buena Vista  
Optics**

**Experienced Staff**

**Eye Exams on site**

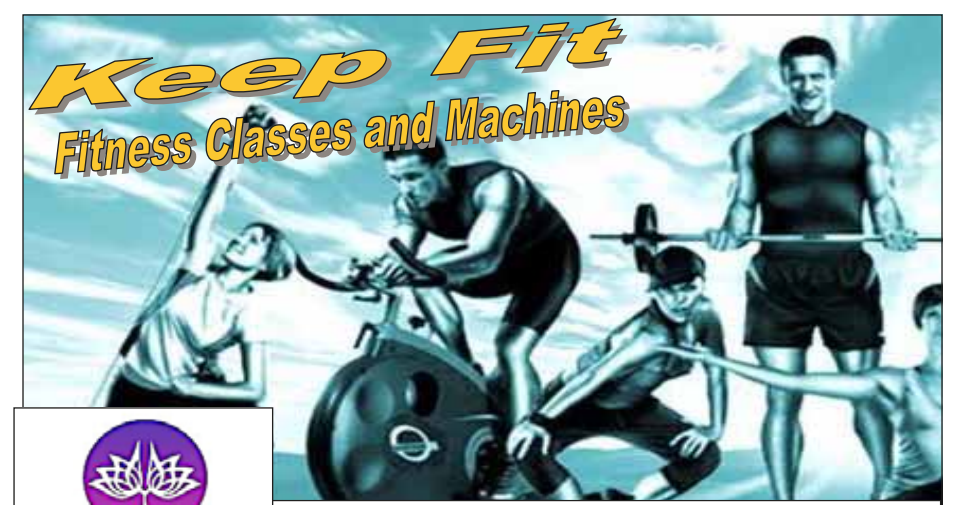
**Insurance Accepted**

**Advanced Equipment**


**Lens Fabrication**

**Top Brands:  
Ray Ban, Oakley,  
Lacoste, Chanel, more**

☆☆☆ New Location ☆☆☆  
**Kaya Grandi 36, Across from Littmans**  
**Phone: 717-9181**



**Keep Fit**  
**Fitness Classes and Machines**



Bulevar Gob. N. Debrot 74 (Across from Sand Dollar) Phone 717-7224  
[bonbida.com](http://bonbida.com)



# DID YOU KNOW?



FKK Photo

**T**hat flamingos leave their babies at daycare?

It's easy to forget how lucky we are to see flamingos in the wild on a regular basis. For some visitors, taking a Bonaire island tour is the first chance they have ever had to see one in the wild. Bonaire is extremely important to the American/Caribbean Flamingos as it is home to one of four main breeding areas for their entire population. Most of our flamingos breed in the flamingo sanctuary in Pekelmeer, which is completely off-limits and managed by Cargill Salt.

Before breeding, flamingos undergo an elaborate courtship ritual. They stand very tall and 'dance' with each other, turning their heads back and forth (called flagging), they spread their wings and sometimes preen as well – all signs of courtship. It's amazing to see. After mating, they construct small mud mounds where the females lay their eggs. Soon the small, grey chicks hatch and the parents stay close and feed them frequently for the first week. After that, the flamingos take turns supervising the young chicks so that some of them may leave to feed. It takes several months before the chicks are able to fly.

Can you imagine being the 'mom' in charge of a flamingo crèche with 20-30 or more little curious flamingo babies? Every now and then, especially when the little buggers begin trying out their

wings. Little flamingos wander off, float away in strong winds, or fly too far away from the crèche and can't find their way back. Last year, we had hundreds of juvenile flamingos all fledging at the same time and quite a few ended up in trouble.

If you find a juvenile flamingo (gray) that doesn't fly away when you approach, you may call FKK at 780-0820 for help. If you can't reach them, you may also call *Dierenbescherming* at 796-7000. Both of these organizations know how to respond in a professional way that ensures the well-being of the fragile juvenile flamingos. Please do not try to handle the flamingos yourselves. They will bring the lost chicks to Elly Albers at the Mangrove Info Center for blood tests and emergency care. After they are strong again, Elly delivers them to the people at Cargill who bring them safely back to the flamingo sanctuary.

**So these are the unsung heroes – FKK, Dierenbescherming, Elly and Cargill – that work together with STINAPA and OLB to help protect these gorgeous and protected species.**

Thank you!  *Caren Eckrich,*  
STINAPA

Biologist. -  
Connecting people with nature



# Making Bonaire "Accessible"

## OUR WHEELCHAIR-CHALLENGES ON BONAIRE, PART 2.

**I**t was time to do some shopping, go to the bank and the drugstore. So we took another walk downtown.

First to the bank, where we discovered that in order to get to the ATM-machine outside, we had to climb a few steps. So inside the bank we went. **No teller-window for persons in a wheelchair.** Thank goodness we can pay almost anywhere with our card...

There is a wonderful store where you can buy household-items. When they saw us struggle to get into the store, the owner hurried out with a **homemade ramp** and we got inside in a jiffy. Very good service here.

To get to this store we had to cross the road, which was a hard thing to do. The "zebra" indicates you can cross there, **but the curb is so high, and without hard work you cannot get on or off the crossing.**

Next to the drugstore (which moved by now). **Three steps, very high ones to get inside.** My husband had to stay outside in the scorching heat and wait until I was done. A very good thing the drugstore moved somewhere else now, where you can do your business without any problem.

On our way on the Kaya Grandi we noticed that there were a **lot of billboards (sandwich boards) that blocked our path** on the sidewalk, and at one restaurant there were even **three huge potted plants** on the sidewalk. We could not do much about the billboards, but the plants we briskly moved aside to get along.

To get to the first floor of the shopping mall, we needed to take the lift. It's a wonderful glass lift, which made it possible to see our wonderful town from above. **But to get into that lift also was hard. Two long planks and a "sushi-container" blocked the entrance to the lift.**

From all this climbing, waiting and stress we got very thirsty and we decided to have a drink on a terrace. To make room for the wheelchair we had to move the furniture around a bit, but then we sat and enjoyed the rest and drink. Drinking makes you want to "go" and look for a restroom. We found one! We had to climb a long ramp to the first floor of a shopping mall. Go find a lady who has the key was the second step and then **to get into that restroom with the wheelchair was the fourth challenge.** It taught us don't go anywhere without a uri-



↑ Nice place to sit. But how to pass?

↓ Saving parking space blocks safe passage



nal and stay close to the **hospital where they do have accessible restrooms.**

Next we had to go to the post office. It took a while to walk there and here also we were confronted by these **high curbs** at the crossing. Traffic speeding by and hardly giving us a chance to turn the wheelchair, drive off the curb, turn again, cross the road and climb that curb again.

You will understand that we were very happy to finally get into that post office and enjoy the wonderful air-conditioned room. We gladly stayed for a while, dreading the long and winding difficult road back home again.  To be continued.... *By Ria Evers-Dokter For 2018 The Bonaire Reporter plans to work with MiVaBo, Bonaire's Foundation for the Handicapped, to make the island's streets and airport more accessible for handicapped persons.*

**Bobbejan's**

**BBQ**

Certificate of Excellence  
2013 WINNER

"Great food, great value!!!"  
Neptune, New Jersey USA - Sept. 2013

"Hopi dushi mes."  
Kralendijk, Bonaire - Nov. 2012

"Heel erg lekker"  
Amsterdam, The Netherlands - July 2013

**WEEKENDS ONLY...**

Friday	6-10 PM
Saturday	6-10 PM
Sunday	12-2 & 6-10 PM

**NIKE** **adidas** **speedo** **FAST TRACK SKATE SUPPLY**

**UNDER ARMOUR** **DC** **asics** **RVCA** **BODY GLOVE**

**Sportswear. fashion. skate and sporting goods.**

**Keeping Kaya Grandi cool since 2015.... That's Dushi Style!**

**dushi Style**  
sportsweare

**dushi style**  
kaya grandi b  
kralendijk bonaire  
599.717.3911 retail@dive-friends-bonaire.com



# A Garden? Just Do It

## GROWING AND EATING HEALTHY FOODS

**H**ealthy food starts with a healthy soil. For healthy food there must be a link with our most important source: SOIL. A fertile soil full of soil bugs is the most important condition for successful agriculture. Technology can optimize processes but it cannot produce food. That is only possible from biology. Life gives life.

Farmers should look for the right balance and nature rhythm while busy with gardening instead of using chemical, unnatural ways which lead to a bad impact on our food and health.



Fresh fruits are best

To pass life on via a living soil to plants and animals means life for us. Vital food comes from living agriculture, from healthy living soil to healthy plants and animals to human.

There are two streams in this way of agriculture. Organic stream and biodynamic stream.

Both organic and biodynamic farms grow their food without the use of pesticides, herbicides or genetically modified organisms. As a result both produce significantly healthier food.

At the foundation of both practices is also a respect for ecological processes and environment. For example, they rely on natural remedies to combat insects and disease. In the end both practices are respectful of the environment, the food and the people who consume it.

But biodynamic farming goes a step farther and includes various esoteric concepts drawn from the ideas of Rudolf Steiner. It treats soil fertilizer, plant growth, and livestock care as ecologically interrelated tasks emphasizing spiritual and mystical perspectives.

Biodynamics emphasizes the use of manures and compost and excludes the use of artificial chemicals on soil and plants.

What is meant by "esoteric" concept? It means that the moon, sun and stars have a big impact on every living thing on earth. So one gets the best result of food when one considers the powers of the universe when sowing and harvesting.

In relation to our farmers' lives on Bonaire, is this story strange to us? NO, not at all.

This way of farming happens all the time on Bonaire on the *kunukus*. Pure soil, goat manure and compost from the *mondi* is what our *kunukeros* have practiced since the old days.

And haven't we heard from the locals that the best time to pick aloe is with full moon? And that certain colds come up with full moon? That animals more easily give birth with the full moon? And that vegetables are the most healthy to consume when harvested early in the morning just before full moon?

So all this is not new to us; we deal with it every day. But in our rushing life we lose contact with pure life. Food process starts on the land. Our health starts there too and each step in that process and how we treat nature has an impact on the quality of the food we consume.

Now is that enough for a healthy body? No, there is more to stay fit and strong.

Not so long ago I met a food science specialist who explained some important things about food to me. He gave me five golden rules to keep in mind when consuming food.

**1-Eat only organic stuff. 2-Don't eat too much. 3-Eat varied. 4- Eat calmly. 5- Enjoy your food.**

These five points fit in a list of good intentions when the new year started. Healthy life style was one of them, right? Want to get slim, want to eat healthily, want to stop smoking, consume less sugar, less fat, get more exercise, have a good diet, walk, cycle, what else?

But before you start with your food intentions, first do a good body cleaning, inside and outside. Bonaire has a lot of plants to do a pure cleaning. For those who don't know, here some ideas.

**Tamrin** and **lemon** are blood cleaners. **Noni** and **aloe** clean organs and belly.

Teas for cleaning: **neem**, **yerbihole**, **ginger**, **lemongrass**, **bitter melon leaves**, **wild oregano**, **lemon**. Drink a lot of water to rinse, at least two liters a day.

Body scrub: **fine beach sand**. Take a hand full and start rubbing. It gives a clean soft skin.

**Bonaire salt** mixed with **coconut oil** (from Rincon). Rub gently over skin and rinse.

To build up vitamins and minerals: juices from fresh fruit and smoothies from vegetables from the land. Juices from **carambola**, **shimaruku**, **papaya**, **mango**, **mispel**, **druifi surinam**, **bacoba**.

Smoothies from **spinach**, **postelein**,



Packaged Foods Can Be Healthy

wild cucumber, coco, tomato, paprika, zucchini.

Salads from all kinds of fresh fruits or vegetables.

Avoid as much as you can processed food, sugar, starch, fried food and meat.

Drink a lot, at least two liters of water a day, the most in the morning.

**Lemon** in a glass of water, before you have eaten or drunk anything else, is a very good cleaner.

Blended **aloe** (remove the hard green skin, use the white part inside) with fresh orange juice is delicious and very good for the intestines. The best aloe leaves are those that are six years old. Pick during the full moon when it is the most powerful, with a lot of minerals.

All these plants grow easily on Bonaire. So start with them if you haven't already, and next year you'll have your own body cleaners in your own garden.

Just do it!

**Just do it now!**

□ Story & photos by Angliet, Nature Lover



"Salute to the Sailors," an exhibition of 15 historic maritime photos, has found a new home.

The Bonaire Maritime Heritage Foundation has gifted the stunning collection of ships and sailors to **Museo Bonaire** for a permanent display. "These photos will enhance the other maritime artifacts we have here at the museum," say Museum Director **Timoteo Silberie**. "We are making a display in one of our main rooms for everyone to enjoy."

The collection was first on display at the Terramar Museum when it first opened its doors in 2016. Later, it was moved to the Plaza Resort last year and received fantastic reviews. "We had a big response from the public," says Richard Bilderbeek, head of public relations for the Plaza. "Local people and tourists were both enthusiastic about the photos. We hope to have more of these cultural events in the future."

"Salute to the Sailors" was made possible with funding from the Prins Bernhard Cultuurfonds-Caribische Gebeid. Museo Bonaire is on Kaya N.E.Craane 34 in Playa Pabou and is free to the public. □

Patrick Holian



**Massages:**  
Hot Stone-  
Relaxing-  
Aromatherapy  
**Deep  
Cleansing  
Facials**

**Energy Work:** Reiki-BARS-  
Chakra Balance  
Consultation with Nancy Hart By  
Appointment only Mondays be-  
tween 6pm-8pm, and  
some Saturdays & Sundays

Call or WhatsApp +599 780 6272  
Visit our website for complete list of  
services at

[www.habitatbonaire.com/spa](http://www.habitatbonaire.com/spa)  
email: [spa@habitatbonaire.com](mailto:spa@habitatbonaire.com)



**Visit our modern salon.  
Call for an appointment or  
just walk in.**

**We do hair, make up, removal of  
facial hair, coloring of eyebrows and  
eyelashes plus eyelash  
extensions.**

**See you at HAIR AFFAIR  
Now open Tuesday and Friday  
between 12 and 14 (2 pm)**

**Kaya Grandi 67 In the  
Old Dutch Building,  
Across from Scooters  
Open : Tues-Fri: 9-6  
Sat: 9-2 - Lots of Free Parking**



# What's Happening

## BONAIRE'S MUSEUMS

•**Terramar Museum** at Terramar Shopping Mall, on the waterfront. Monday-Saturday 9am-6pm. Sunday, closed. Cruise ship days 9am-6pm, \$10, \$5 for residents, children free, 717-0423, 780-4327

•**Museo Bonaire** on the waterfront at the old Kas di Arte, Kaya Kachi Craane #34. 717-8868. Monday-Friday 9am-noon, 2-4pm. Free

• **Mangasina di Rei, Rincon.** See, Feel and Taste the Culture of Bonaire. Enjoy the view from "The King's Storehouse." Monday-Friday. Cultural Market last Saturday of the month. Call 786-2101

•**Chichi i Tan Museum.** Step into the past—a typical old Bonairean home, furnishings and garden. Open Thursdays through Sundays. Call for reservations 717-3183 or 795-2021 Free but donations appreciated. Kaya Melon #4, behind Rose Inn in Rincon.

•**Washington-Slagbaai National Park Museum and Visitors' Center.** Open daily 8 am-5 pm. Closed on December 25th and January 1st. Call 788 - 9015 or 796 - 5681

•**Tanki Maraka Heritage Park and Open Air Museum.** Site of an American soldiers' camp during WWII. Self guided tour with excellent signage. After leaving Kralendijk on the Rincon Road watch for sign to the park on the right. Driveway to entrance just a short distance. Free entry.

•**Yana's Fine Art Museum at Lagoon Hill 19-** Call for appointment: 599 785-5002. Free entry.

•**Bonaire Museum of National History** Kaya Julio C. van der Ree #7, open Wednesday through Sunday and cruise ship days, 10am-4pm. Free entrance

## REGULAR EVENTS

**Rooi Lamoenchi Kunuku Park Tours** \$21 (includes tax). Discounts for residents and local people. Tel. 717-8489, 540-9800.

**Soldachi Tours**—See the Real Bonaire and be transported back in time. Learn about the history, culture and nature by Bonaireans from Rincon. Call Maria Koeks for more information: 796-7870, 717-6435.

**Parke di Libertat -Park-playground and canteen (formerly Dare to Care Park)** Behind the hospital. Open Monday-Saturday 8am-7pm. Entry fee based on income level.

**Nature Organization, STINAPA,** has frequent events— bird watching, sunset hikes, lectures, etc. Go to their website for more information of events for the rest of 2017: [stinapabonaire.org/events](http://stinapabonaire.org/events)

## Saturdays

•**Marshe di Playa (Bonaire Duodero)- Every Saturday,** 8am-1pm, near Warehouse Bonaire, locally made and grown products.

•**Marshe di Kunukero (Farmers Market) at Kriabon-First Saturday of the Month.** Kaminda Jatu Baco

#55, next to Aquamarin School, 8am-12noon

•**Monthly Cultural Market at Mangazina di Rei—Usually the last Saturday of the month,** 8am-1pm. See the real Bonaire: traditional music, crafts, local produce, Creole kitchen, educational presentations. Mangazina di Rei is on the Rincon Road, at the eastern entrance to Rincon. Free entrance

•**Bonaire Animal Shelter's Garage Sale (Pakus di Pruga)—every Saturday,** 8am-5pm. At Kaminda Liberador Simon Bolivar, across from Brandaris Café. Tel. 717-4989. Drop cast offs on Saturdays or at the Shelter on the Lagoon Road weekdays. 717-4989

•**Last Saturday of the month** – donate foods and household items to Food Bank (*Stichting voedselbank Bonaire*) from 9:30am-2pm at Van den Tweel Supermarket

• **Wine Tasting at Antillean Wine Company's warehouse** on Kaya Industria, **Second Saturday of the month,** 7-9 pm. (*Always call to make sure it's on: Tel. +5999-560-7539.*) Snacks and tasting of six wines for \$10 per person.

•**Petanque- Jeu de Boules,** 2:30-6 pm, Landhuis De Tuin on the road to Lac Bai. Info: 786-0150

## Mondays

• **Bonaire Goat Farm Tour—9 am.** Meet the goats, see milking, and more. **\$10 includes tea. Kids \$5. 786-6950** - Also on Wednesdays & Fridays.

•**Happy Hour at Captain Don's Habitat Bar.** The books of Bonaire's dive pioneer, Captain Don, will be available: Island Adrift, Shangri-la, Sea Trauma and the newest book, Reef Windows. 5:30-7pm. Tel. 717-8290.

## Wednesdays

•**Bonaire Goat Farm Tour—9am.** See Monday for more information.

•**Sea Turtle Conservation Bonaire (STCB)** presents an informative slide show: *Sea Turtles of Bonaire*, at 8pm, every **2nd and 4th Wednesday**. STCB presentation will be taking place upstairs at Yellow Submarine Dive Shop, Kaya Playa Lechi 24 courtesy of Dive Friends.

•**Chess Club** meets to play starting at 6 pm at Tera Cora Ranch.

• **Echo** offers free (donation-based) Public Conservation Tours at 4:30. No reservation needed. For optimal birding, you can also book a private tour by calling 701-1188 or email [info@echobonaire.org](mailto:info@echobonaire.org). Please give at least one day's notice. Private tours are \$25/person with 2 person minimum.

## Fridays

•**Bonaire Goat Farm Tour—9am.** See Monday for more information

## CLUBS and MEETINGS

**Lions Club** meets every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month at 8 pm at

# Cruise Ships

DATE	CRUISE SHIP	TIME	CAP
29-Jan	<i>Eclipse</i>	0800-1800	2858
30-Jan	<i>Monarch</i>	0700-1800	2744
01-Feb	<i>Disney Wonder</i>	0700-1700	2400
01-Feb	<i>Seabourn Odyssey</i>	0800-1800	450
04-Feb	<i>Royal Princess</i>	1200-1900	3600
05-Feb	<i>Mein Schiff 3</i>	0700-1900	2500
05-Feb	<i>Norwegian Pearl</i>	0700-1500	2338
06-Feb	<i>Aida Diva</i>	0700-1800	2194
06-Feb	<i>Adventure of the Seas</i>	0700-1700	3114
07-Feb	<i>Summit</i>	0800-1800	2400
07-Feb	<i>Navigator of the Seas</i>	0700-1700	3114
08-Feb	<i>Carnival Victory</i>	0900-1800	2758
09-Feb	<i>Eurodam</i>	0800-1800	2650
12-Feb	<i>Eclipse</i>	0800-1800	2858

No Cruise ships on Feb. 2, 3, 10, 11. Eight days have two ships

Kaya Sabana #1. All Lions welcome. For more information call 510-0710.

**Rotary lunch meetings Wednesdays,** 12:15-2 pm - Divi Flamingo Beach Resort in Peter Hughes meeting room upstairs above the dive shop. All Rotarians welcome. Call Gregory Obersi 785-9446.

**Toastmasters Club** meets every two weeks. For more information call Crusita de Palm at 786-3827 or Lucia Martinez Beck, at 786-2953.

•**General 12-step meeting (AA, NA, CoDa etc, )** —Every Wednesday at Bonaire Basics, Kaya Korona 47. Starts at 19.15, ends at 20.30, walk in from 19.00. For more information, email: [12stepbonaire@gmail.com](mailto:12stepbonaire@gmail.com)

## CHURCH SERVICES

**The Church of Jesus Christ of Latter-Day Saints** --Kaya Sabana 26 Sunday Services - Papiamentu/ Espanol 9:00 am to 12 noon Add'l Info (599) 701- 9522 Dutch/English 1pm to 3pm Add'l Info (599) 701-2892

**Protestant Congregation of Bonaire:** ( VPGB ), Kralendijk, Plaza Wilhelmina; Sunday service-10 am in Dutch. Rincon, Kaya C.D. Crestian; Sunday service-8:30am in Papiamentu/Dutch.

**Children's Club**-every Saturday from 4:30-6 pm in Kralendijk, (annex of the church.)

Contact: [Marytjin@gmail.com](mailto:Marytjin@gmail.com) or [Daisycoffie@hotmail.com](mailto:Daisycoffie@hotmail.com)

**International Bible Church,** Kaya Papago 104, Hato, behind Bon Fysio/ Bon Bida Spa & Gym on Kaya Gob. N. Debrot. Sunday 9am-Worship service in English; 10:45am-Sunday school for all ages. 717-8332 for more info or ride [bonaireibc@gmail.com](mailto:bonaireibc@gmail.com).

**Catholic: San Bernardus in Kralendijk** – Services, Sunday at 8am and 7pm in Papiamentu.

**Our Lady of Coromoto in Antriol** - Saturday at 6pm in English. Mass in Papiamentu on Sunday at 9am and 6pm. 717-4211.

## EXHIBITIONS

—”Salute to the Sailors”— old maritime photos from the Bonaire Maritime Heritage Foundation, Museo Bonaire, Kaya Kachi Craane #34, free.

—Coral Restoration Exhibit-Terramar Museum

—Yana's Fine Art Museum at Lagoon Hill 19- Call for appointment: 599 785-5002

## CLOSE IN EVENTS

**Tuesday, January 30— Presentation on habitat preferences of native tree species by Maarten van Pelt,** sponsored by STINAPA and Echo Bonaire. 7pm to 8pm at DCNA, Kaya Finlandia 10, across from City Shop entrance.

**February 3— Taste of Bonaire Karnaval Edition,** Wilhelmina Park 6-11 pm

**Karnaval Schedule** —See page 4 for full schedule.

**February 3: Children's Karnaval** – Rincon 2-6 pm  
**February 4: Children's Karnaval** – Kralendijk 2-6 pm  
**February 10: Adult Karnaval Parade** – Rincon 2-6pm  
**February 11: Adult Karnaval Parade** – Kralendijk 2-6pm

**Sunday, March 4** —Special Olympics Walkathon—More details to follow



**Bonaire Reporter Classifieds— Really Work!  
Got something to buy or sell?**

Non-Business Classified Ads (up to 4 lines/ 20± words) are still **FREE for 2 insertions.**

Commercial Ads only \$0.77 per word, for each two-week issue. Call 786-6518 or 777-6125 or email [info@bonairereporter.com](mailto:info@bonairereporter.com)

Wouldn't your small business ad look good here?

Email :  
[reporter@bonairenews.com](mailto:reporter@bonairenews.com)  
with your request

For Quality House and Office Cleaning and Maintenance ..  
**CALL JRA**



Serving Bonaire for more than 20 years

Honest, Reliable, Efficient, Thorough, Low rates, References. One time or many.

Phone 785-9041 ... and relax.

**Smiling Buddha Yoga Studio**  
VINYASA FLOW, HATHA YOGA, MEDITATION, PRIVATE LESSONS  
Located at Plaza Resort  
info +599 700 5779  
FB: SMILING BUDDHA YOGA STUDIO  
[smilingbuddhayogabonaire@gmail.com](mailto:smilingbuddhayogabonaire@gmail.com)

**For Sale**  
**10m high mast and boom.**

10 m. steel mast and 3 m. steel gin pole and stainless steel guy wires. Was used for wind generator. Sound condition, needs paint. \$400. Call or WhatsApp 777-6125. email [portcall@gmail.com](mailto:portcall@gmail.com)

**OUTDOOR BONAIRE**  
DO SOMETHING DIFFERENT!  
KAYAKING • CAVING • CLIMBING • RAPPELLING  
ABSEILLEN • ISLAND TOURS • BIRDWATCHING  
+(599) 785-6272  
[hansoutdoor@hotmail.com](mailto:hansoutdoor@hotmail.com)  
[www.outdoorbonaire.com](http://www.outdoorbonaire.com)

**16 Flights a day between Bonaire and Curaçao**  
**Divi Divi Air**  
Reservations 24 hours a day  
Call (+5999 839-1515) or (+5999 563-1913)

**DIVI DIVI**

**Bonaire-Sun Rise/Set, Moon Phase and Tides**

Day	High	Low	High	Low	High	Sunrise	Sunset
Mon 29		03:29	10:35	19:16	23:39		
		-0.11 ft	1.14 ft	-0.21 ft	0.09 ft	7:01	18:36
Tue 30		04:22	11:28	20:10			
		-0.06 ft	1.11 ft	-0.25 ft		7:01	18:37
Wed 31	01:00	05:26	12:24	21:02	Full Moon		
	0.13 ft	0.01 ft	1.05 ft	-0.27 ft		7:00	18:37
Thu 01	02:18	06:46	13:23	21:50			
	0.20 ft	0.08 ft	0.96 ft	-0.27 ft		7:00	18:37
Fri 02	03:26	08:20	14:24	22:35			
	0.31 ft	0.14 ft	0.85 ft	-0.26 ft		7:00	18:38
Sat 03	04:24	09:57	15:26	23:17			
	0.43 ft	0.15 ft	0.73 ft	-0.24 ft		7:00	18:38
Sun 04	05:14	11:28	16:28	23:56			
	0.55 ft	0.13 ft	0.61 ft	-0.21 ft		7:00	18:39
Mon 05	05:59	12:47	17:29				
	0.66 ft	0.08 ft	0.50 ft			7:00	18:39
Tue 06		00:32	06:42	13:57	18:29		
		-0.17 ft	0.75 ft	0.02 ft	0.40 ft	6:59	18:39
Wed 07	Last Quarter	01:05	07:22	15:00	19:25		
		-0.13 ft	0.82 ft	-0.03 ft	0.31 ft	6:59	18:40
Thu 08		01:36	08:00	15:57	20:19		
		-0.09 ft	0.85 ft	-0.06 ft	0.24 ft	6:59	18:40
Fri 09		02:03	08:38	16:52	21:11		
		-0.05 ft	0.87 ft	-0.08 ft	0.18 ft	6:59	18:40
Sat 10		02:27	09:14	17:46	22:05		
		-0.01 ft	0.87 ft	-0.09 ft	0.13 ft	6:58	18:41
Sun 11		02:47	09:51	18:40	23:03		
		0.01 ft	0.86 ft	-0.09 ft	0.09 ft	6:58	18:41
Mon 12		03:01	10:28	19:34			
		0.04 ft	0.84 ft	-0.10 ft		6:58	18:41

**Administration and Adviesbureau -A. Joosten,**  
for all your accountancy, business plans, permits or immigration matters (more then 20 years experience)  
tel: **(00 599) 785-6029**

**Fine Children's Bike For Sale**  
Dutch-built, Golden Lion, suitable for 3-7 year olds.  
In perfect condition  
Get a quality bike for less than a Chinese model.  
(New \$400+) Was \$200 Now \$175  
Use it then sell it again, it's that durable.  
Call 795-9332 keep trying

**Put YOUR ad here next issue—**  
Still Free for non-commercial ads  
Email: [reporter@bonairenews.com](mailto:reporter@bonairenews.com)

**PRICE CUT- Scrambler Dive Kayak** with paddle, leash, seat and wheeled carrier. Excellent condition. Asking \$500 OBO.  
Call 717-0161

**Who's Who on The Bonaire Reporter**  
Celebrating 25 years of continuous publishing  
Take *The Reporter Home*—1-year subscription via Internet, Free (asking a \$35 Internet donation.) For information about **subscriptions, stories or advertising** in *The Bonaire Reporter*, PO Box 407, Bonaire, Dutch Caribbean; phone (599) 786-6518, 777-6125, E-mail: [info@bonairereporter.com](mailto:info@bonairereporter.com)  
⚙️ —Produced using 100% renewable energy since 2006— ⚙️  
**The Bonaire Reporter**, George DeSalvo (G.D.), Publisher;  
Laura DeSalvo (L.D.), Editor  
Address: P. O. Box 407, Bonaire, Dutch Caribbean. Available on-line on Facebook® and the Internet Web at: [www.bonairereporter.com](http://www.bonairereporter.com)  
**Reporters:** James Albury, Angliet Nature Lover, Quirijn Coolen, Shelly Craig, Caren Eckrich, Ria Evers-Dokter, Patrick Holian, Greta Kooistra, Jane Madden-Disko, Dean Regas, Bart Snelder, Pam Teitel, Michael Thiessen, Lucinda van der Wardt, Alan Zale, Joan Zale.  
**Distribution:** Marlene & Co. (Playa), Yuchi Molina (Rincon), Divi-Divi Airline, Ava Rose Wuyts (Assistant)  
**Housekeeping:** JRA. **Printed by:** DeStad Drukkerij, Curaçao  
© 2018 *The Bonaire Reporter*

**Affordable Self Storage**  
**Conveniently located in Hato**

**THE STOREHOUSE MANGASINA**  
STORING EVERYTHING UNDER THE SUN  
Choose your size from 5'x5' to 10'x20'.  
Prices from \$32 to \$153 per month.  
Call 700-1753  
[www.bonaireselfstorage.com](http://www.bonaireselfstorage.com)



# Becoming a DIVE INSTRUCTOR at 60+



Confined water class in the sea with "Great Adventures Bonaire" at the Harbour Village Resort.

My husband and I started diving in the 90s. We took some advanced training back then as we wanted to dive together off of our 18' Boston Whaler, "Kokolishi," in the waters of Bonaire, a small Dutch Island in the Caribbean.

We got our PADI cards for Advanced Open Water and Rescue. My husband, Richard went on to Divemaster and then Instructor. I chose the fun path of 5+ specialties and earned the Master Scuba Diver rating and thought that would be as far as I would ever go. I shot loads of slide film and enjoyed underwater photography for many years.

A few years ago, my hub and dive buddy, Richard, decided to retire from diving and enjoy being a PADI Alum. I stopped diving as frequently and took up other interests. Recently, I decided that I was not ready to just sit on the bench. I wanted to stay in the game and keep on diving. The grandkiddos will soon be old enough to make bubbles and I would like to go along for the ride. However, I felt that I needed to improve my skills and techniques so that I would be a better diver and able to assist others.

I remembered the confidence I gained in PADI's progressive training system as I worked my way through those early courses many years ago. I saw the Divemaster course as a perfect opportunity to move toward the standard of personal diving that I aspire to. My friends had varied reactions toward my quest and mostly they said, "Go for it". I already knew that being on the other side of 60 would make this a challenging undertaking for me both mentally and physically.

The dive operation I chose was "Great Adventures Bonaire" (GAB) as it is a PADI Five Star Instructor Development Center and one of the best on Bonaire. I decided to do as much as possible ahead

of time and checked these items off the list in advance: Online coursework for PADI Divemaster and PADI Dive Theory. I enlisted a swimming coach to help get me in shape for the water endurance (timed) tests. I took (CPR and First Aid) training within the past 24 months. Medical forms here completed and signed by my physician.

When I arrived at the dive shop, I was paired with my buddy (a terrific gal from D.C.) which made the weeks in the water a lot more fun. Our "Rescue scenario #7" was believable enough that 2 vacationing doctors appeared on the scene and offered to help! My new dive buddy and I pulled each other through our strengths and weaknesses, endured stress and enjoyed lots of laughter. Forever friends I dare say.

Each day got harder and each day we got better. Perhaps by design? Otherwise PADI might have a terrible dropout rate! I have a lot of respect for the diving profession now that I have had a peek behind the curtain. It takes a lot of effort to focus on others and help prevent problems that may occur instead of just being concerned with you. It was truly a life enriching experience! I cried like a baby when I completed the course. It seemed impossible.....until it was done.

I feel fortunate and I am forever grateful. We had the most wonderful instructor on the planet, Christine Ball, GAB Course Director and her terrific dive staff team. They all shared priceless tips and offered unwavering support.

It's hard to express how meaningful this experience was for me. I wanted to share with anyone that has a desire to expand their underwater horizons later in life, that we can become more capable and self-reliant divers by gaining insight and developing our skills.

Going into the course I wasn't sure I could complete it, but I believed that IF I could get through it, I would gain a great

# Pet Of The Week

## MEET TRUC

This young lady has been with us at the Shelter for almost a year and a half. She came in as a young puppy. With her bat-like ears and her under bite she looks really funny...but is sweet as can be. Though shy at first, she is a good and playful friend to people and other dogs. Truc loves to cool off in her water bowl, but can she swim? That is a very good question. Who wants to try it out? Are you interested in this playful young lady? She is healthy, vaccinated, sterilized and chipped and would love to meet you. You can come visit Truc and her friends at the Animal Shelter Bonaire, Kaminda Lagoen 26, Mon.-Fri. 9 a.m. -12 p.m., 3-5 p.m., Saturdays 9 a.m.-3p.m. nonstop. □ Story by Luvinia Rodriguez, Shelter photo



# ANIMAL SHELTER NEWS

The numbers are in. Animal Shelter Bonaire had a great 2017. **Loving homes were found for 262 Shelter residents**, with a record number of adoptions in the last quarter of the year. In addition, **443 pet owners had their animals sterilized through the Shelter's Free Sterilization Program**. Since all Shelter animals are either sterilized prior to adoption or subsequently sterilized (if they are too young at adoption time), the actual number of sterilizations for 2017 is 705.

The number of pet sterilizations is extremely important considering the following facts: one un-sterilized female cat and her offspring can produce 420,000 kittens in 7 years; one un-sterilized female dog and her offspring can produce 67,000 puppies in 6 years. Sterilizing 705 pets in just one year is a huge step in helping to prevent thousands of unwanted animals on the island.

Animal Shelter Bonaire's free sterilization program has been ongoing since 2004. Thousands of animals have been sterilized during those 14 years but we can't stop now. As Bonaire's human population grows, so does the pet population. Continuing education about the free



sterilization program, increasing the numbers of sterilizations and obtaining financial support for the program are critical. Animal Shelter Bonaire is preparing a new sterilization campaign to meet those goals in the coming year. We need your help. **Direct contributions to the Shelter Sterilization Fund can be made to: Maduro & Curiel's Bank (Bonaire) N.V., Swift code : MCBKBQBN, Account name: Stichting Dierensiel Bonaire, Account Number: 10616410.** □

Story by Jane Madden -Disko



deal from it. My expectations were greatly exceeded.

I thought I would become a better, safer and more confident diver and in the end I not only accomplished that, I also became a better person.

Top things that I otherwise wouldn't have learned:

- 1) To know my equipment inside and out. Off and on. Underwater and above.
- 2) That I can swim a long way underwater without my mask.
- 3) To exchange all my gear underwater with my buddy while sharing air. OMG!
- 4) Appearing calm scores big points.
- 5) Having a student changes how you feel and relate toward them.
- 6) I can eat a lot of brownies and not gain weight.
- 7) Guiding a dive boat of guests is

harder than it looks.

8) To perfect that effortless Buddha hover....still perfecting.

9) I wanted it.....more than I was afraid of it.

Life IS better on the other side of Divemaster at 60 plus. □ Shelly Craig

(pictured). Photos: Jessica Gonzales | Harbour Village. Reprinted with permission from the PADI blog



PS: We just learned that Shelly is well advanced toward becoming a PADI Dive Instructor. She received her **Assistant Instructor certification**, dated 13 December 2017, today 26 January.





# BONAIRE SKY PARK\*

\*to find it... just look up

## AURIGA (AND OTHER COOL NAMES)

Whenever we talk about the winter constellations, Orion often gets top billing. This week however, we want to give you some information about a prominent, but not often explored constellation. We're going to talk about

**Auriga the Charioteer**; the pentagon shaped constellation, just to the north of Orion.

And if you're into star names, Auriga has some of the coolest star names

Around 7 pm, face east. High in the eastern sky you'll see our old friend, **Orion The Hunter**.

We'll use the stars of Orion to find Auriga. First look for the four stars surrounding Orion's belt of three stars. **Betelgeuse and Bellatrix** mark his shoulders and **Rigel and Saiph** mark his foot and knee respectively. Then, draw a line northward from Rigel through Bellatrix and you'll eventually reach a grouping of five bright stars forming a pentagon in the sky. Greek legends say that Auriga represents **Erichthonius**, the inventor of the four-horse chariot. Some people also saw the constellation Auriga as representing a goat-herder, with the three tiny stars in Auriga representing baby goats.

In 1789, Hungarian astronomer **Maximilian Hell** took the stars of Auriga to make the now-defunct constellation **Telescopium Herschelli**. He created it to honor William Herschel's discovery of **Uranus** in 1781.

The brightest star in Auriga is **Capella** and although Capella looks like a single star, it's actually a quadruple star system, almost 43 light years away from us, containing four stars orbiting in two binary pairs.

The stars in the first pair are giant yellow stars which orbit each other every 103 days. The second pair are two red dwarf stars that both orbit the yellow giant stars at a distance of over 10,000 times the distance between the **Earth** and our **Sun**.

Ancient cultures put a great deal of importance on Capella. For example, the pre-Columbian civilization in Monte Alban built a structure aligned with Capella. The day before the Sun passed directly overhead at



Monte Alban, Capella would rise just before the Sun; and if you were standing the doorway in the front of the building, you would be facing Capella as it was rising.

Lets check out the other stars of Auriga. Traveling counter-clockwise from Capella around the pentagon, we first have **Menkalinan**, an eclipsing binary system with two white sub-giant stars. Menkalinan is 81 light years away and its name is derived from Arabic and means the "shoulder of the rein-holder."

The next star is **Mahasim**. Mahasim is 166 light years away. Its name means "wrist of the charioteer" and it's also a multiple star system. The primary star is a white star five times the radius of our Sun and over three times our Sun's mass.

**El Nath** is the third star in the pentagon and its a common star shared with **Taurus the Bull**. Its name means the "bull's horn". El Nath is a blue-white giant star 131 light years from us and is over 700 times the brightness of our Sun. The last star in the pentagon is **Kabdhilinan**, which means the "shoulder of the charioteer." Its an orange giant star 490 light years from us, and this star is so big, its circumference is the same as the **orbit of Mars!**

Oh yeah! The kids! Those are the three little stars near Capella. They form a cute little triangle, with **Almaaz** at the top of the triangle, and **Haedus ii**, and **Sadaton** at the bottom. Almaaz is almost 2000 light years away.

Haedus ii and Sadaton are the baby goats being tended to by Capella, the nanny goat. Haedus ii is 243 light years away and Sadaton is 790 light years away.

So there you have it, a pentagon shaped constellation with really cool star names to keep your tongue twisted. □ *Dean Regas & James Albury*



# THE STARS HAVE IT

End January 2018

**Aries (March 20-Apr. 19)** As Mars, your guardian angel planet, moves into ambitious, responsible, disciplined, success-oriented Capricorn, where he is very much at home on the 6th, you'll find it easier to take steps up the mountain of your dreams. Your usual modus operandi is to pursue your passions and desires spontaneously and without much forethought. Mars in Capricorn adds practicality and organization to your bold, daring, courageous, pioneering nature.

**Taurus (Apr. 19 – May 20)** It's time to plant seeds and decide what you want to create in your career, as the New Moon in Aquarius is in your 10th house. While you do value your physical and emotional comforts above all else, this New Moon triggers the part of you that's ready to make changes that are long overdue.

**Gemini (May 20 – June 21)** Mars, the planet of passion and action, travels in the relationship arena of your chart. Invest your resources in what you truly believe in.

**Cancer (June 21 – Jul. 22)** You are the most vulnerable sign in the zodiac and you hate to rock the boat in your relationships for fear of rejection and abandonment. The key with Saturn retrograde in Cancer is to consciously decide to be your own mother and father and to know that YOU can decide to always be there for your inner child.

**Leo (Jul. 21 – Aug. 22)** It's time to re-create your relationships with the New Moon in Aquarius on the 8th in your partnership house. With Venus, the planet of love and appreciation, also in your 7th house, look at what you most value in your one-on-one connections.

You may find that what once attracted you no longer does. Or, on the other hand, you may feel attracted to something or someone brand new.

**Virgo (Aug. 22- Sept. 22)** Your communication mellows, oh critic of the Universe, when Mercury, your guardian angel planet, flows into Pisces, your opposite sign, on the 16th. Rather than analyzing every last detail, it's time to trust and go with the flow, especially in your relationships, as Venus, the planet of love, also cycles into Pisces and your relationship house on the 26th.

**Libra (Sept. 22 – Oct. 23)** You'll feel a breath of fresh air as Venus, your guardian angel planet, leaves reserved, serious, con-

ventional Capricorn and cycles into unique, ingenious, one-of-a-kind Aquarius on the 2nd. All your kooky, eclectic friends come out of the woodwork now and you love it, as they mirror that part of you that wants to challenge convention.

**Scorpio (Oct. 23 – Nov. 22)** Scorpion, snake or eagle – it's your choice, dear Scorpio, how you express your power and magic. Mars, your guardian angel planet, cycles into organized, responsible Capricorn on the 6th. The pragmatic, earthy energy of Capricorn, combined with your focused intensity, can create anything.

**Sagittarius (Nov. 22 – Dec. 21)** With Jupiter, your guardian angel planet coming to a screeching halt and beginning its four month retrograde cycle on the 1<sup>st</sup>, you may wonder why your usual exuberance and enthusiasm is down to a trickle. Most of the time, it's easy for you to see the glass as half full because you know there is meaning in everything.

**Capricorn (Dec. 21 – Jan. 19)** Lead, follow or get out of my way could be your mantra now, as Mars, the planet of drive and initiative, reports for duty in your sign on the 6th, which he only does every 2 years. As the initiating earth sign, you are usually full of get up and go to climb your mountain of success, but now you are literally unstoppable.

**Aquarius (Jan. 19 – Feb. 18)** This is your month to shine, oh lover of brotherhood and humanity – the time every year when you begin your journey of life all over again. Take time to love and appreciate you for a change, before you go out and enhance the quality of life for everyone else with Venus, the planet of love, entering your sign on the 2<sup>nd</sup>. Appreciate your unique way of looking at the world and your desires to make changes that benefit all.

**Pisces – (Feb. 18-Mar. 20)** You may not be clear which ocean you're swimming in as Jupiter, one of your guardian angel planets, begins its 4th month retrograde cycle on the 1st. Normally, you are reflective and introspective by nature, but you may really feel like nesting and cocooning as you allow yourself to let go of the whole last year before your birthday. Remember, dear Pisces, you feel everybody's stuff. So, love it, bless it and then LET IT GO. □

*Michael Thiessen*

**Pasa Bon Pizza & Bar**  
780-1111

Kaya L. D. Gerharts #3

MCB Bank Exito

**Not Just Great Pizzas!**

**Call Ahead to Pre Order**

Open Wednesday to Sunday  
5 PM to 10 PM

**Bon Aroma RESTAURANT**

Open: Tues.-Sat.

French, Italian and Caribbean cuisine! **Reservations 795-9009**

Bon Aroma is a fine dining restaurant featuring French, Italian and Caribbean cuisine, known for its cozy ambience and personal touch.

**Kaya Gob N Debrot 54, Behind Yacht Club Apartments**

**SPECIAL SECURITY SERVICES**

Member: American Society for Industrial Security

**WANT TO FEEL SAFER? SIGN UP WITH US**

- Transport of Money and Valuables
- Private Investigations
- Vehicle patrols
- Burglar Alarms
- Fire Alarm Systems

**In Business 34 Years**

Kaya Nikiboko Nord 37A, PO Box 225 Tel: (599) 717- 8125  
Fax (599) 717- 6125 E-mail sss@bonairelive.com





## Santa Barbara, Kaya Sardonis 3

### Highlights:

- large lot
- spacious detached family home
- swimming pool
- wide covered porch
- air conditioning in bedrooms
- quiet residential area
- long lease land (registered 4-A-283)
- living area: 2,422 sq.ft./ 255 m2
- lot size: 12,432 sq.ft./ 1.155 m2

**Asking price**  
**US\$ 298,500**  
Buyers cost



Kaya Grandi 41, Kralendijk  
Bonaire, Dutch Caribbean

Sunbelt  Realty

717 6560 info@sunbeltbonaire.com  
www.sunbeltbonaire.com

 **ROCARGO**  
Logistics Services, B.V.

Kaya Industria #12, PO Box 20, Kralendijk, Bonaire, C.N.  
Phones (599) 717 8922 / (599) 717 8033  
WEB- www.Rocargo.com Email: info@rocargo.com  
Office Hours: 07:30-12:00 13:30-17:00



Offering solid, reliable and efficient service in Aruba, Curacao and Bonaire since 1982.  
-Shipping Agents, Cruise and Yacht Agents.  
- Cargo Handling: incoming and outgoing moving by air or by sea.  
- International Freight Forwarders: regular service from U.S.A., Europe, Puerto Rico, Venezuela and Curacao.- All types of Cargo and Projects. Movements handled.- Customs Clearance.- Stevedoring.- Inland Transportation- Air Courier Services-- Bonded Warehouse.  
- Storage Warehouse Rental.

From the USA

**AmCAR**  
AMCAR FREIGHT, INC.

Amcar Freight, Inc.

The ONLY company offering direct weekly consolidation services from Miami, USA to Bonaire

www.amcarfreight.com  
Amcar Freight  
12600 NW 25 Street  
Suite 107  
Miami, FL 33182  
Tel. (305) 599-8866  
Fax (305) 599-2808

From Europe

**IFC**

International Freight (Car) BV

The ONLY company offering direct weekly consolidation services from Europe/Holland to Bonaire

www.ifc-consolidators.nl  
Jupiterweg 1A (Ecopark)  
4761 RW Moerdijk, Holland  
Tel 31-(0) 168-40-94 94  
Fax 31-(0) 168-40 94 70