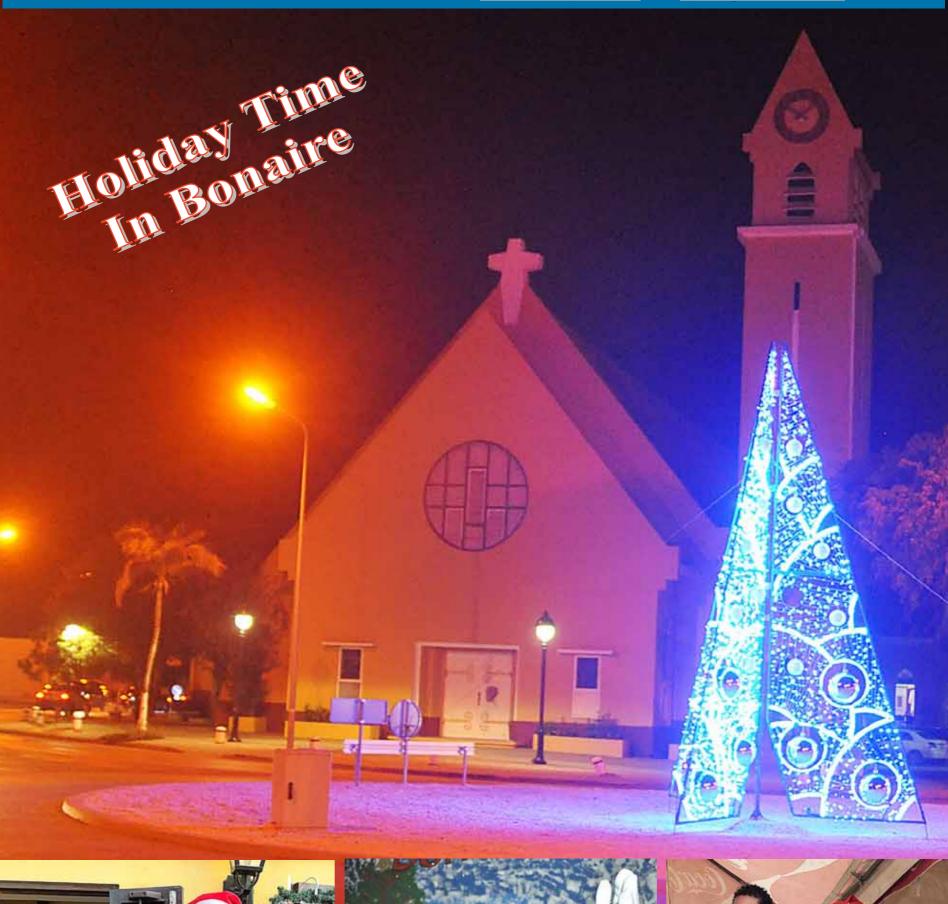


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he "Drum" case proceeds. On December 9, the seven men (six from Venezuela and one from Bonaire) were in court in connection with the murder of the Dutch policeman Ferry Bakx (45) on the night of August 17-18 this year. (code-named Drum) This was a preliminary hearing and the Bonaire defendant did not appear as was his right. On February 24, there will be a second pre-trial hearing. The case will be tried next year on May 15, 16 and 17. In court the suspects did not deny the shooting and several expressed remorse.

The death of the policeman, who emigrated from the end of 2012 from Rijsbergen, The Netherlands, to Bonaire, was a cause for grieving on Bonaire.

►This week, the Dutch Minister of Security and Justice, Ard van der Steur, will nominate Mr. Jose **Rosales to King** Willem Alexander for appointment



as Chief of the Dutch Caribbean Police Force. The appointment is effective on January 1st, 2017. On January 12th, the Minister will officially install the new Chief of Police during his visit to Bonaire. The position has been vacant since the departure of Hildegard Buitink last spring. Jose Rosales was acting Police Chief from March 1 and previously served as a Deputy to the Chief of Police.



▶There are more than just sports competitions on Bonaire. Last week Serapio **Pop** the leader/coach of the Bonaire Chess Club (Jeugdschaakclub: BJSC), reported that Emanuel Lont was named the Under-18 Youth Chess Champion of Bonaire. (photo above) A close second was Jaedan Crestian followed by Ralph Salimin who is just 10 years old. Roqui Martis also received a

medal as most motivated player and Tamaris are in such bad condition that they cannot be Pikeur as best female player.

The competitions are continuing next year and sponsored by the Wing Cheung Supermarket. Thanks to David Cen and Charles Lont for cooperation and prizes.



From left to right: Simone van Hengstum Rijksvastgoedbedrijf, Excavator operator Frank Paiman - Streefkerk Architects, Nina den Heyer - Island Commissioner, Jildert Koopman - sports instructor, Maritsa Silberie-RCN/OCW, Ronald Haafkes - constructor BonNed Haafkes, Frans van Efferink - principal SGB high school

▶ Tearing down the old changing rooms at the SGB High School was the symbolic start of a renovation to rebuild sports facilities at the school. Two existing multi-purpose and changing rooms will be demolished and

The new gyms will be naturally ventilated in such a way that the wind can eliminate the heat, so no air conditioning should be needed The renewed sport areas are expected to be ready mid-November next year. The outdoor sports fields and tracks will be renewed. Other projects planned for high school include the expansion of the Liseo Bonaireano on Kaya Amsterdam, so all MAVO, HAVO and students VWO can be housed here.

The projects are jointly financed by the Bonaire Island Government (OLB) and the Dutch Ministry of Education, Culture and Science (OCW). The Rijksvastgoedbedrijf is coordinating the implementation of the various project. The rebuilding of the SGB gyms is by contractor BonNed Haafkes VOF and the design is by Streefkerk Architects & Consultants in collaboration with DMV archi-

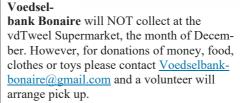
► The Executive Council recently financed the repair of the water tank and windmill Pos Flor di Cuba. The plan is to refurbish more than 15 wells next year. At this time most of the public windmills and water tanks

The wells with low salinity commonly used by kunukeros will be fixed first. The recovery of the wells is part of the project, "Erosion and Nature Restoration."

▶On Thursday, December 8, 2016 a naturalization ceremony took place in the hall of Pasangrahan. Five people made their oath and eight people made their promise to the Acting Governor Evelina Betancourt. They have formally received the Dutch nationality, including all rights and obligations as active and passive voting rights and a Dutch pass-

The Acting Governor noted in her speech that a Dutch passport worldwide is a highly valued passport. They can be proud of and adhere to their rights and duties as a Dutch citizen.

►This is BANKO DI KUMINDA an opportunity to get into the real Christmas spirit. Due to the high volume of donation requests during the VOEDSELBANK Holiday Season, (Foodbank)



You can make people happy with donations of all canned or prepackaged rice, pasta, flour, sugar, pasta sauce, coffee, tea, fish, meat, vegetables, milk, juice. Krusada has been delivering fresh vegetables every month, and Bonaire Logistics always donates sugar and juice to meet their quotas. What is left over they share with TurManHuntu. Also, lately there have been donations of clothes and that's been making many people happy.

For Christmas they are preparing a larger package which includes gifts for all the kiddies. Recently a donor bought a number of toys at Top Toys to donate, and each and every item was individually wrapped and

(Continued on page 3)

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INSELAIR UPDATE

▶ The collaboration between the local airline InselAir and the KLM was renewed early this month with a new interline agreement. This means that passengers of both airlines can just turn over their luggage and it will show up at the final destination. This makes for great travel convenience for the customer but also for the check-in procedures of both airlines.

►AVA Airways, which has been trying to obtain a Curacao permit to begin an alternative airline to InselAir since 2014, said they have obtained a \$65 million commitment to begin operations in the Dominican Republic, and they will start flying to 15 countries in the Caribbean and have Curacao as a destination. Twenty million dollars is available starting January 2017 to finalize the process. AVA Airways intends to use four Airbus A319-200 aircraft.

► InselAir said that "Due to changing market conditions it's forced to make some organizational and operational changes that include layoffs to adapt to these new parameters, but it promised support to personnel who can't continue working for the airline. CEO Albert Kluijver added, "Another important initiative is to scale down our flight operations based on the new expected traffic from our revised route network. Due to recent implemented actions and measures InselAir is already seeing an improvement of the on-time performance from 60% to 72% and strives to

get it back to 85% within the foreseeable future. InselAir will remain the third largest carrier



in the region, serving 22 destinations and 140 routes with a current fleet of 14 aircraft. "Also, from 2017 onwards, InselAir will also be renewing its fleet of MD and Fokker type of aircraft."

▶Bonaire's opposition Partido Democratico Bonaire (PDB) asks the island's Executive Council if and how it is preparing for the possible disappearance of Insel Air. "When it comes to links with the region through Curação, Bonaire is completely dependent on Insel Air," said party leader Robbie Beukenboom. He says he is particularly concerned about the transportation of patients to be treated abroad.

► A "Committee of Wise Men" was commissioned by the government of Curacao to examine the issue of the probability of Insel Air failing in the absence of financial support from the government, i

One idea comes to mind. Since Bonaire is an integral part of the Netherlands why can't KLM CityHopper start operating here?

►InselAir is also asking for subsidies from The Netherlands as well as Curacao as it flounders from bad business decisions, inept management and impending constriction of routes and staff.

The 'Committee of Wise Men" established by the Curacao Government is set to report on measures to bail out the airline next week, just in time for Christ-

► The employees of InselAir Aruba sued the airline to compel the company to pay their tax and pension contributions of employees who were never paid. InselAir Vice President Edward Heereveen asked employees to look closely at what InselAir has done in the past and to take this as an example to determine if they want to continue to pursue the case. If the airline goes under, Heereveen implied they will lose their pensions and their jobs as well. David Kock, the employees' lawyer confirmed Thursday that the lawsuit against Aruba InselAir still stands

In the middle of this financial floundering, InselAir drastically cut prices for flights to various destinations. From Bonaire are there special offers to 15 destinations: Paramaribo on sale for \$205 instead of the normal \$351, Port of Spain (Trinidad) for \$155 instead of \$399 and Aruba for \$169 instead of the normal \$236 for a round trip. And people lined up at the airport ticket office to take advantage of these fares even as Insel struggles. Experts said people put their trips at risk to save few dollars. InselAir, the airline that doesn't pay its taxes, doesn't pay its employees' health insurance (in Aruba) or pension fund, lies to passengers every day. It appears to be a social disaster waiting to happen. Many said there should be a boycott at the airport, not long lines. Bizarre!

Flotsam and Jetsam (Continued from page 2) even marked for what was inside by the generous

► RE/MAX Paradise Homes, in downtown Kralendijk, became the island's first real estate firm to offer virtual 3D tours of its listings. They also boosted Bonaire's image with their involvement with Home and Garden TV's House Hunters International show that aired in October. Check out the video and more on their Facebook

They reported that island-wide, the real estate market has been steadily improving over the last two years, reaching its highest volume level since 2007. They see demand catching up with supply -- particularly for high-end oceanfront properties. If you are thinking of selling real estate now may be a good time.

▶Buena Vista Optics has finally opened at its new location: Kaya Grandi 36, opposite Littman's. They unquestionably offer the best professional optical care on the island.

► In the last *Reporter* issue we reported that Telbo had instituted a new practice of asking for prepayment of fixed costs. It created some confusion since many TELBO subscribers were already being billed that way. We apologize for the misinterpretation of the TELBO press release

▶In the last *Reporter* edition we published the story "Sanikolas Comes To Town" and mistakenly attributed the two photos of Swarte Piet on page 9. The photos were by Jeanette Olthof, Basisschool Aquamarin. Apologies for the

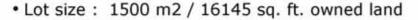
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On the Island Since... 1999 — Fleurtje Veldkamp



Fleurtje Veldkamp

I hen I first came here I was two. We kept on visiting and then, when I was 11, my parents decided to move to Bonaire. My dad was already retired. I was happy to come along; I loved it here!

I grew up in a small village just 20 kilometers from Amsterdam, a quiet and beautiful environment. My friends and I were always playing outside, riding our bikes, running through the fields and rowing our boat through the shallow waters of cided I wanted to be the best version of the marshlands. I was raised open minded with a lot of freedom and nothing was restricted or thought of as strange.

When we moved to Bonaire I already had friends here and I was immediately accepted. I went to San Bernardo School and was very eager to learn Papiamentu right away. I tried to speak and understand it and asked a lot of questions and I made a lot of mistakes and I got laughed at many times, but it didn't matter because I was getting there. At SGB I had a great group of friends of all different nationalities and we had such good times going out dancing, organizing parties and having sleep-overs. The possibilities were endless and I am still friends with them up to this date.

When my parents got divorced, home life as I knew it changed because I stayed with my dad, thinking it would be the best thing to do as I thought he needed me more. Nevertheless, I felt torn between my mom and dad and it hurt me. However, they have always been and still are my greatest supporters, motivators and very best friends and I am most grateful for having them as my parents. Yet, in those days, I took great advantage of the situation and did whatever I wanted to do Luckily I am a fairly responsible person and my friends always backed me up, so everything turned out pretty good!

When I was 16 I went to live with my mom in Nort di Saliña. I would go out with this crew of Nort Saliña girls and we would have a great time. We went to soccer games at the stadium screaming at the top of our lungs for Nort Saliña's 'Estrellas' and we would go to the car races at Sorobon. When I was 17, during my last year at high school, I fell in love with a boy from Nort di Saliña and I became pregnant intentionally. From my

point of view I was ready to start a family and do a better job than my parents had done. When I was seven months pregnant I graduated at the top of my Havo-5 class. Two months later, on August 6th, 2006, we were blessed with a beautiful and healthy baby girl named Madelief.

That day my life changed forever. I was overwhelmed by the feeling of being responsible for another human being - it was scary. From that moment on I demyself because I had to be a good example to my daughter. I had the privilege of being able to stay at home with Madelief for seven months, while my boyfriend and my mother were working. I feel very blessed to have had this time with her because we really bonded.

In 2007 I started working for FKPD as a financial secretary. The best part of my job was the clients. These people are just magical, lovely and so much fun! That's when I realized I love people and I wanted to work with them. A year later I was offered a job at Stichting Project, a school program for dropouts in the ages 8 -18. I found it a little bit frightening as most of these children were tough kids, but my colleagues believed in me and empowered me to take on the challenge every day. Working with these youngsters I came to the conclusion I needed to get educated. So in 2010 I moved to Holland with my daughter, to get my Bachelor's degree in Social Work.

I was terribly homesick for Bonaire. In Holland everything is structured and organized and you have to be on top of your really love my current job; it is very diresponsibilities all the time. Thank God I have a wonderful family there, a couple of real close friends and, of course, my dad and his girlfriend who'd moved back to Holland earlier. All of them supported us in every possible way. I can't imagine how it would have been without them. Although the relationship with my daughter's dad had ended, we managed to put our egos aside and be the best parents we could be.

I managed to work a full-time job with mentally challenged people, getting my Bachelor's degree in Social Work and taking care of my daughter at the same time. It was tough! One thing I really hated was the cold weather! I had to get



Molly, Fleurtje and Madalief

and was freezing my butt off most of the time! I met a lot of good people and my daughter really liked it in Holland, but even before I'd heard if I had graduated, I'd bought us two tickets back to Bonaire. I wanted to go home! After my graduation, we returned in 2014 and I started working at Youth Care as an ambulatory care worker.

It was strange to realize people expected me to be the same girl who had left the island four years earlier. I had grown mentally, spiritually and emotionally and I needed time to adjust. Bonaire had changed too; there were more Dutch people and somehow the balance was off and I could feel it. My daughter had a tough time adjusting as well and sometimes I felt guilty for dragging her along while I was busy chasing my dreams, but I guess that's what happens when you're a young mom. Nevertheless, I would definitely encourage young people to leave the island after their studies and broaden their horizon – if possible. By doing so you work on your personal and professional growth and when you come back to Bonaire you can help the island grow.

I live in the moment and I try to follow my passion and do what feels right. Once again I've settled and found my drive and luckily it's the same for my daughter. I verse. I'm supporting and guiding parents/educators in raising their children in their home environment and I also do intakes with new clients. I'm convinced that every person holds unique qualities and inner strength and if we motivate and there's my daughter, my number one, my give people the chance and possibility each individual can lead a whole life. Currently, through my job, I was also offered the possibility to study for another shows me... yes, life is good.." Bachelor's degree - Child Coach - which is taught on Curacao. I am very grateful for this new challenge.

Bonaire is my home and I have great respect for the island and its people, especially the women who are true survivors. I see many local women making something

everywhere by public transport or by bike out of nothing and doing so with a smile on their face. Nonetheless, many people are facing a lot of challenges like getting affordable housing and structural financial government support like people in Holland get. Also there should be more opportunities for people with special needs. But don't get me wrong; there are great initiatives on the island and many people working very hard to achieve these goals.

> I feel loved here. However, I also feel times are changing and society is starting to toughen up. Almost everybody used to know me and would talk to me in Papiamentu when we met in the street. Now people greet me in Dutch or don't even greet me anymore. It makes me really sad because I feel trapped between two worlds. I wish everybody who lives here – no matter where they are from – will respect and appreciate Bonaire and contribute to a better Bonaire for everybody, because all people should be able to experience Bonaire's pleasures equally.

> I don't know what the future will hold for me. Presently I am in love with an amazing guy and there is room for creativity and spontaneity and simple pleasures. I am just grateful to be healthy and to have my loved ones around me and to be able to gaze at the stars at night. I enjoy the sunset and taking a night swim when the algae light up, I enjoy having a cold beer at the end of the day and I enjoy going out dancing or getting together with friends for a meal or just meeting and greeting someone in the street – there is always a reason to celebrate. And then greatest blessing. An amazing, witty and pure human being who lights up my life with her sense of humor and the love she

Story & photos by Greta Kooistra



Christmas Reading

LOCAL AUTHOR WRITES <u>OPI</u>, A TRIBUTE TO HER FATHER

ore than a half century ago, the talk in the boxing world was about a man from Aruba named Sugar Boy Nando. After years of working in the Lago Refinery, the young fighter decided he



could better support his family in the ring and bring the prize money home. Nando did just that, winning 66 bouts, 38 of them by knock-outs, and becoming the middle-weight champion of Latin and Central America.

But Sugar Boy had another name when outside of the ring. He was affectionately called Opi by his family. Xiomara Frans, a retired educator living on Bonaire, just released a wonderful story about her father and their family life in Aruba. Simply titled **Opi** the 24-page book is a touching tribute to her father, but it also reveals island life in the 1950s and 1960s. Ms. Frans tells how the family painted their wooden house in Cura Cabai every two years to ward off termites, how her mom helped Opi win his fights by feeding him healthy foods and massaging his sore muscles, and how when Opi's first son was born a party lasted for months in celebration of the next Sugar Boy Nando.

Opi is cleverly designed by Martijn Wanders using a color code for the four

languages in the book; Papiamentu (red), Dutch (green), English (blue) and Spanish (yellow). Likewise, illustrator Mariska Beenen uses vivid colors and wild composition to attract young readers.

This little book would make a great Christmas gift for children 8-12. <u>Opi</u> can be purchased at Addo's Bookstore at Kaya Industria 17 for \$9.95 or directly from at papiapapiamentukumi@hotmail.com ■

Patrick Holian

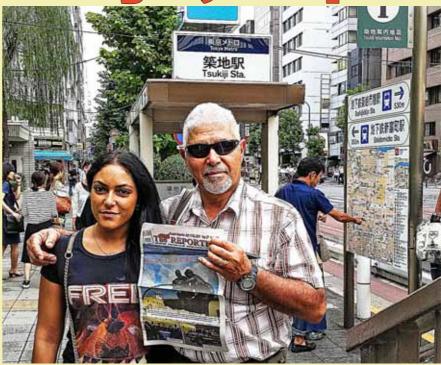
BONAIRE ARCHITECTURE



n this book you find an amazing collection of colorful and diverse fences on Bonaire in the new book <u>Fences of Bonaire</u>. Each fence reflecting the character and personality of the house. The author is Ria Heitkonig, who previously published the volume <u>Through The Eyes of Heit</u>, is the daughter of iconic Bonaire photographer Herman Heitkonig, Available for \$20 at Extra Newspaper . Profits on the book go to FUHIKUBO, the cultural preservation NGO.

Press release/G. D.

Picture Yourself With The Reporter in



aha Tawashi, from Toronto, Canada, writes: "We are avid readers of *The Reporter* and commend you on the job you do with your interesting stories about this beautiful island. Bonaire has a special place in our hearts so I am submitting this photo of my husband (Dr. Magdy Hassouna) and our daughter (Salma Hassouna) taken in September during our trip to Tokyo and Kyoto. Both Magdy and Salma are avid divers certified in Bonaire (of course). This picture at the Tsukiji Station on the Tokyo Metro Hibiya subway line is just 5 minutes from the Tsukiji fish market. The fish market was awesome and the sushi was better.

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TOURIN' - SOUTH PART 2 OF 2

s we are Aplunged into darkening gloom after leaving the salt pans it's almost 6:30 pm now (masha danki to a tardy Princess cruise ship) --- I explain Bonaire's colonial history and point to the slave huts shimmering in the enveloping darkness. "The sign says 'white slave'," a tourist points out while seriously

squinting. "I never heard of white slaves," she says. "This was the location of the 'white pan,' previously a salt pan where the slaves worked," I elaborate. "Now this same spot has become a dive site, named 'White Slave." Twenty people, able, not so able, healthy, sick, skinny and not so skinny wish to depart the bus, even though by now the sky has gone so inky black that one can hardly discern his own nose, let alone someone else's nose. Various other vehicles disgorge their contents as well. Ten long minutes later, all creatures great and small are shadowing me closely as I'm a beacon of light with my sparkly new iPhone. In the meantime I occasionally show and tell about our precious coral, which is protected and cannot be taken off the island.



Cruise ship tourists view the Slave Huts by flashlight

Back on the bus, I ramble on about the six -hour slave treks to and from Rincon until the abolition of slavery in 1863. The bus has gone still. That's how impressed they are with my stories! I hope. Just like Pres.-to-be Trump, I continue to Twitter even though maybe I shouldn't. "Who the heck are you?" This question is uttered by the scruffy chauffeur up front who I don't recognize. In fact, I don't recognize any of these people. Where's my bus? As stars are exploding and galaxies are colliding far above me, literally and figuratively, I search and stumble again into the great black beyond, and eventually onto my bus.

-The same cruise line that brought my guests to Bonaire was convicted of a serious environmental crime-



Oil slick from waste dumping

Princess Cruises has been fined \$40 million for illegally dumping oily waste into the Atlantic waters. A "whistle-blower" engineer aboard the Caribbean Princess observed the illegal process condoned by the ship's officers in 2013 and notified authorities. The same ship had been pumping overboard its oily discharge water since 2005. In this way the company avoided paying for offloading and safely disposing the waste. After additional research it was determined that four other Princess ships had made use of this "magic pipe" as well -- saving corporate bucks at the expense of the environment (press release).

When I finally clamber onto the appropriate bus, a donkey ambles by. Now, naturally, everybody wants to pet the darned donkey. And out they cascade once more, one after another. Since nobody offers the donkey a carrot, he skedaddles into the night. Ayo! This is a good time to teach these folks some Papiamentu. Ban ship bek pronto (sort of like, back to the ship we go;

now is a good time). On the way back we pass by Pink Beach. I explain that the color pink comes from the crushed shells of millions of pink sea creatures called foraminifera. I then show them a coral rock with shades of pink I happen to have in my bag of goodies (a required bag to have in our tour busses). Unfortunately, Pink Beach is Pink Beach in name only since distant Hurricane Lenny generated a high sea swell which eliminated all the pink shells. Tourists still love snorkeling and diving at this lovely locale, though. But, whether Pink Beach is pink, purple, blue or green, it don't matter nuttin' cuz' the beach is now bathed in the black of night.

Authorities claim that the ships' officers and crew had knowledge of the magic pipe and conspired to cover it up. Apparently they manipulated on-board sensors in order not to detect dumping of contaminated waste water. Princess Cruises admitted to being guilty of the dumping charges and is prepared to pay the huge fine of a 40 million. Part of the fine, \$14 million, will be contributed to environmental projects in Florida, Great Britain and in international open waters. One of the Princess' statements says, "We are very sorry that this happened and have taken additional steps to ensure we meet or exceed all environmental requirements" (press release).

As we are approaching Bonaire's Flamingo International Airport, I notice that some of my passengers are fading a bit. But courtesy of our good ole potholes – and many new ones due to numerous showers this rainy season -- they wake up. Kicking wasn't necessary this time. Leering blindly

(Continued on page 10)



☆☆☆ New Location ☆☆☆ Kaya Grandi 36, Across from Littmans Phone: 717-9181

Buena Vista

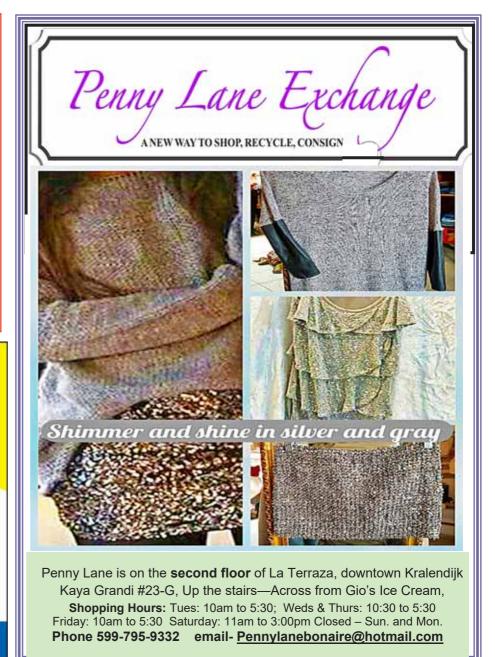
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BonDi**Gro**

supermarkets, to represent them and sell

hey did it again! The team of Bon-DiGro, the first cooperative discount supermarket, opened the doors of their brand new building for the people of Bonaire. Three years ago BonDiGro started in a rented metal hangar close to the Bonaire Food Group building with just a few employees

their products.

selling their products directly out of carton There is a parking lot with sufficient space boxes. Soon they had to move to a much bigger building behind the Leen Bakker shop, close to Warehouse supermarket because of expansion and the need for more space. Now they've opened the doors of their brand new and impressive building, directly located on the Kaya Industria, opposite the Don Andres ship-

ping company. Entrepreneur Roland Schalker says, "The BonDiGro team is very happy with this brand new building. We started with only a few persons and now we have a team of 15 employees! The building is brand new and there is a huge variety of products, three times as many compared to the old location. All builders and members of the team worked like hell to get the new building open in time. And we managed! The building is new, straight, clean, partially cooled. It is safe, as it is electronically protected, and there are

cameras running on independent energy.



and there is a separate entry at the rear for owners of other smaller supermarkets, shops and restaurants to pick up their

Carla van Ballegooijen, manager of BonDiGro, explains: "This brand new building was designed and constructed in an environmentally friendly way. The entrance, cooled and air conditioned, is where you will find fresh vegetables and fruit. We also have fresh bread and bakery products from the Real Dutch Bakery, and there is fresh meat. We have a brand new butchery. In this air conditioned area there are a lot of hardware products and cosmetics. And now there is a row of four fully equipped and fully electronic and efficient cash registers."

Roland Schalker continues, "We started three years ago as a little mouse. Now we are a little lion and we are still growing. We were asked by SPAR in the Netherlands, a Dutch chain of wholesalers and

We've added opening hours and we are now open from eight until eight. If you want to know more about us you can follow us on Facebook or send us a mail: info@bondigro.com. It's best is to visit us

in person as there is an ever expanding variety of products!"

The hardware area, in the cooled department, has flat screen televisions, laptops, tablets and smart phones, refrigerators and washing machines, vacuum cleaners and power tools, rice cookers and blenders. Brands are: Siemens, AEG, Black and Decker, Samsung, Hamilton Beach-reliable quality brands. And you do not have to look somewhere else to compare as you know for sure: BonDiGro is the cheapest.

Back to the butchery where IJsbrand has his territory. A huge window lets the clients see what IJsbrand is doing. IJsbrand de Vries: "I am the butcher of the team. Now I have my own butchery in this new building and I am very proud of it. I am very happy with my new workshop. The butchery is completely tiled and equipped with a lot of hygienic stainless steel. This is an excellent place to work and it is very easy to keep it clean." Then, while sharpening his knife, he shows me the fresh meat. "We import this high quality prime beef from Paraguay," he says. "The structure and taste of this meat are excellent and now, as well as the people of Bonaire, a lot of restaurants and hotels also know where to find BonDiGro. I am proud of



my products!"

The BonDiGro philosophy is to stay smart, keep it simple and be efficient. Why keep tins and cans and bottles in an air conditioned area? Why unpack and label and price every product separately? Why sell 10 different brands and types of a certain product?

The result is evident: value for money. Bon-DiGro is a very positive contribution to the island of Bonaire. ■ Story & photos by

Jan Brouwer





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Waterfront Fun Day

It was an affair that totally fits Bonaire. Seaside events that take advantage of Bonaire's unique situation of urban, rural and marine environments existing side by side." In the words of the organizer, Pan Teitel of Budget Marine Bonaire:

budget Marine celebrated their 15th year in the Bonaire community by organizing a 12 hour+ fun day at the waterfront adjacent to Regatta House and the iconic Kant'i Awa Snack. While it was briefly stormy during the registration, the weather cleared up for a perfect day. The first event, the triathlon was a huge success with a great turnout for both the long and short versions.

The swimmers inaugurated the new floating pier in front of Kant'i Awa snack that will be used for dinghies access and for everyone who wants to get into the water and swim. We thank Stinapa for their assistance in making this happen. The dock is so far a single section of EZ-Dock, but with the support of the community, we are looking to extend it further. We thank the sponsors of Curoil, Jan Okhuijsen Architects and Stone Crusher who are the first to commit to make this goal a reality. We hope that everyone enjoys the pier.

As the Triathlon runners were finishing, the sailors were heading

Page 8



Farid Ayubi, microboat pioneer

for the water. Over 30 micro boats took to the water for some exciting racing. Genaro Anthony w/Mi won the new Roy Winklaar Cup. Likely in the near future, lessons to build and race micro boats will be held at Jong Bonaire. We really look forward to building this class of competition!

The Optimists and Sunfish sailing classes had some great action too. Beginning sailors to seasoned world cup competitors each found a class to compete in and have fun. Viktor Wijnand and the BSSA organized the sailing. The yacht category was enthusiastic, though several boats were unable to attend at the last minute due to charters and mechanical difficulties. It was good preparation since Bonaire

will host the Sunfish World Championships in 2019.

Teal helped make it all happen with music, permits and logistics. Johnny Kleinmodig and his band arrived from Curacao on time with Divi to tantalize us with some great Latin music and some amazing piano playing. Yes, there was dancing in the streets!

RPM Live kept the crowd dancing with Reggae tunes into the evening. Each band sponsored the music along with some assistance from the Music School so Johnny did not need to tote his piano. Jovce and Julian kept us all fed with a big BBQ. Each club added to the festivities with many games. activities and food so there was something to keep everyone busy, from climbing a greased pole over the water to throwing bean bags to knock down all of the cans, banana boat rides, face painting, sail trips and more.

Complete results are on page 10. ports clubs all struggle with fundraising. Operating on an island makes everything expensive. To attend competitions, we cannot





Ladies Long Course Winners

Top Men's Long Course Winners Complete results on pg. 10

step on a bus; we need to fly so every opportunity for the clubs to raise funds is a golden opportunity. We would like to thank **FXDC**

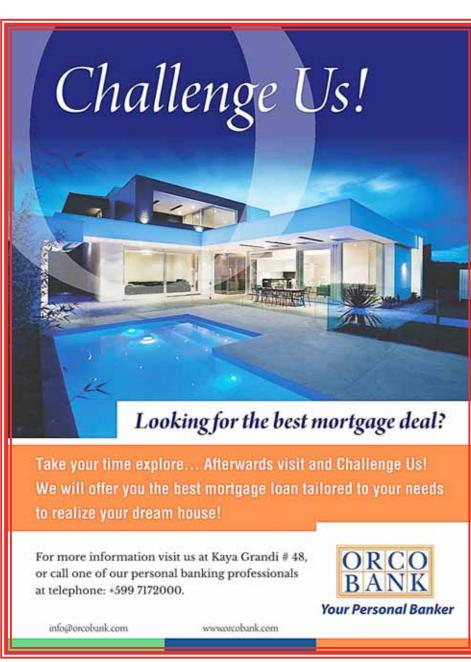


The all physiotherapist Long Course Team

communication for sponsoring all of our printing and posters to get everyone out for the event! Jong Bonaire, Athletics Federation, Stichting Hart Voor Bonaire and the Bonaire Barracuda Swim Club did a great job to be sure that it ran smoothly! With the nice turnout, each of the clubs also received a small fundraising return from the overall event.

The Lion's Club, the Rotary Club and Akkermans Auto were all instrumental in supporting this

(Continued on page 9)





Garden?

LOCAL HOLIDAY TREATS

elieve it or not, since last Christmas I've known what I wanted to write for this Christmas. I've saved it for this edition. Curious?

It's about spices. In no other celebration are spices used so much in food as at Christmas, New Years Eve and New Years day of course. Spices have not only a connection with food but also a strong relationship with the spiritual life of different cultures.

They're also in perfumes and herbal medicine; spices are an important part of the end product. There are many things we use in our food and just call it a spice. But it's nice to know what a spice really is and how to get the best benefit from it.

A spice is a seed, fruit, root, bark or other plant substance primarily used for flavoring, coloring, or preserving food. Spices are distinguished from herbs, which are the leaves, flowers, or stems from plants used for flavoring or as a garnish.

A spice may be available in several forms: herbs and spices. fresh, whole, dried or pre-ground dried.

A whole dried spice has the longest shelf life, so it can be purchased and stored in larger amounts. Flavor is maximized by storing a spice whole and grinding it when needed. The shelf life of a whole dry spice is roughly two years; a ground spice roughly six months. Ground spices are better stored away from light. As a general rule, the flavors from a spice take time to

infuse into the food so spices are added early in the preparation.

On Bonaire the spices most used are: ground cinnamon, cloves, ginger, nutmeg, pepper and star anis. These spices blend in your food, give flavor, dimension and color to your culinary masterpieces. But they are also a source of anti-inflammatory, antibacterial and vitamin richness. Like cinnamon helps stabilize blood sugar levels; nutmeg has anti-fungal and antibacterial properties and ginger root helps to sooth stomachs by reducing feelings of nausea.

People in the Caribbean are used to adding a lot of these spices to their food. The end of the year means great celebrations with these foods and recipes meant to leave nally from Venezuela, but now it's a typical all negative experiences behind and start the Antillean dish, wrapped in plantain leaves new year with joy, blessing and happiness. So my neighbors gave me some recipes. You might be a lucky enough to enjoy some seed, butter and milk. It's filled with of these delicious local dishes, of course with lots of spices.

Sopitu is a thick soup made with salted beef, grilled fish, coconut milk, corn cob,

Tutu or Jugjug is a dish made with funchi (corn meal), red kidney beans, salted beef, sugar and spices such as star anis.

Mondongo or Pepperpot is a dish (stoba, stew) prepared with the stomach and shank from cows and goats with raisins, olives, capers, prunes, pepper, nutmeg, sherry or

Okra is a vegetable dish of okra or jambo Angliet, Nature Lover with salted beef, pigs tail, or with salted



Some Specialties

fish, shrimps, karko (conch) and cheese. Popular is the "Bolo Mantela" or butter cake. Also the "Bacoba" beignets with

Ayaka is a typical Christmas snack, origiand steamed. The interior is a corn meal wrap prepared with salt, sugar, cheese, anis chicken or beef, raisins and prunes, olives and spices, then wrapped in the banana leaves to be steamed.

This is the time to try out these typical cultural delicious spiced foods. Visit the local restaurants or just try them yourself (Find recipes on the internet) and make your Christmas Bonairean style.

Wishing you a peaceful Christmas, wherever you are on this planet.

Story & Photo by



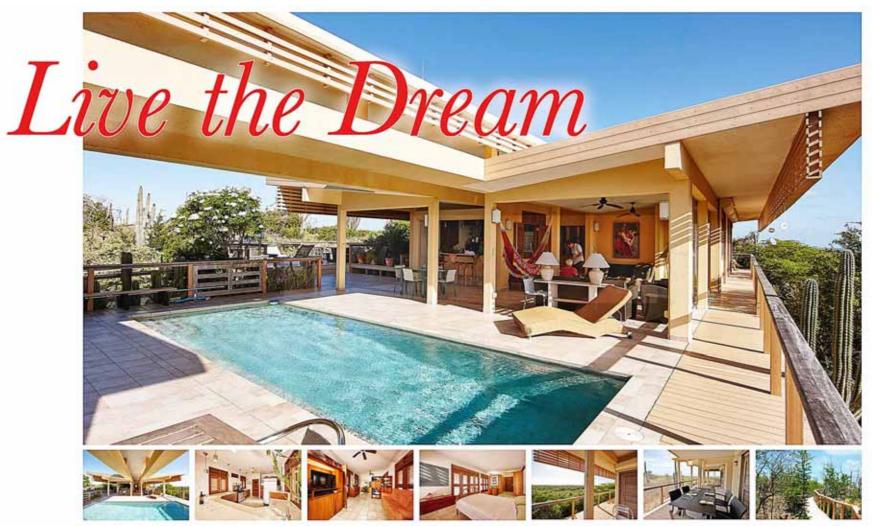
Fun Day (Continued from page 8)



The first section of the new dock got lots of use

We thank those of you who donated prizes for them to give to the lucky winners and those who participated to make it a success. Look for the clubs at other events and be sure to join or support them. Each club has activities for both kids and adults, so swim, sail or run, there is a club for you. We look forward to repeating this event earlier in the year next year, so stay tuned for more information on that!" ■

Pam Teitel for Budget Marine



Perched on a hill with unobstructed

270-degree ocean views, this one-of-a-kind home offers low maintenance out-door living all year long. The perfect place to live your dream. It sits on 27.5 acres (11+ hectare) of private property in a planned and gated community for complete privacy... but is only 15 minutes from town.

The home features multiple outdoor living and dining areas and an immense cook's kitchen with 6-burner stove and two sinks. A large patio pool creates a soothing, cooling water feature in the main living area. Currently configured with two en-suite bedrooms but the oversized office/TV room could be easily transformed into one or two more bedrooms.

Special aerodynamics ensure that the temperature inside is always cool and breezy. It has been featured in several magazine articles including Caribbean Travel & Life, Retirement Living and Home Power.

The land is protected through deed restrictions to keep it green and natural forever but a second house can be built on the lot. This solar powered off-the-grid home boasts all the modern amenities and all furnishings are included in the price.

\$980,000

Contact Margon: +1-599-7862992 More photos: www.sunspotsbonaire.com/sale

Art Fai





Photo artist Lorenzo Mittiga. And his wife Elisabetta

esident artists on Bonaire put on a marvelously diverse show recently at La Cantina Restaurant on Kaya Grandi. The show had oils, sculptures, mosaics, watercolors, wood carvings, and photography.

Artists showing their work were: Jose Smit, Ana Klein Heerebrink, Tom Bergh, Camila, Fred v.d. Brock, Wolmost Jansen, Paulien Knip and Lorenzo Mittiga. (photo above).

We wish we could show you more but we have space limitations. Best you see this all in person next time they announce a fair. The island is awash with talented artists.■ *Story & photos by L.D.*



Ceramic artist Jose Smit,



Reflections (Continued from page 6) into the dark, I tell my people about how this seemingly small airport accommodates large airplanes such as TUIFly, KLM, United and Delta Airlines. Just then we all get to observe a KLM landing. The big bird zooms right over our heads. The whole bus trembles with excitement and quite literally. When I happen to look at my watch, I get a shock. It's past my vino time. Here's hoping a drop will be left when I return home.

According to a U.S. Attorney, the penalty is the highest ever handed out. A plea agreement filed in federal court also requires Carnival Corporation, the parent company of the Princess Cruises, to submit 78 cruise ships across its eight brands to a five-year environmental program supervised by a judge. The assistant attorney general for the Justice Department's environmental division said the Caribbean Princess "violated the law, covered it up and then they lied about it." Princess confesses to be extremely disappointed in their own personnel. According to a Princess spokesperson, "we should cherish our clear blue waters and not treat them like a garbage disposal" (press release).

Amen, so why didn't you?

Back to the port, I thank everyone and they thank me, either with a handshake, a hug or a buck. It's all hopi bon (very good). ■ Story & photos by Karen Bastiaensen-Gilmour

Many thanks to Sue Felix. Any factual mis-

takes made in this piece are entirely mine. The reported incidents, though, really happened!) On purpose I omitted or changed parts of the South Tour, since I didn't want to expose



all my company's secrets in Cruisin' and Tourin'.

Waterfront Fun Day Triathlon and Sailing Results

Results	Class	1st	2nd	3rd
Triathlon				
Long	Mens	Bauke Hylkema	Wim Kamphuis	Andrea Magni
		Astrid Naber & Anke		Mieke
	Ladies	Heitkamp		denBieman
	Team	Etienne Soliano	Simone Sweers	Brandon Begina
		Leonel Martijn	Annemieke LeNoble	Virgilio Balista
		Gregory Deira	Rianne v Rijswijk	Nikolai Pedersen
Triathlon				
Short Mens Aldris		Aldrish Isenia	Mishahir Wanga	Frans Roefs
	Ladies Bonnie Roefs			Anita
			Caren Eckrich	Groenendal
Team		Madeline Geraude		
		George DeSalvo		
		Hendrik Wuyts		
		Melissa Domacasse	Sandro Joosten	Farid Ayubi
Micro Boats	30cm	w/Sea Birth	w/Leah Maria	w/Papucho
	35cm	Genaro Anthony w/Men	Suzy Angela w/Top Secret	Sandro Joosten w/ Bat Man
	330111	Genaro Anthony w/wen	Secret	Gert Joosten w/
	40cm	Genaro Anthony w/Mi*	Farid Ayubi w/Bingo	Firebird
		*winner of the Roy Winklaar cup		
0				
Optimist	Α	Gina Schreiner	Jaimorence Everts	Luca Davidsson
	В	Dante Abraham	Stephan Tromp	Hanna Jorg
Sunfish	A	Ton Nuijten	George (Cabes) Soliano	Peter Winterwerp
	В	Marco Wiessing	Laurens Jorg	
		Walter Kwakkenbos w/	Jan Okhuijsen	Mike Solbach
Yachts	Cruising	Bowalie	w/Phoenix	w/Saving Grace



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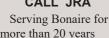
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FOR SALE: Beautiful pictorial art books. Feel free to come by and have a look during my every Saturday Sale from 10 am to 6pm or call: 795-9760/email: dovalelaurie@gmail.com for an appointment. No strings attached.

White cruiser bicycle seat, brand new, 26 cms. (10") widest part of seat. Very comfortable. \$25.00. **599-786-6583**

Small studio for rent as of end of November. With roof terrace, 2 minutes walking from Bachelors Beach. Completely furnished including water, electricity, wifi, TV price \$325 per month. 2 months deposit. Year contract. No cats, no dogs, one person only. Address Kaya Uranus 4b Belnem. Theresebonaire@gmail.com mobile phone 00599785-9900 home Phone 00599717-2698

For RENT in Belnem: Large fully furnished 2-bedroom apartment.

Good location in quiet and safe area. Walking distance to the sea.

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FOR SALE: Private Property at Kaya Turkesa, Republiek. 4A-270. 1.420 m2. Asking price \$142,000. Call or write: Tel. 00599-795-9760 or email: dovalelaurie@gmail.com.

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Bonaire-Sun Rise/Set, Moon Phase and Tides

Day	High	Low	High	Low	High	Sunrise	Sunset
Mon 19		00:38 -0.27 ft	06:47 0.62 ft	12:24 0.31 ft	17:22 0.78 ft	6:50	18:15
Tue 20	L Quar- ter	01:14 -0.23 ft	07:27 0.70 ft	13:40 0.28 ft	18:14 0.65 ft	6:51	18:16
Wed 21		01:46 -0.17 ft	08:06 0.78 ft	14:53 0.24 ft	19:04 0.53 ft	6:51	18:16
Thu 22		02:15 -0.11 ft	08:42 0.83 ft	16:03 0.20 ft	19:55 0.41 ft	6:52	18:17
Fri 23		02:39 -0.04 ft	09:16 0.88 ft	17:11 0.14 ft	20:50 0.30 ft	6:52	18:17
Sat 24		02:58 0.02 ft	09:50 0.91 ft	18:18 0.09 ft	21:52 0.21 ft	6:53	18:18
Sun 25		03:11 0.06 ft	10:23 0.92 ft	19:21 0.03 ft	23:11 0.15 ft	6:53	18:18
Mon 26		03:12 0.10 ft	10:56 0.94 ft	20:20 -0.02 ft		6:54	18:19
Tue 27	11:29 0.94 ft	21:12 -0.07 ft				6:54	18:19
Wed 28	12:04 0.94 ft	21:55 -0.11 ft				6:55	18:20
Thu 29	12:42 0.93 ft	22:31 -0.13 ft			New Moon	6:55	18:20
Fri 30	13:20 0.91 ft	23:00 -0.15 ft				6:55	18:21
Sat 31	14:01 0.87 ft	23:31 -0.17 ft				6:56	18:21
Sun 01	14:46 0.86 ft	23:51 -0.17 ft				6:56	18:22
Mon 02	06:54 0.36 ft	08:58 0.36 ft	15:32 0.79 ft			6:57	18:23

Who's Who on The Bonaire Reporter Celebrating 22+ years of continuous publishing

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Page 11

What's Happening

REGULAR EVENTS

Rooi Lamoenchi Kunuku Park

Tours \$21 (includes tax). Discounts for residents and local people. Tel. 717-8489, 540-9800.

Soldachi Tours—See the Real Bonaire and be transported back in time. Learn about the history, culture and nature by Bonaireans from Rincon. Call Maria Koeks for more information: 796-7870, 717-6435.

Parke di Libertat -Park-playground and canteen (formerly Dare to Care Park) Behind the hospital. Open Monday-Saturday 8am-7pm. Free entry. Nature Organization, STINAPA, has frequent events—bird watching, sunset hikes, lectures, etc. Go to their website for more information of events for the rest of 2016: stinapabonaire.org/events

Saturdays

- •Marshe di Playa (Bonaire Duodero)-Every Saturday, 8am-1pm, across from Warehouse Bonaire, locally made and grown products. .
- •Tera Kora Ranch Market—2nd & last Saturdays- local produce, clothes, food, games for kids, 2nd hand items
- •Monthly Cultural Market at Mangazina di Rei—Usually the last Saturday of the month, 8am-1pm. See the real Bonaire: traditional music, crafts, local produce, Creole kitchen, educational presentations. Mangazina di Rei is on the Rincon Road, at the eastern entrance to Rincon. Free entrance
- •Bonaire Animal Shelter's Garage Sale (*Pakus di Pruga*)—every Saturday, 8am-5pm. At Kaminda Liberador Simon Bolivar, across from Brandaris Café. Tel. 717-4989. Drop off cast offs on Saturdays or at the Shelter on the Lagoen Road weekdays. 717-4989
- •Last Saturday of the month donate foods and household items to Food Bank (*Stichting voedselbank Bonaire*) from 9:30am-2pm at Van den Tweel Supermarket
- Wine Tasting at Antillean Wine Company's warehouse on Kaya Industria, Second Saturday of the month, 7-9 pm. (Always call to make sure it's on: Tel. +5999-560-7539.) Snacks and tasting of six wines for \$10 per person.
 •Petanque- Jeu de Boules, 2:30-6 pm, Landhuis De Tuin on the road to Lac Bai. Info: 786-0150

Sundays

•Landhuis DeTuin- Real Jamaican BBQ on the terrace of the land house in the quiet countryside. Jerk Chicken, BBQ Chicken, Seafood Curry, Veggie Dish, Child's plate, Bread Pudding. On the road to Lac Bai – Kaminda Lac #101. Follow the signs, 12 noon to 6 pm. Tel. +599-786-6816, +599-701-1982. A Forsa training school.

Mondays

- Bonaire Goat Farm Tour—9 am. Meet the goats, see milking, and more. \$10 includes tea. Kids \$5. 786-6950-Also on Wednesdays & Fridays.
- •Happy Hour at Captain Don's Habitat Bar. The books of Bonaire's dive pioneer, Captain Don, will be avail-

Ç	#	Day	Date	Ship Name	Port Time	# Pax	Shipping Line
Tu.	94	Monday	19-12-16	Serenade of the Seas	1300-2000	2490	Royal Caribbean
100	111	Wednesday	21-12-16	Britania	0700-1800	3600	P&O
ē	112	Thursday	22-12-16	Equinox	0900-1800	2850	Celebrity
S	113	Monday	26-12-16	Navigator of the Seas	0700-1700	3114	Royal Caribbean
S	114	Tuesday	27-12-16	Mein Schiff 5	0730-1900	2500	TUI
100	116	Wednesday	28-12-16	Insignia	0800-1500	684	Oceania
1	115	Wednesday	28-12-16	Aida Diva	0800-1800	2194	AIDA

able: <u>Island Adrift, Shangri-la, Sea Trauma</u> and the newest book, <u>Reef Windows</u>. 5:30-7pm. Tel. 717-8290.

Wednesdays

- •Bonaire Goat Farm Tour—9am. See Monday for more information.
- •12-step meeting (AA/NA). Every Wednesday at Bonaire Basics, Kaya Korona #47. Walk in from 18:45, starts at 19:15, ends at 20:30. Feel free to mail:
- 12stepsbonaire@gmail.com or 12stappenbonaire@gmail.com for more information.
- **Echo** offers free (donation-based) Public Conservation Tours at 4:30. No reservation needed.

For optimal birding, you can also book a private tour by calling 701-1188 or email info@echobonaire.org. Please give at least one day's notice. Private tours are \$25/person with 2 person minimum.

- •Sea Turtle Conservation Bonaire (STCB) presents an informative slide show: Sea Turtles of Bonaire, at 8pm, every 2nd and 4th Wednesday. STCB presentation will be taking place upstairs at Yellow Submarine Dive Shop, Kaya Playa Lechi 24 courtesy of Dive Friends.
- •Chess Club meets to play starting at 6 pm at Tera Cora Ranch.

Fridays

•Bonaire Goat Farm Tour—9am. See Monday for more information

BONAIRE'S MUSEUMS

- Mangasina di Rei, Rincon. See, Feel and Taste the Culture of Bonaire. Enjoy the view from "The King's Storehouse." Monday-Friday. Cultural Market last Saturday of the month. Call 786-2101
- •Chichi i Tan Museum. Step into the past—a typical old Bonairean home, furnishings and garden. Open Thursdays through Sundays. Call for reservations 717-3183 or 795-2021 Free but donations appreciated. Kaya Melon #4, behind Rose Inn in Rincon.
- •Washington-Slagbaai National Park Museum and Visitors' Center. Open daily 8 am-5 pm. Closed on December 25th and January 1st. Call 788 - 9015 or 796 - 5681
- •Bonaire Museum-on the waterfront at the old Kas di Arte. Monday-Friday 9am-noon, 2-4pm. Free
- •Terramar Museum at Terramar Shopping Mall, on the waterfront. Monday-Saturday 9am-6pm. Sunday, closed. Cruise ship days 9am-6pm, \$10, \$5 for residents, children free
- •Tanki Maraka Heritage Park and Open Air Museum. Site of an American soldiers' camp during WWII. Self guided tour with excellent signage. Af-

ter leaving Kralendijk on the Rincon Road watch for sign to the park on the right. Driveway to entrance just a short distance. Free entry.

CLUBS and MEETINGS

Lions Club meets every 2nd and 4th Thursday of the month at 8 pm at Kaya Sabana #1. All Lions welcome. For more information call 510-0710.

Rotary lunch meetings Wednesdays, 12:15-2 pm - Divi Flamingo
Beach Resort in Peter Hughes meeting room upstairs above the dive shop. All Rotarians welcome. Call Gregory
Obersi 785-9446.

Toastmasters Club meets **every two weeks.** For more information call Crusita de Palm at 786-3827 or Lucia Martinez Beck, at 786-2953.

CHURCH SERVICES

The Church of Jesus Christ of Latter-Day Saints --Kaya Sabena 26 Sunday Services - Papiamentu/ Espanol 9:00 am to 12 noon Add'l Info (599) 701- 9522 Dutch/English 1pm to 3pm Add'l Info (599) 701-2892

Protestant Congregation of Bonaire: (VPGB), Kralendijk, Plaza Wilhelmina; Sunday service-10 am in Dutch. Rincon, Kaya C.D. Crestian; Sunday service-8:30am in Papiamentu/Dutch.

Children's club-every Saturday from 4:30-6 pm in Kralendijk, (annex of the church.)

Contact: Marytjin@gmail.com or Daisycoffie@hotmail.com

International Bible Church, Kaya Papago 104, Hato, behind Bon Fysio/Bon Bida Spa & Gym on Kaya Gob. N. Debrot. Sunday 9am-Worship service in English; 10:45am-Sunday school for all ages. 717-8332 for more info or ride bonaireibc@gmail.com.

Catholic: San Bernardus in Kralendijk – Services, Sunday at 8am and 7pm in Papiamentu.

Our Lady of Coromoto in Antriol-Saturday at 6pm in English. Mass in Papiamentu on Sunday at 9am and 6pm. 717-4211.

Assembly of God (Asemblea di Dios): Kaya Triton (Den Cheffi). In English, Dutch & Papiamentu on Sunday at 10 am. Wed. Prayer Meeting at 7:30 pm. 717-2194

Prayer Walk at Rooi Lamoenchi every first Sunday of the Month (or on request) for all followers of Christ. Hours: 4.30 pm till 7.30 pm. Contact Ellen Cochrane-Herrera at

ellenherreracochrane@yahoo.ca or phone 717-8489 or 005999-540-9800 English//Papiamentu/Dutch/Spanish

CLOSE-IN EVENTS

Saturday, Dec. 24— Christmas Eve Concert, International Bible Church. Special Guest-Connie Canfield, 8 pm

Sunday, Dec 26— Christmas Day –Holiday

Monday, Dec 26— Holiday
-Christmas concert. See
poster on pg.10

Thursday, Dec. 29—Sunset Hike, Lagadishi Trail, Washigton-Slagbaai Park, sponsored by STINAPA. Call for reservations 717-8444

Saturday, Dec. 31

- —Cultural Market at Mangazina di Rei,, Traditional music, Creole kitchen, Educational presentations, 8am-1pm. Free entrance. Mangazina di Rei is on the Rincon Road, at the eastern entrance to Rincon
- —New Years Eve. Fireworks all over the island, peaking after midnight.
- —Some businesses will also close early

January 1, 2017 — New Years Day Holiday

January 2-21, 2017 — Love of the Sea -exhibit of photographic works on canvas by underwater photographer Catherine Salisbury with special guest Cousteau artist, Dominique Serafini. At Bistro de Paris On line: https://spark.adobe.com/page/EchhZ79qs15FS/ More Salisbury photography: at www.CatherineSalisbury.com

Saturday January 14, 2017 - Bonaire Maritime Film Festival at Plaza Beach Resort Bonaire, from 5-7:30 pm. The evening will feature the award-winning documentary, Vanishing Sail. Tickets are \$20 and can be purchased at Budget Marine, at projectstormvogel@gmail.com



THE STARS HAPLE TT

Late December 2016

ARIES (Mar. 21- April 20) You can visit clients and make a big impression just by giving them some hands-on help. Opportunities will come through behind the scenes activities. You must follow your desires and dreams. You could pick up valuable knowledge through conversations with experienced individuals. Your lucky day this week will be Thursday.

<u>TAURUS</u> (Apr. 21- May 21) Social activities or travel should be in your plans. You will be looking for creative ways to make a little extra cash. You need to take some time out to decide what you want to do. Dinner, theater, or a comedy club may be just the place. Your lucky day this week will be Sunday.

<u>GEMINI</u> (May 22-June 21) Socializing or travel will lead to partnerships. You'll have great insight. Don't invest too much of your own money. You could receive recognition

for a job well done. Your lucky day this week will be Saturday.

<u>CANCER</u> (June 22-July 22) You can meet new and exciting lovers through work related projects. Changes in your residence may be financially favorable. Some of that extra energy you have stored up might just be put to good use. Don't be too eager to spend what's left over; more unexpected expenses are evident. Your lucky day this week will be Friday.

<u>LEO</u> (July 23-Aug 22) Someone may be trying to damage your reputation. Family responsibilities are mounting. Do not push your opinions or try to reform your emotional partner this week. Do your own thing. Your lucky day this week will be Sunday.

<u>VIRGO</u> (Aug. 23 -Sept. 23) Your ability to see other people's points of view will allow you to come to reasonable agreements. You will have to watch out for minor health problems related to stress. Finish off old projects before starting something new. Your questions will help you ferret out secret information. Your lucky day this week will be Sunday.

<u>LIBRA</u> (Sept. 24 -Oct. 23) Don't let your jealousy be the reason for a decaying relationship. Do your own thing and everything will settle down. You may have a problem keeping secrets. Trips will be more than adventurous. Your lucky day this week will be Saturday.

<u>SCORPIO</u> (Oct. 24 - Nov. 22) Your emotional state could leave you vulnerable and confused. Be up front if you don't want to be embarrassed. Try to be a bit more understanding or you may end up spending the evening alone. Don't let the moods of those you live with get you down. Your lucky day this week will be Wednesday.

SAGITTARIUS (Nov. 23 -Dec. 21) Don't be shy; show your abilities! You should get involved with activities that can be enjoyed by both young and old alike. Short trips to visit others will do the whole family a world of good. Uncertain get rich quick schemes will not be as lucrative as you anticipate. Your lucky day this week will be Saturday.

<u>CAPRICORN</u> (Dec 22.- Jan. 20) Travel will enhance romance and adventure. You must be careful not to ignore the needs of the youngsters in your family. Relatives will not agree with the way you are dealing with your personal problems. Unexpected visitors will be a welcome surprise. Your lucky day this week will be Friday.

AQUARIUS (Jan. 21 -Feb. 19) You can come up with future trends in creative fields. You can get the attention of important individuals but it might not be the time to get them to help or to back your ideas. Focus on your own domestic problems. Don't be too eager to buy things for those who really don't deserve it. Your lucky day will be Thursday.

<u>PISCES</u> (Feb. 20-Mar. 20) Don't let others bait you into arguments. You can get ahead if you are willing to take a partner. Lending and borrowing may be a problem. Involvement with prestigious organizations will be to your advantage. Your lucky day will be Sunday. ■

Michael Thiessen



BONAIRE SKY PARK*

*to find it... just look up

Highlights Of The Coming Year

There will be a lot of exciting astronomical events to experience in the Bonaire Sky Park in 2017. That will include a total solar eclipse that will go across the USA. And be a partial eclipse in Bonaire.

Let's begin with the sky during the first week of 2017, including the planets Venus and Mars. And you'll have a beautiful **crescent Moon** on New Years night. Look to the southwest at about 7pm. What an awesome sight you'll see on the first night of 2017. You'll have the waxing crescent Moon just a few degrees from the brightest planet in the sky: Venus. You've probably been seeing Venus all month just after sunset riding low in the sky. Every day this month, Venus will be getting closer and closer to the Earth. That means it will get brighter and brighter. And it's already like, crazy bright! Higher and to the left of Venus you'll spot a reddish object that barely twinkles. Red. Doesn't twinkle? That the planet Mars. Mars is getting further and further away from Earth each day, but you'll still be able to see it all the way through May - getting fainter day by day.

Let's look at the Moon.

When the Moon is a waxing crescent like this, you can sometimes see the unlit part of the Moon as well. This is called Earthshine and it's caused by sunlight bouncing off the Earth and bathing the entire Moon in a subtle glow that you can actually see. But as the nights go on and we look at the Moon throughout the month of January we will see it get fuller and fuller day by day. This is called waxing. The Moon will wax until it reaches a full Moon on January 12th. The day after the full Moon, its light will slowly dim. The moon will start waning and, each night, less and less light will show up to us Earthlings until it reaches a slim waning crescent moon. And then it will be gone from sight - at New Moon.

We can't normally see a new Moon because it doesn't shine much light on us. And the **Sun** is in the sky and appears right next to it. But on one day this year, you have a great chance to see a new Moon. When it eclipses the Sun.

The date is Monday, August 21, 2017;



Eclipse totality view from Bonaire



Path of the total solar eclipse. Viewers outside of the red-outlined path, like on Bonaire, will see a partial eclipse.

on this date, everyone in the region will be able to see part of the new Moon block out part of the Sun. This is called a **partial solar eclipse** and it happens once every few years.

Dean: But if you're at the right place at the right time, on a specific, narrow path through you will be able to see the Moon block out the entire Sun (as it did in Bonaire in 1999. This total solar eclipse made it look like the Sun was gone. In Bonaire next year a bit over half the Sun will be eclipsed, but parts of the USA will have a total eclipse.)

So, start off 2017 with the Moon, stars, and planets. During the first week of the new year, look for the waxing crescent Moon and the planets Venus and Mars. And mark your calendars for August 21, 2017, to see the solar eclipse. It's going to be a great and astronomical year .

Dean Regas & James Albury





5 PM to 10 PM



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DID YOU KNOW?

here is an alga that has just been named from **Bonaire?**

A recent paper in the scientific journal Botanica Marina gives the description and name of an alga first studied by myself and Sabine Engel here in Lac Bay!

The best part is that it is named for the place it was found – Bonaire! Its name is

Ramicrusta bonairensis. Several years ago I noticed a strange encrusting alga in Lac Bay that appeared to be overgrowing corals. I asked well-known marine biologist, Sabine Engel, about it and she also had concerns about this strange alga that nobody seemed to know about and that had not been seen elsewhere. We decided to investigate this alga and the interactions it had with corals and sponges in Lac Bay (this partnership was supported by CIEE Research Station Bonaire and STINAPA).

We published a paper together in 2012 in which we described our findings: Ramicrusta (at that time the alga didn't have a proper name it hadn't been described yet) covered 7% of the survey area. was overgrowing 46% of the coral colonies in our study area, and was overgrowing corals rapidly (0.07 mm per day). Fire corals, mustard hill corals and finger corals were particularly susceptible to alga overgrowth.

We sent samples of this alga to several researchers for identification only to find out that our alga had not been described! One of my former professors at the University of Puerto Rico, Dr. Dave Ballantine, decided to tackle the difficult task of describing this alga and has just published his paper naming it: Ramicrusta bonairensis. Despite the fact that Sabine and I published our findings and gave presentations here in Bonaire and at several scientific meetings in the



P. astreoides - The orange, flat stuff is the alga - Ramicrusta that is growing up and over the



M Complanata with more Ramicrusta

USA, we have yet to find others in the

Caribbean who know more about the ecology of this alga and what sort of threat it poses to coral reefs. ■

Story & photo by Caren Eckrich, STINAPA biologist. Connecting people with nature.







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foodandvitality

HEALTHY THROUGH THE HOLIDAYS







ow can you make sure that the turkey is the only one being stuffed during the holiday season?

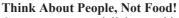
The average American consumes approximately 4,500 calories and more than 200 grams of fat from eating a traditional Thanksgiving- or Christmas dinner. (Not including breakfast, lunch and snacks!).

People tend to gain 1 to 2 pounds during the holiday season, and these extra pounds tend to become permanent baggage.

If you strategize you can still enjoy the special sweets and treats of the season without blowing your diet.

Here are some tips to keep you on the straight and narrow (for the most part, anyway) as the season's festivities shifts into full gear.

First of all if you've been trying to lose weight before the festive months roll around, shift your focus from weight loss to weight maintenance. The holiday season is tough enough to just maintain your weight, let alone try to lose weight. So do yourself a favor and allow yourself a few treats and set your goal on maintaining your weight so you can enjoy the holiday foods and wait until the New Year to get back on your weight loss plan.



Concentrate on socializing, making new acquaintances, and having fun. Spend time conversing with relatives or reminiscing with old friends. Think about what you are celebrating, not just about how great the food is!

Party With a Plan

Wear something fabulous to an event: When you're feeling great about how you look (and conscious of how snug your clothes are fitting), you'll be less apt to eat. Once you're there, hang out with a group of talkers, not the people gathered around the buffet table. You'll be less tempted if you keep your distance from the chowingdown crowd.

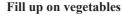
away the extra calories. Or take a long family walk and enjoy the company and conversations.

Select small portions

Moderation is the key. Selecting small portions allows you to control your calorie intake yet enjoy all the different items offered. If you really crave a high-calorie item, go ahead and treat yourself to a small serving.

Don't skip meals

Before leaving for a party, eat a light snack like raw vegetables or a piece of fruit to curb your appetite. You will be less tempted to over-indulge.



Fill your plate with vegetables and salad or eat a vegetable soup before the main course so you'll automatically eat less of the other (high caloric) foods.

Watch the Alcohol

Alcohol is a double whammy: It's loaded with calories and it lowers your inhibitions, which means you'll probably end up eating more than you planned. Avoid seasonal drinks like spiked eggnog, buttered rum, and peppermint (schnapps), which are laden with calories, sugar, and fat. Instead, stick with wine or champagne (one medium goblet), wine spritzers (one or two glasses), or light beer (two cans or bottles, max).

Follow the "Rule of One"

If you keep your portions in check, you can enjoy every highlight of your favorite holiday meals and events without going overboard. Stick with just ONE of each deliciously tempting hors d'oeuvre, one plate of food, one alcoholic drink, and one dessert (or a sliver of two, if you can't decide).

Eat slowly and mindfully.

Take time and enjoy the taste of your meal. Pace yourself and try to be the last person to finish each course. Take small bites, and chew slowly. It usually takes about 20 minutes for your brain to get the message from your stomach that you are full. By eating slowly, you might be less likely to raid the dessert table.

Be Selective About Your Splurges

Choose a few special events or parties that you look forward to all year and plan to indulge at those celebrations. The rest of the season, stick to your normal, healthy eating and exercise habits. Remember: they're called holidays, not holiweeks or holimonths! ■ Lucinda van der Wardt

Lucinda has been a registered dietitian and sports instructor for more than 18 years. She worked for more than 10 years in a university hospital and later in pri-



vate practice and is currently owner of the Food and Vitality Dietitian practice located at Bon Bida health centre in Kralendijk. More info: www.foodandvitality.info tel: 599-7850170 inda@foodandvitality.info

Protect Your Pets



New Year Announcement The Pet Project 2016 Benefits Animal Shelter and Your Pet

appy New Year's celebration is coming. We'll be so festive when we ring in the year with fireworks. Our pets react with confusion due to the unusual noise. The New Year period unfortunately sees the loss of pets that run away from these loud noises. However, help is available in an inexpensive, non toxic form. It has helped many people effectively for a variety stresses. It is named "Rescue Remedy."

Rescue Remedy is a natural medicine made from flowers. It was invented in England by a physician named Dr. Edward Bach, who intended to relieve psychological suffering of people. That was in 1935. Since those years, people have used Bach remedies and shared it with pets. Yes! This is safe for people as well as pets.

This year Rescue Remedy will be

available for pet owners to help their animal companions through the New Year, thanks to The Pet Project and Ella van Oostrom.

Follow simple instructions on the label. The cost of \$3 benefits the Bonaire Animal Shelter.

You may pick up Rescue Remedy at the Animal Shelter on Kaminda Lagoen.

Just 4 Pet also has it. Look for the shop on Kaya Industria, across from Rocargo, open 9am to 6pm.

If you have more questions about Rescue Remedy, <u>email flumming-bird@yahoo.com</u>. *Florence Ditlow*

Florence Ditlow is a Registered Nurse,

an herbalist certified in the use of Bach Remedies through the Bach Center. She has two shelter pets who take the pet stress remedy.



Pet Of The Week

hat a delightful present to find under your tree this Christmas....beautiful little Gigi! This sweet kitten is affectionate, playful and smart as a whip. She arrived alone at the shelter in September as a tiny young thing and quickly blossomed into a beauty. Once she was big enough to move to the kitten kresh (nursery) she graduated quickly to the adult compound because she continually "escaped" every time the door was opened. She held her own with all the big cats and proved that she was able to take care of herself and blend in with the "big boys".

Gigi is about 12 weeks old with a white chest and tummy and beautiful dark grey and silver tabby body and face. She purrs immediately at the touch of a human hand and loves to play with dangle interactive cat toys (or those irresisti-

ble Christmas ornaments!). Gigi is healthy, vaccinated and her sterilization at the appropriate age is included in the adoption fee.

Make your Christmas truly merry with a purr-fect addition to your family. You can visit Gigi and all her roommates at the Animal Shelter Bonaire, Tuesday-Friday 9 a.m.-12 p.m and 3-5 p.m., Saturday 8 a.m.-3 p.m. (closed on holidays), 717-4989. ■ Story by Jane Madden Disko, photo by Nathalie Peterson





Animal Shelter News

New Research Project at the Animal Shelter

y name is Alenka, I am a biology student in Utrecht (the Netherlands). I have been coming to Bonaire and volunteering at the animal shelter for the past six years.

This time I am here on an internship and am studying the behavior of dogs that have been adopted from the animal shelter. To facilitate this I will visit people who have adopted a dog from the animal shelter on Bonaire and present a short questionnaire on how the dog's behavior has changed since adoption and how it has adapted to its new family and environment. I hope to help the



Alenka with charismatic Chubbie who is up for adoption

animal shelter and the dogs on Bonaire with my research.

With the results of my study the animal shelter may adjust the amount of guidance during the adoption process to make the adoptions even more successful.

If you are interested in participating with your dog, or if you want to know more about my research, please come and visit the animal shelter Bonaire at Kaminda Lagun 26a, call (+599) 701-4989, or email animalshelterbonaire@gmail.com. ■ *Story* & photo by Alenka Wels



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