

Official On-Board Newspaper

BE BonairExel

www.BonairExel.com

It's about time!

November 5-12, 2004 Volume 11, Issue 42

**IT'S
STILL
FREE**

The **BONAIRE** REPORTER

Kaya Gob. Debrot 200 • E-mail: reporter@bonairenews.com • 717-8988

SINCE 1994

**This Week:
BIGGER AND BETTER**



RINCON COOKS CRIOLLO

See page 11

**Criollo Cooking Contest First Prize
Winner Petrica Frans (right) with
her daughter Jaslin Pourier-Frans**

FLOTSAM AND JETSAM



Joining together as a blessing is given for the new airline Transaven at Flamingo Airport.

The never-ending developments on the aviation scene continue despite the demise of DCA.

- The Netherlands Antilles pilots' union, together with the two pilots' pension funds, will **start legal procedures against the Central Government**, the island territory of Curaçao, DCA management and 16 former management and board members. The plaintiffs are demanding NAf12 million guilders.
- New air services are springing up: Last Monday, **Transaven**, which plans flights to Valencia and other Venezuelan cities, opened a desk at Flamingo Airport, and Aserca Airlines will start flying from Curaçao on November 12th.
- **American Eagle** flew two charters from Bonaire to Curaçao last Sunday night to accommodate the overflow of passengers
- Bonaire's airport is now host to six airlines: **BonairExel, KLM, Air Jamaica, American Eagle, Divi Divi and now the Venezuelan airline, Transaven.**

► The annual report, *Integratiebeleid*

(Integration policy), presented to the Dutch Second Chamber last week by Minister Rita Verdonk said a **relatively high proportion of Antilleans in The Netherlands turn to a life of crime**. In 2003 Antilleans formed 10.1% of the jailed population, Surinamers 8.5%, Moroccans 6.5% and Turks 4.25%. The percentage of Antilleans in the Dutch community is less than 1%, Surinamers and Turks each 2% and Moroccans almost 2%.

Between 1992-2001 there were 2,389 murders in The Netherlands. About 0.8 per 100,000 of native Dutch were convicted of murder. That figure is 22.1% for Antilleans; for Turks 9%; for Surinamers 9.5%; and for Moroccans 8%. Half of the victims, as well as the perpetrators, are foreigners while foreigners form less than 20% of the population.

► Former Central Government Transport and Communication Minister Richard Salas, who during his term of nine months spent only a couple of weeks in his office because he was seriously ill the rest of the time, left behind a **cellular telephone bill of almost**

NAf127.000. He said most of the charges were because he used his "roaming" cell phone for business while hospitalized in Miami. He added, "I also had to call my family to tell them when I was going to die - in The Netherlands, Curaçao, the US, Bonaire, Klein Bonaire, my brothers, sisters, everybody. Thankfully I didn't die, but I had to keep my family informed." The phone company probably thanks him too.

► **Heineken threatens to shut down its Curaçao brewery** unless the Antillean government honors the promises it made early this year to provide financial relief. The removal of the protective tariff on beer caused the brewery's problem. If that happens the Antilles' famous Amstel beer, brewed from distilled seawater, will disappear from market shelves.

Heineken, which owns the Amstel brand as well, wants the government to cut its taxes in half, introduce an environment levy on bottled and canned beer and enforce a labeling regulation to prevent smuggling of illegal beer. According to the brewery's manager the local brewery can no longer wait for the government. "Last year we operated at a loss. This year we're operating at a loss. We can't carry on like this much longer."

► **Larry of Wild Side Diving** reports that **Hurricane Ivan's passing to the north of Bonaire caused minimal damage to the Blue Hole Dive Site** off of Lac Bay. Things were a little rearranged and the depth of the Hole went from 39 to 42 feet, but the bottom is still sandy. Other reports from fanatic snorkelers say that there are new channels through the reef at Lac Bay, making it easier to get to Blue Hole.

► The Bank of the Netherlands Antilles (BNA) announced that there **are counterfeit 25, 50 and 100 guilder bills in circulation**. The new 1998 series bills are the ones being forged. Some of the reproductions are of extremely good quality and difficult to differentiate from actual bills. The most obvious difference is the absence of the silhouette watermark. A counterfeit bill

(Continued on page 4)

IN THIS ISSUE:

Restaurant Revolutions	4
Special Crime Feature (Help without Fear, Bonaire Breathes Easier)	6
Community Crime Fight ...	7
Crime and Accountability	7
Turtle Travels ("Stinapa" starts out)	8
Swim and Ocean Festival	9
Second Birthday	
(Face and Body Day Spa)	10
UNESCO Youth Conference	10
Dietitian (Obesity and Diabetes)	11
Criollo Cooking Contest	11
News from Italy	12
Fun at Watapana School	12
Children's Theater	12
Eye On... Debut	15
Sterilization Program Results	17
Pet Professor (Separation Anxiety)	17
Surinam Jazz Festival	22
Climbing Frame	22

WEEKLY FEATURES:

Flotsam & Jetsam	2
Letter (<i>Freewinds</i>)	5
Opinion (Fish Protected Areas)	5
Vessel List & Tide Table	9
Picture Yourself (<i>Ft. Pierce</i>)	13
Announcements	
(Birthday Ian Adams, Wedding <i>Pluijmen</i>)	13
Pet of the Week (Karin)	14
Classifieds	14
What's Happening	19
Shopping & Dining Guides	20
On the Island Since...	
(Mary Timmermans)	21
Bonaire Sky Park	23
The Stars Have It	23



► WEB, Bonaire's Electric and Water company, has signed a new contract with Ionics, Inc. to produce drinking water by reverse osmosis. Currently, **Ionics produces half the drinking water for WEB**, but with this new contract will add another 20%. Ionics has more than 50 years experience in the production of drinking water and water plants in 62 countries and has delivered or installed more than 3,000 production units for drinking water. The contract should save WEB NAf500.000 a year according to a WEB press release. There was no mention of reducing the price of water to consumers as a result of the savings.

©2004 *The Bonaire Reporter*

Published **weekly**. For information about **subscriptions, stories** or **advertising** in *The Bonaire Reporter*, phone (599) 717-8988, 791-7252, fax 717-8988, E-mail to: **Reporter@bonairenews.com** *The Bonaire Reporter*, George DeSalvo, Publisher. Laura DeSalvo, Editor in Chief. Address: Kaya Gob. Debrot 200-6; Bonaire, Neth. Antilles. Available on-line at: **www.bonairereporter.com** **Reporters:** Zamir Ayubi, Jacky Bernbela, Susan Brown, DEZA, Guus Gerritsen, Jay Haviser, Jack Horkheimer, Ann Joseph, Maria Koecks-St. Jago, Greta Kooistra, Sara Matera, Angélique Salsbach, Diana Sint Jago, Michael Thiessen, Andy Uhr, Robert P. van Dam
Features Editor: Greta Kooistra **Translations:** Peggy Bakker, Sue Ellen Felix
Production: Barbara Lockwood **Distribution:** Yuchi Molina (Rincon), Elizabeth Silberie (Playa);
Housekeeping: Jaidy Rojas Acevedo. **Printed by:** DeStad Drukkerij



Restaurant Revolutions:

The restaurant at the Caribbean Club Bonaire at Hilltop has

reopened under the guidance of Chef Paul from Holland. After more than 20 years of cooking in all kinds of restaurants in

Amsterdam – from Mexican to Cajun – Chef Paul felt the call of the Caribbean. “It was the weather in Holland that got to me,” he said. “I saw an ad for this job, and I thought, why not try something else.” So here he is at the Caribbean Club, happy to meet the challenges of improvising on an island that sometimes doesn’t have every ingredient for the industrious chef! But Chef Paul seems to take that in stride. “That’s the fun of it,” he smiles. “I’m very flexible. And besides, the people here seem to understand. In Amsterdam (because the markets are so abundant) clients expect a lot.”

What does a chef do in his time off? “I swim in the sea nearby every single morning. And I’m exploring a little of the island too with some visits with friends to Karel’s and City Café.” We tasted his dishes the other night and we’re glad he’s here!

In their “up-country” location the Car-



Chef Paul

ibbean Club is open for lunch with sandwiches and salads from 10 am. Diners start at 6 pm and the menu offers some delectable choices. For starters try the Pasta Salad with Mussels or the homemade soups with fresh ingredients – the Pumpkin with Parmesan or the rich Tomato with Basil.

Main dishes span the range of Tenderloin to Vegetable Quiche, a Chicken Sâté or a Beef Stew, Dutch style. The “special” is the Catch of the Day. The other night that was large prawn-like shrimps sautéed in a spicy butter sauce. Starter prices are from NAf7,50 to 11. Main dishes are from NAf15 to NAf24,50.

- **The Lost Penguin will be having a real Thanksgiving** “do” on turkey day, Thursday, November 25. It’s a “word of mouth thing” and once all places are reserved (there will be an early and late sitting) no more can be accommodated. Call early; now is none too soon considering the mouth-watering menu offered. Phone 717-8003
- **Gibi’s “San Minguel Restaurant/Terrace,”** a favorite place for local food and gathering place for Bonaire Talkers, has closed – but like a banana tree, Gibi, we know, will pop up once again to serve us some of the best food ever. Soon, we hope.
- **DeTuin Restaurant** has closed, but Wil and Sue who had the super Light House Restaurant at Harbour Village will open their own place there soon.

- **Croccantino Restaurant** suffered a short circuit in its fuse box last Saturday, but the resulting fire was quickly extinguished by quick-thinking passerby Marcel Nahr, former owner of RendezVous Restaurant. Croccantino will soon reopen once repairs are completed.

- From none other than **the Sunday, October 31st N.Y. Times** in an article about Bonaire: “The food, on the other hand, is surprisingly varied and surprisingly good. French, Indonesian and Chinese food are all available in Kralendijk and so is **New York pizza, at Pasa Bon (Pizza), just north of downtown.**” We knew that.

Flotsam and Jetsam (Continued from page 2)

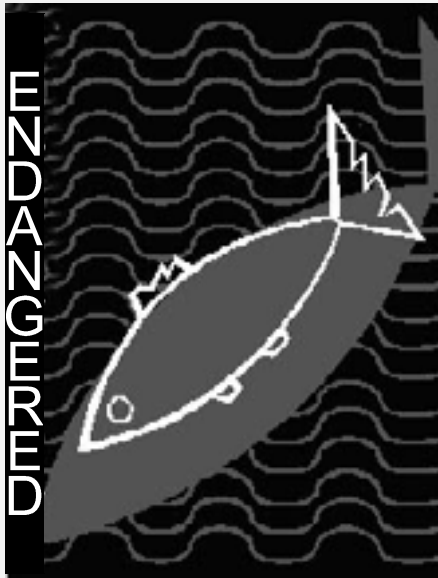
can be distinguished from a genuine bill by scrutinizing the following authenticity characteristics: a genuine bill has the silhouette watermark – the logo of the Central Bank – which can be recognized from tints that are lighter and darker than the paper surrounding it when viewed through a light.

► BonairExel has announced that it is nearing completion on the implementation of **a new reservations system that will allow them to begin issuing e-tickets.** The new system is expected to be in place early this month. For more information, or to view their new schedule visit <http://www.bonairexel.com>.

► Belmar Apartments has teamed up with the **Buddy Dive dive shop.** As part of a newly announced agreement Buddy Dive will manage Belmar’s on-site dive shop. The dive shop will be run by Erika Sanders and Rob Laurant, both experienced dive personnel. Plans are also in the works to give the dive shop at Belmar a face-lift.

► **Late news for bicycle riders:** *Bellissima*, a biking club from Curaçao, is organizing mountain bike and road

bike races and tours this weekend (Nov. 6 and 7) on Bonaire. Info and routes are available on their website: <www.curacaobiking.com>. Signup forms are available at BonFysio or can be printed from their website. Forms need to be faxed to: 09-4615626. There is a meeting for participants on Friday evening at 8 pm at the Pirate House above Zeezicht Restaurant. It will be nice if we have a big group of Bonaireans participating! Contact Simone Sweets at 717-6513 or 786-1271 for more information. □ G/L.D.



FISH PROTECTED AREAS

Fishermen, divers and scientists agree that the fish population in Bonaire is decreasing in size and quantity. This is a worldwide phenomenon, and the species concerned on Bonaire are mainly predators: groupers and snappers. Fish surveys have been carried out and a sustainable development of the fish population has not been achieved, therefore the Bonaire Marine Park needs to find a solution.

One of the possible solutions that has proven to be successful in other areas of the world is to create fish protected areas. This system defines an area in which nobody is allowed to fish. It is

OPINION

important to choose a healthy area to be preserved for breeding and feeding to ensure the reproduction of the species. **The results and benefits of this policy can be recognized within three to five years and have proven to have a 70% success rate in several environments and especially in coral reefs.**

But before implementation, all stakeholders need to reach an agreement. Presently, conversations are taking place between the local fishermen and the Bonaire Marine Park to demonstrate the scientific benefits of implementing such a policy, which has proven successful in many other places such as Alaska, Australia, the Virgin Islands and even in St. Lucia where the situation is similar to Bonaire.

The size and the number of areas need to be defined: the larger the area, the better the results. In an exchange program, St. Lucia fishermen traveled to Bonaire to share their experience with fish protected areas, and fishermen from Bonaire visited St. Lucia to witness the results of this policy. Nevertheless, there is some disagreement between the Bonaire Marine Park and the fishermen regarding what causes the fish population to decline.

Diver assessments of the two non-diving areas of Karpata-BOPEC and Playa Frans-Slagbaai show similar fish counts to the diving areas, which proves, they say, that **it is not the div-**

ing that threatens the fish population, but more likely the fishing.

Though there is no industrial fishing on Bonaire, traditional line fishing has been carried out for more than 500 years and foreign fishermen have also been fishing in Bonairean waters with no control because there is no fishery ordinance. Fishermen claim that they haven't been fishing on the reef for 10 years but do so in deeper waters. They say that there are many other things which may have affected the fish population such as: the impact of shore diving on the reef, night diving with flash lights when fish are asleep or go out for food, dive boats racing close to the coast, creating destructive waves for the reefs and producing diesel exhaust, kayaking in the fish breeding areas of the mangroves etc.

Fishermen fear that a protected area will never be open for fishing again and soon other areas will be closed, leaving the fishermen without jobs. In order to adopt this new policy of fish protected areas the fishermen will need to give their consent since they are the ones who will implement it, otherwise the Government will need to take action. □

Reprinted from the DEZA (Bonaire Economic Department) because it clearly describes the Fish Protected Area issues in Bonaire.

LETTERS

WHY THE FREEWINDS?

We see the island giving a lot to the cruise ship *Freewinds* but what are we getting back?



They leave their sewage and garbage on the island. The sewage is transported in trucks to the LVV land where it's dumped into holding ponds. Why don't they pay for a sewage treatment plant on the island, first of all to take care of their own sewage, and secondly to help take care of ours?

Their passengers don't shop much in our stores. They don't take boat trips, land excursions, use the dive shops, rent cars or scooters, use taxis, eat in our restaurants.

We wonder what the ship pays in docking fees. And if they pay, where does it go?

Why is it docked at the Town Pier instead of the Customs Dock? When it's at Town Pier the area is closed to divers. Divemasters lose the opportunity to make extra money by taking tourists to dive at Town Pier.

And, last but not least, it blocks the view of the sunset from City Café every night! □

LWS (LB)

"ASISTI SIN MIEDU...." HELP OUT WITHOUT FEAR

Dear Editor:

Barbara and I wish to say that we are pleased that the four suspects in our terrible home invasion, brutal physical attack and armed robbery have been captured by the Police and turned over to the Island Prosecutor.

We are relieved that these four criminals, that have caused so much fear in the hearts and minds of all our friends and families, have been removed from the streets and barrios of our adopted homeland of Bonaire.

It is time for a brief rest and good sleep.

With the help of God, who saved us, we pledge our "new lives" to ALL the people of Bonaire to help take the necessary steps to stop ALL violent crimes on the Island. To do this we will counsel and help all other victims of crime to put their fear aside and come forward NOW to tell us about your terrible secrets. We will help you to be strong and courageous in your efforts to prevent ALL the criminal elements from having CONTROL over you and the very agencies of the Government that must protect you.

We will work and support you non-

stop in this CRUSADE AGAINST EVIL.

You must take positive action AND responsibility to cure this terrible cancer that has infected your daily lives.

It is time for the Politicians, Ministers, Commissioners, Directors and Managers of ALL the Departments of the LOCAL GOVERNMENT to admit to the people of Bonaire that they have let them down in their mission to serve the very people they have sworn to serve.

Barbara and I are here to help in any way that we can AND we have a very broad base of experienced friends that are willing to provide advice, expertise, technology and training to everyone on any level who is willing to take the first step and ASK FOR IT.

We wish you good life on our beautiful Island. □ *Albert Bianculli*

This Wednesday, November 3, the Biancullis and other victims of crime were at the Sentro di Bario in North Salinja at 7 pm to begin the crusade and share their stories with others. Ed.

BONAIRE BREATHES EASIER

Three men and a woman were arrested early last Friday morning in connection with the violent robbery of Albert and Barbara Bianculli on October 11th. In custody are 29-year old Ellery Nicolaas, 20-year old Sergio Mercera and 45-year old Dominico Wanga. According to a police spokesman, tips and testimony from the public led to their apprehension. Police are also investigating the further involvement of 20-year old Valery Nicolaas, the sister of Ellery, in the robbery. Ellery Nicolaas had been free, awaiting final sentencing on a violent act involving a firearm committed during the last Karnaval in Rincon.

Public Prosecutor Ernst Wesseliuss hopes that more victims will come forward now that there have been arrests. Meanwhile police are analyzing the evidence and investigating whether the items found in the homes of the suspects were stolen during recent robberies. Two of the men were sent to the Bon Futuro prison in Curaçao under tight security. Police Chief Daantje said, on the Mega FM Sunday English language radio program *Forum*, that he feels that there is sufficient evidence to obtain convictions.

All of the arrested suspects, according to the police, have a criminal past. The



Governor Domacassé forcefully speaks against crime on Bonaire.

three firearms, two revolvers and an automatic that were found in the course of the investigation will be tested to determine if one of them fired the bullet found at the scene of the latest crime. Possible stolen items were also recovered.

The arrest action began at 3 am on October 29th and lasted until about 7 am. Arresting police were heavily armed and were protected by bullet-proof vests. Four residences were raided on Kaya Veronica in Antriol, Kaya Berlin in Sabana and in the Karañito bario in Tera Cora.

The Bonaire District Attorney had earlier announced that 10 Marchaussees, Dutch paramilitary police, will be assigned temporarily to Bonaire to assist the local police force. □ *G.D.*

AGAINST CRIME IN THE COMMUNITY

COMMUNITY CRIME FIGHTING CONTINUES



Three sets of victims of armed robberies flank Governor Domacassé and face members of the press during the extraordinary press conference

While the people of Bonaire are relieved that the people behind the violent robbery in Sabadeco are in custody, they are disturbed that there has been an increase in crime on Bonaire overall. The courage of the Bianculli couple, the most recent victims, was a major factor in this new awareness. There is no doubt that the photos of Mrs. Bianculli's face, disfigured by the brutality of the attack, was a factor in the decision of members of the Bonaire community to bring forward to the police certain facts that led to the arrests.

The leader of this action to "clean-up" Bonaire is the man at the top, Bonaire Governor Hubert Domacassé. In an extraordinary meeting with the press last Friday evening he made it very clear. "The community must set the standards to return Bonaire to being calm and secure," he said. "Government is not the only answer; there must be a return to wholesome family values." The governor believes that the Bianculli attack, as well as other violent acts, goes beyond a desire for money. It is evil, and to combat evil divine help is needed. Today there is too much tolerance in Bonairean society on youngsters influenced by drugs and alcohol. Adults are providing these things to children. It's adults who are setting bad examples of moral behavior. And small infractions of the law lead to disrespect for all laws and human rights. He believes that it is a build up of negative influences that's resulting in violent crimes.

Government can do its part, and will, if the Governor gets his way, by putting police on the streets, by enforcing existing laws more efficiently and by having all government departments be responsive to his initiative. But it is the attitude of Bonaire's population that ultimately determines what the community is like. Bonaire's honest people must work together to make it difficult for dishonest people to be part of the community, he believes. "Little by little we will achieve a better Bonaire," he con-

cluded.

Notably absent from his statement, which was more like a sermon from a pastor, were the usual excuses: we don't have enough police, Curaçao doesn't provide needed funds, Holland isn't listening, etc... In fact, he added, Holland is listening, and is now differentiating between the problems of Bonaire and Curaçao. The Dutch Justice Minister had visited him the day before.

□ G.D.

CRIME AND ACCOUNTABILITY--- THERE'S MUCH MORE TO DO

Recent events have helped the Bonaire community realize that the island crime fighting has no focus. Community efforts have also helped in the arrest and detention of people who have criminal records. More needs to be done. Now the island must determine what its visitors, residents, police and government can do to ensure that even petty crime stops. The future of Bonaire is at stake.

The next step requires accountability. Who is accountable? How is that accountability measured? What, if anything, can be done to remove those who refuse to be accountable? What can tourists do? What can residents do? What more can the police do? What more can the Government do? What is realistic? What is practical? What changes, if any, can be made? How can we effect change?

Action is great. Thoughtful effective action is better.

Michael Bijkerk, political activist and lawyer, has agreed to help the community start to think about practical solutions to a crime problem that involves all of us and for which we are all accountable.

On Monday night, November 8th at

7 pm. at the International Bible Church on Kaya Amsterdam (across from Trans World Radio), Michael will explore practical solutions to community concerns about crime and accountability. Bring your

questions and ideas. Explore how you can help the Government do its job of ensuring the safety of its residents and visitors.

The organizers of this event plan to have translators on hand so that no thought gets neglected because of language barriers. □

Ann Joseph



THEY'VE NOW ROBBED SANTA CLAUS!

Crime on Bonaire continues. As we go to press, word has come in that 65+ year-old Raja Daou, owner of the Garden Café, and his wife, were attacked and robbed by three men on Tuesday evening, November 2, after closing time.

Raja is well known for his jovial disposition and his uncanny resemblance to Santa Claus (whom he portrays every December). □

TURTLE TRAVELS

GREEN TURTLE 'STINAPA' IS THE THIRD TURTLE TRACKED FROM BONAIRE THIS NESTING SEASON

A Green turtle (*turtuga blanku*), nesting on Playa Chikitu in Washington Slagbaai Park, was fitted with a satellite transmitter last Sunday night by a team from Sea Turtle Conservation Bonaire (STCB) and Stichting Nationale Parken – Bonaire (STINAPA). This is the third turtle to be tracked during the current nesting season and the first Green turtle ever fitted with a transmitter on Bonaire.

Based on the pattern of Green turtle nesting activity observed on Playa Chikitu during the last few weeks, STCB staff predicted the possible return of a Green turtle to the beach for Monday night. A field team consisting of Debby Wauben (STINAPA), Fernando Simal (Washington Park manager, STINAPA), Hanny Kalk (volunteer and STCB webmaster), Gielmon Egbrechts and Robert van Dam (STCB) set out at night to monitor Playa Chikitu for nesting activity. Around 8 pm a large Green turtle was found already up on a sand dune and busy digging a large hole for placing her nest. She soon began laying eggs and was then measured (95.5 cm straight carapace length) and tagged on her front flippers. An hour later, after



Gielmon "Funchi" Egbrechts babysitting the turtle.

she covered her nesting area extensively with sand, the approximately 140 kg animal was intercepted by the team on her way towards the sea and a transmitter applied to the top of her carapace. At 11:40 pm the Green turtle was released and she quickly departed into the rough surf off Playa Chikitu.

Green turtle 'STINAPA' will be the third turtle to be tracked from Bonaire

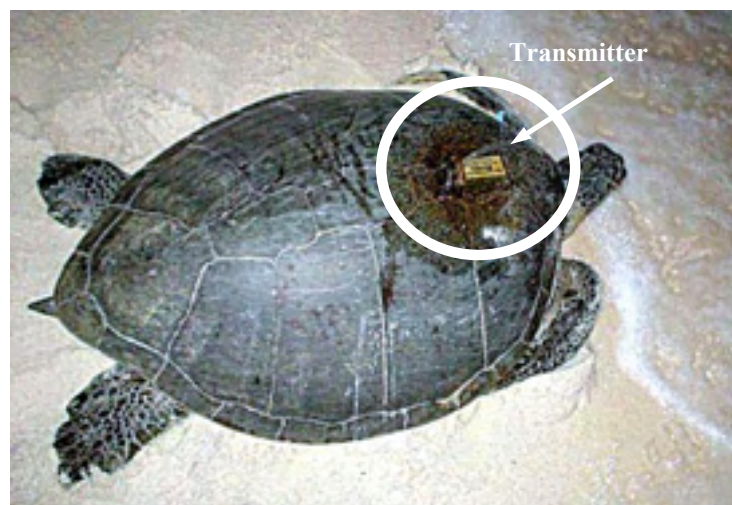
during the 2004 nesting season. Tracking of this Green turtle is made possible by a full sponsorship provided by STINAPA.

Earlier, the female Loggerhead 'Extra' was tracked from her nesting beach at Klein Bonaire to her feeding area off the coast of Honduras, over 1500 km away. Male Hawksbill 'Tom' is currently underway towards the northeastern Caribbean, over 600 km from Klein Bonaire where he was found in July and remained until mid-October.

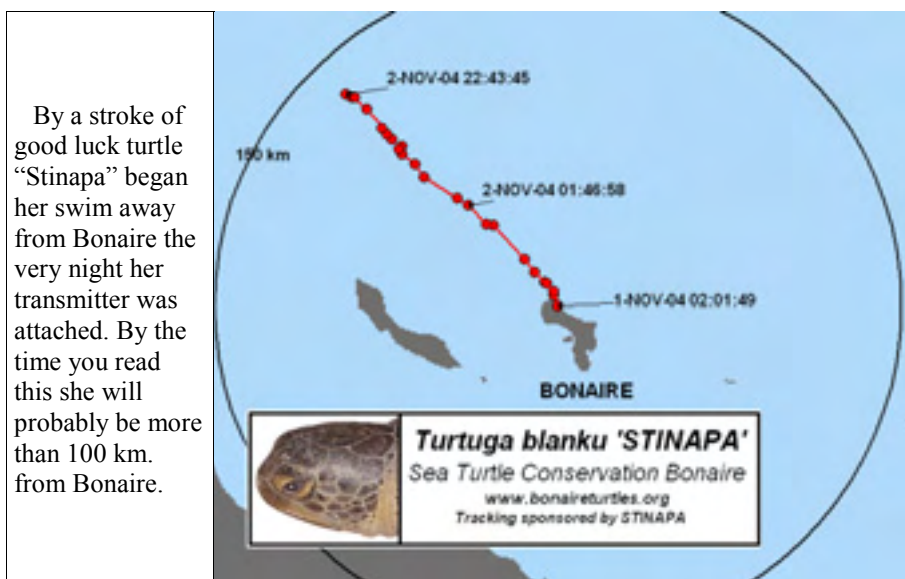
The turtle tracking works through signals sent out by the transmitter, which is switched on whenever the turtle comes to the surface to breathe. These transmissions are then collected by Argos system receivers onboard weather satellites that circle the globe, yielding location data that are e-mailed daily to STCB for each turtle.

As this year's turtle nesting season comes to an end, STCB will try to find at least one more nesting turtle to track. Potential sponsors for next year's turtle tracking effort are invited to contact Robert van Dam (599 717 2225, 790 0433, stcb@bonaireturtles.org) for details.

STCB aims to protect sea turtles through education, research and taking conservation actions. Founded in 1992, the STCB is a Bonaire-based, non-governmental and non-profit organization, part of the Wider Caribbean Sea Turtle Conservation Network. STCB is also an active member of the 2004-2005 island-wide outreach and education campaign, *Protehá nos Turtuganan*, that started officially on November 1st, 2004. More on the campaign next week. □ Robert P. van Dam and Andy Uhr



The turtle returns to the sea.



SWIM AND OCEAN FESTIVAL



The start at last year's 5K Swim

The 4th Annual Deep Blue 5K Swim and Ocean Festival will take place this coming weekend. Three open water-swimming races will be held on Saturday, November 6. This 4th annual open swim will include, like the previous years, a long distance 5K Race, a 1500-meter "Metric Mile" Race and a 200-meter "Kids Fun" Race. New this year is a 10k event starting at Divi Flamingo Beach Resort along the coast to Capt. Don's Habitat. The races are open to men and women of all ages and abilities. Masks and snorkels can be used without penalty and fins can also be used, but then you will be placed in a different prize category.

There will be "elite" swimmers like three-time winner Vincent van Rutten competing at top speeds and also a Bay Watch actress for the 10K. The race is really for FUN and designed for all who wish to swim at their own pace, simply for the joy of swimming in the pristine waters of Bonaire.

The race course will include the waters between Bonaire and Klein Bonaire. The first event will be the Metric Mile beginning at Ebo's reef on Klein Bonaire and ending at Capt. Don's Habitat and also the 10K starting at Divi Flamingo Beach Resort along the coast and finishing at Capt. Don's Habitat. Next will be the 200-meter Kids Fun Race, again starting at Capt. Don's Habitat and following the coast.

Finally, the 5K Swim will start at Capt. Don's Habitat to the Eden Beach area, then across to Ebo's at Klein and on up towards No Name Beach, turn around and then follow the course in reverse back to Capt. Don's Habitat.

The registration fee for all participants is NA/\$35 or US\$20.

This includes the registration fee, a pasta dinner, T-shirt, swim cap and other goodies contained in a goody bag entrants receive. The proceeds, after costs, will go to the BONHATA Hurricane Relief fund to help out the Caribbean Islands that sustained damage during Ivan and all the other hurricanes that passed by this season. For entry forms, drop by the BONHATA office next to the lighthouse at the Harbour Village Marina and talk to Diana Sint Jago. Remember – this need not be a competition! Come join us and have some fun in the 4th annual Bonaire Eco Swim!

The schedule for the event is:

Friday, November 5:

4:00 to 5:30 pm – Official Registration at Capt. Don's Habitat

5:30 to 6:30 pm – Pre-race meeting at the same venue

6:30 to 8:00 pm – A Pasta Dinner, served and sponsored by Rum Runners Restaurant at Capt. Don's Habitat for all participants.

Saturday, November 6:

7:00 to 7:30 am – Check in at Capt. Don's Habitat for One Mile Swim event. Get race numbers

7:30 am – Depart from Capt. Don's Habitat on boat to Ebo's Reef at Klein Bonaire/Depart from Capt. Don's to Divi Flamingo Beach 10K

8:00 am – Start One Mile Swim/Start 10 K swim

8:00 to 8:30 am – Check in at Capt. Don's Habitat for 5K Swim and get race numbers

9:00 am – Start Kids Swim

9:30 am – Start 5K Swim

Sponsors for this even are: the Bonaire Hotel and Tourism Association (BONHATA), Capt. Don's Habitat, Divi Flamingo Beach Resort, Sand Dollar Condominium Resort, Aqua Moon Adventures, Rum Runners, Hertz Rent a Car, the Goddard Catering Group, Maduro & Curiel's Bank, Best Buddies and *Bonaire Affair*.

SPECIAL NOTICE to all pleasure boats, dive boats, fishing boats and others: The dive sites in these areas will be closed from 7 am to 1 pm on Saturday, November 8th. If you are boating through the area, please take extreme care as there will be many swimmers in the water between the hours mentioned above. □ *Diana Sint Jago, BONHATA*

KRALENDIJK TIDES (Heights in feet, FT)						
<i>Remember: Winds and weather can further influence the local tides</i>						
DATE	TIME	HEIGHT				COEF
11-05	3:27	0.8FT.	18:32	1.7FT.		37
11-06	3:36	0.9FT.	19:25	1.6FT.		34
11-07	3:34	1.0FT.	10:32	1.5FT.	15:00 1.4FT.	20:08 1.5FT.
11-08	3:20	1.0FT.	10:22	1.6FT.	16:35 1.3FT.	21:08 1.4FT.
11-09	3:02	1.1FT.	10:33	1.7FT.	17:57 1.2FT.	22:08 1.3FT.
11-10	2:42	1.1FT.	11:00	1.8FT.	19:19 1.0FT.	23:17 1.2FT.
11-11	11:34	1.9FT.	20:32	0.9FT.		82
11-12	12:10	2.0FT.	21:50	0.8FT.		92
11-13	12:58	2.1FT.	22:48	0.7FT.		98
11-14	13:47	2.1FT.	23:37	0.6FT.		101
11-15	0:24	0.6FT.	14:41	2.1FT.		99

VESSELS MAKING A PORT CALL:	
Aleluya	Pastime
Alegeria	Pau Hana
Angie	Precocious Gale, USA
Apogee	Prism
Bingo	Resolve
Bluesipp	Safari
Bright Sea	Sagittarius, Aruba
Camissa, <i>Chan Is.</i>	Sandpiper, USA
Cape Kathryn	Santa Maria, Sweden
Crazy Lady	Sirius
Dolphin Street	Southern Cross
El Sabor	Streetcar
Erie Brie	Sylvia K
Flying Cloud, USA	Sylvester
Indigo	Ta B
Gatsby, USA	Ti Amo, USA
Grey Lady	Tsih
Guaicamar I, <i>Venezuela.</i>	Tween
Honalee, USA	Ulu Ulu, USA
Indigo	Unicorn, Norway
Joy	Varedhuni, Germany
Lady Alice	Ventura II, Costa Rica
Luna C. USA	Vite Vite
Makai	Windborn III
Maggie	Windmiller, Canada
Mektoub	Ya-T, BVI
Natural Selection, USA	Zahi, Malta
Oddeta	
Ottifant	

HAPPY 2ND BIRTHDAY, FACE AND BODY SALON

Nubia Obando's **Face and Body Salon** has just celebrated its second year at the Sand Dollar Mini Mall on Kaya Gob. N. Debrot, just north of the traffic circle. Nubia's work is well known on the island. She worked for five years at the Spa at Harbour Village until it closed.

The Face and Body Salon is quiet and serene and an inviting spot to relax with a special massage by Nubia herself. She's a professional in massage therapy, facials, reflexology, lymph drainage, deep tissue massage as well as nail and foot care and waxing too.

To celebrate the salon's two-year birthday Nubia has something new to offer: a Deep Massage for Divers - an hour-long massage to improve the circulation and ease muscle aches and tension. Her "Special Package for Honeymooners" is a combination of aroma Therapy, Massage and a Hydrating Facial with a Seaweed mask for a special price of \$145. Maybe you don't have to be a honeymooner?

Other packages include an hour of Aroma Therapy with an hour's Hydrating Facial, with a basic manicure for \$142. Or try the package of "After Sun Release Mask (one hour) and a Deep Tissue Massage (one hour). That also includes a mini facial - all this relaxation for just \$126.

Face and Body is open Monday through Saturday, 10 am to 6 pm. Other times are by appointment. Telephone 785-3398 or 717-2622. □L.D.



Nubia's magic hands at work

UNESCO YOUTH CONFERENCE



Jay Havisier, director of BONAI; Minister Maritsa Silberie, president of UNESCO Antias; students Arelys Francees and Christopher Frans; Jeanin-Wong Loi Sing, Bonaire representative for UNESCO.

From October 25 to 28 an international youth conference was hosted by UNESCO on St. Lucia with the theme: Youth and Sustainable Development.

UNESCO sponsored two students from the Netherlands Antilles, which this year were chosen from Bonaire. The two Bonaire students are Arelys Francees and Christopher Frans, who are in HAVO-5 at the SGB, and also are active in the youth organization, BONAI, under the guidance of Dr. Jay Havisier. In the past, Christopher Frans also participated in a UNDP youth workshop.

The St. Lucia conference has three primary topics for discussion:

1. Life and Love in my Country - life ways and culture in my country;
2. My Island Home - saving the environment in my country; and
3. Money in my Pocket - the economy and opportunities for work.

To participate in this conference the students were required to comply with various tasks and preparations. These preparations were to make them able to discuss the Netherlands Antilles with youth representatives from many other participating Caribbean and Latin American countries.

As part of their preparations the students met with government officials and commissioners, tourism officers and other authorities for information about the islands. The students made short presentations about the Netherlands Antilles, set up a small exhibition of posters and information about the Antilles and offered five priorities for youth development in our country.

The Netherlands Antilles National Commission of UNESCO wishes these students every form of success and looks forward to their return, full of ideas to share with other youth of our islands. □ Jay Havisier



ASK THE DIETITIAN PREVENT DIABETES FIGHT OBESITY

A Healthy Lifestyle with Sufficient Exercise Helps Prevent Obesity!

Angélique Salsbach

A healthy lifestyle is a great support to your quality of life. A healthy lifestyle reduces the risk of developing chronic diseases like diabetes. Diabetes is a disorder in the way your body uses blood sugar. Blood sugar is made from foods we have eaten. It travels in the bloodstream, circulating throughout the body. When the cells that make up your body tissues need sugar, they absorb it with the help of a special system: insulin and insulin receptors. Insulin from the bloodstream binds to special sites called receptors on cell walls. This opens channels so sugar can pass into the cells.

Two Kinds of Diabetes - Type 1 and Type 2:

Type 1 diabetes (insulin-dependent diabetes), known as juvenile diabetes, is when the body produces little insulin or none at all. Daily insulin injections must be taken.

Type 2 diabetes (non-insulin dependent diabetes) is when your body doesn't produce enough insulin or has problems using insulin. The body does produce insulin, but because of insulin resistance, its cells may not be able to use it properly. Thus, sugar stays in the blood rather than passing into the cells where it is needed.

Type 2 diabetes develops in adults, most often in people who have family members with diabetes and who are inactive and overweight.

A person suffering from diabetes who does not follow a treatment is at risk for developing complications such as heart disease, high blood cholesterol level and triglycerides, loss of vision, bad circulation, and kidney disease.

Although there is no cure for diabetes, the good news is that you can control it and avoid the complications by **having a healthy lifestyle!**

A Healthy Lifestyle Means:

- **Eat healthily**

The 9 rules for eating healthily are:

1. Have a lot of variety in your diet.
2. Eat foods that are low in fat, especially saturated fat.
3. Have an adequate intake of complex carbohydrates combined with fiber.
4. Eat enough fruits and vegetables.
5. Cut down on salt.
6. Drink a lot of fluids, but limit alcohol.
7. Eat regularly daily: 3 main meals and 3 in-betweens (healthy snacks).
8. Treat food hygienically.
9. Read the labels on food packages.

- **Be physically active**

Exercise on a daily basis or at least 5 times a week for at least ½ -1 hour.

- **Don't smoke**

- **Control alcohol consumption.**

Do not drink alcohol on a daily basis and not more than 2 glasses

- **Manage stress**

A healthy lifestyle is the basis for a healthy weight. Nowadays, being overweight is a worldwide problem and Bonaire is no exception. Investigative report show that **50% of our population over 18 years and 10% of children between 6 to 11 years are overweight.**

Being overweight is one of the most important risk factors for developing diabetes.

One of the biggest causes of obesity is an unbalance between physical activity and calorie intake (nutrition). This unbalance means that the person consumes too many calories (more than the body needs) and at the same time is too inactive and not able to burn all the calories.

So, to control diabetes, have good eating habits and exercise regularly to maintain a healthy weight. □Angélique Salsbach

DIABETES INFORMATION CAMPAIGN November 1 to 14.

Talks, Walks, Exercise Sessions. All Free!

The Department of Healthcare started an information campaign from November 1 to 14. During this campaign there will be an information night held by a general practitioner about how to prevent diabetes and, if having it, how to prevent further complications— **Thursday, November 4 at the Terra Corra community center from 7 to 9 pm.**

(Continued on page 15)

Angélique Salsbach, a dietitian with Bonaire's Department of Health and Hygiene and has a radio program every other Tuesday 9 to 9:30 on Bon FM. Write her at dieti-tan@bonairenews.com □

COVER

CRIOLLO COOKING CONTEST DEFINTELY NOT RAINED OUT



The island was soaked with a torrential downpour last Sunday, but it didn't stop the action at Terasa la Tropicana in Rincon where the Criollo Cooking Contest was happening. It just shows that it takes a lot to keep people away from an event that promises good eats. The cooks from Rincon did their utmost to create attractive, delicious dishes with well known ingredients. Surrounding the table with the entries were booths selling even more Criollo dishes: stews of goat, cucumber, pumpkin and conch, local soups, rice and beans.

First prize winner was Petrica Frans (see cover) who won for her Conch Stew (*Stoba di Karco*). Second prize went to Anchi Coffie. (Anchi sells meals and sweet things every Saturday at the Rincon Marshé.) Melissa Jansen took away the Third prize.

A health care professional who has a number of older patients in Rincon made this observation this past weekend. "I noted that many of my patients were in very good shape for their ages; they weren't fat, not thin; they were just perfect. I asked them to what they attributed their good health. All of them answered the same, 'I cook criollo at home, the way I've been cooking for all my years.' They also added that they didn't eat at snacks." □L.D.

NOW FROM ITALY...

The ABC islands young chefs (four from each island's hotel school) are back from Italy, but while they were there emails came in from Sara Matera, reporting on their activities. The students were in the Emilia Romagna region of Italy for a four-week intensive course in cooking, Italian style, at the prestigious Serramazzone Hotel and Catering School.



Pasta making

As you can see, it's not all drudge work in the kitchen. Sara writes:

"Here's a Typical Day:

Early wake up 7 am with breakfast at 8 am sharp followed by lessons from 9 to 1. Lunch for 2 hours, then lessons from 3 to 7 pm. Dinner 7 to 8, after which they may telephone home, watch movies with other students, read, play in gym sports or just talk and network with other students. At 10:30 sharp, lights and music off in all rooms and sleep time for the next busy day.



Learning how to make pastry from renowned Pastry Chef Giuseppe Gagliardi.

The first weekend was filled with a visit to an old Castle in Dozza where the regional Enoteca is located, with a city tour of Ravenna. Then along the Adriatic Coast, a sleepover and dinner in Rimini. And finally a visit to the largest amusement park in Italy, Marabilandia. Loads of fun with rides and cartoon people.

And here's the most awesome item: A trip to the Ferrari Museum and factory with a guided tour where the students asked questions like 'How much does this car cost?' What! Only Euros160.000 was the least expensive! This is the Formula Car Maker and driver of year!" □ Story and photos by Sara Matera



At the Ferrari Museum

WATAPANA SCHOOL FUN

Did you know that at the Watapana School in Rincon the children are learning to play the *cuarta* under the guidance of one of Bonaire's best known musicians, Gabi Mercera?

Watapana is a school for kids with learning disabilities. They are taught at their own tempo.

This year the Watapana School is celebrating its 30th anniversary. The director of the school is Mrs. Brenda Tjietjie. If you want to know more about this particular school, which has received high praise for its program, take a look on the Rincon website at infobonaire.com/rincon. □ Maria Koecks St. Jago



Maria Koecks St. Jago photo

Gabi Mercera teaches the Cuarta to Watapana students and a

ENRICHING CHILDREN'S EXPERIENCE WITH THEATRE



The JePoBon organization of Bonaire recently produced a theatre performance of *Réke Buriku Réke*, in cooperation with the Speeltheatre Holland. It's been performed on Bonaire, Curaçao, Saba, and is planned for Aruba this month. Every Monday morning in September and October the JePoBon had performances of the show on the ship *Freewinds* for all the elementary students of Bonaire, some 1,800 children.

The children's teachers were first given instruction about theatre and the show by JePoBon director Jacky Bernabela at their schools. Afterwards the children made colorful donkey masks to wear to the performances on the ship. The young children were very enthusiastic about the visit, as many of them have only seen the ship from afar, and to go onboard was an exciting experience. One child remarked to the ship's Captain Ludwig that she not only liked the play but she wanted to live on the ship. For many of the children this was the first time they have ever had the opportunity to see a real theatre performance on a real theatre stage because Bonaire does not have a theatre. The JePoBon hopes that this experience for our children will increase awareness of the importance of theatre for enriching our community. □ Story and Photo by Jacky Bernabela

PICTURE YOURSELF WITH THE REPORTER

Ft. Pierce, Florida

Francy Allee writes, "My friend June Cummings from Ft. Pierce, Florida, finally returned home after a long visit in early September. While she was on Bonaire her home was battered by Hurricane Fran-



June Cummings

Francy Allee



ces. She tried to leave shortly afterwards but was trapped in Bonaire by Hurricane Ivan. When Ivan left Miami she could fly home. She had not quite a week to survey the damage from her balcony when Hurricane Jeanne visited her. And she is still maintaining her sense of humor. I spent five days helping June in Ft. Pierce and returned home very happy to be back. □

WIN GREAT PRIZES! Take a copy of *The Bonaire Reporter* with you on your next trip or when you return to your home. Then take a photo of yourself with the newspaper in hand. **THE BEST PHOTOS OF THE YEAR WILL WIN THE PRIZES.** Mail photos to Bonaire Reporter, Kaya Gob. Debrot 200-6, Bonaire, Netherlands Antilles (AN). E-mail to: picture@bonairereporter.com. (All 2004 photos are eligible.) □

ANNOUNCEMENTS



Celebrating his first birthday: Ian Adam, son of Daisy Coffie and Carlos Araujo. His maternal grandparents are Walter Coffie (Bevolking head) and Linda Coffie ("Tante Linda" radio show for children) □ L.D.

Pluijmen-Patings Wedding

Jos Pluijmen and Astrid Patings were married on October 1, 2004.

Astrid works as a teacher at Kolegio Reina Beatrix. They live on the Kunuku Jos where they have a bar every Sunday - where you can drink, eat, dance and watch a campfire.

They would like to thank everyone who sent them their best wishes! □



Readers are invited to send their photos of their engagement or wedding to The Reporter. The photo will be printed free of charge.

**GOT SOMETHING YOU WANT TO BUY OR SELL?
REACH MORE READERS THAN ANY OTHER WEEKLY
NEWSPAPER BY ADVERTISING IN
THE BONAIRE REPORTER
FREE FREE FREE FREE**

Non-Commercial CLASSIFIED ADS (UP TO 4 LINES/ 20 WORDS)
Commercial ads are only NAf0.70 per word, per week. Free ads run for 2 weeks.
Call or fax *The Bonaire Reporter* at 717-8988 e-mail ads@bonairereporter.com



JanArt Gallery, Kaya Gloria 7, Bonaire Local Art, Art Supplies, Framing, and Art Classes. Open Tu-We-Th & Sat 10 am- 5 pm Friday 1- 7 pm; or phone 717-5246 for appt.



BonaireNet is the leading consumer and business information source on Bonaire. Telephone (599) 717-7160. For on-line yellow pages directory information go to <http://www.yellowpagesbonaire.com>



PSYCHOLOGY PRACTICE BONAIRE. Consultation, Supervision, Hypnotherapy, Psychotherapy **Drs. Johan de Korte, Psychologist, Phone: 717-6919**



CAPT. DON'S ISLAND GROWER Trees and Plants, Bonaire grown. 8000m² of plants and nursery. Specializing in garden/septic pumps and irrigation. Kaminda Lagoen 103, Island Growers NV (Capt. Don and Janet). **Phone: 786-0956 or 787-0956**



LUNCH TO GO- Starting from NAf5 per meal. Call **CHINA NOBO 717-8981**

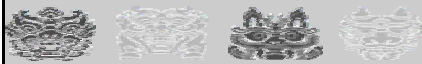
When was the Last time You Got Away?

- 5 Bonus Cruises
- 25 Complimentary Vacations
- 20 Lifetime Membership Discount Cards.

Total Package Only US\$1,295!!!
WWW.TIMEOUT4US.



Psychic Consultant – Witch Doctor 25 years experience. Helps with all problems; Love, Money, Health Evil Spirits and more. Reunites lovers, overcomes witchcraft. **FREE Reading. 001 954 458-4709**



FENG SHUI CONSULTATIONS Interior or exterior design advice, clearings, blessings, energy healing China trained, Experienced. Inexpensive. Call Donna at **785-9013**

PROPERTY FOR RENT

For Rent: Comfortable 2-bedroom beach villa-weekly or monthly-choice location-Privacy & security- July 15 to Jan 15-Brochure available-Phone (Bon) (599) 717 3293-or (US) (570)-586 0098-e/mail larjaytee@aol.com

FOR SALE

Almost new stroller, NAf100 Tel. 717-7977

Sony Viao Laptop Computer. Intel Pentium4 2.66GHz, 512MB DDR Ram,40GB HD, 64MB; Ram ATI Video, CDRW+DVD, 15" XGA LCD Screen, Memory stick drive. NAf2.200 - Negotiable. Tel: 786-2388

HP Notebook model: ze 5400. P4 (2.4Ghz), 40GB, 512mb, Wireless e-card. Almost brand new, carrying case included, US\$1900. Info (599)785-7425 after 3pm.

Refrigerator- 24 cu.ft. GE refrigerator, 220v. Like new. NAf800. Call 791-1111

Call 717-2848 for:

Two end table lamps, mint green with beige shades, in the shape of a cactus. Very good condition. Originally, NAf 480 for the set, now both for NAf 240.

Two chairs, can be used outdoors or inside. Plastic heavy duty "wicker" seat and back with dark green tube frame. Very good condition. Originally NAf 240 for the set, now both for NAf120.

Two storage cabinets, perfect for clothing or as a linen cabinet. Three panel doors, wood construction. Excellent condition. Originally NAf440 each, now each only NAf220.

Two beach chairs in the butterfly style, with brand new, never-been-used black mesh covers. NAf80 each. For more information on any of these items, please **call 717-2848**.



Would you like to buy a baby macaw? (hybrid) Born here on Bonaire. Can leave the nest now. **Information: 717-2006**

PEN PAL WANTED

Reinhold Paul (Postfach 100 119; 52301 Dueren, Germany) a 25 year old male would like to correspond in German or English with men or women on Bonaire. His interests are writing letters to pen friends, music and sports like swimming and basketball.

WANTED

1-2 bedroom furnished house or apartment needed Nov. 25- Feb. 25. Divers with on-island references seek a clean and secure rental. Please email anita@divemad.com

PET of the WEEK

“**W**hat a social and great dog she is,” exclaimed one of the staff of the Bonaire Animal Shelter, speaking of “Karin,” our Pet of the Week. “And she’s so nice to have around!” This darling pup, about eight months old, was found in Belnem recently and she’s made such an impression on the Shelter staff that they insisted she be the featured



“Karin”

dog this week. She’s medium sized, has longish black and brown silky fur and, to make her particularly memorable, she has a bobbed tail that she wags madly when she wants to show she’s happy. Karin has had her shots, she’s been de-wormed and will be sterilized when she’d adopted. The NAf105 adoption fee for dogs includes all that. What a bargain!

You may meet Karin at the Bonaire Animal Shelter on the Lagoen Road, open Monday through Friday, 10 am to 2 pm, Saturdays until 1. Tel. 717-4989.

Want to know what’s new at the Shelter? Log on to the official website: WWW.BonaireAnimalShelter.org. The site is hosted and updated regularly by kind volunteers, Bea and Marvin Jones of Colorado, US. □L.D.

WANTED, cont.

2-3 bedroom **furnished house needed** Jan. 1- June 1. On-island references available. Email tyson-poor@hotmail.com

Wanted: clothes and toys for boy of 3. Tel. 717-7977



SOMEONE TO WATCH OUR KUNUKU

We are looking for someone to watch our kunuku from Dec. 20 to Jan. 5. Celebrate the holidays kunuku style with a beautiful view of the fireworks. Call 786-2569

BOATS & ENGINES for SALE

Narwahl rubber boat (5 meters) with polyester bottom, colors red with black, needs little fixing, 1500 Naf. Tel. 717-7977

Classic Sailor Traditional Bonairean Sailing sloop.

Wood, traditional construction, about 21’ long. Fiberglassed in and out for minimal maintenance. Two time winner of Bonaire Regatta, Class A. A dream to sail. Bargain at NAf9,999. One of the last of its kind. Call **717-8988 or 785-6125**.



DEBUT – THE BOOK AND THE VIDEO

Last week Dos and Bertie Winkel breezed onto the island to debut their newest book in their new “Eye on...” series: *Eye on St. Maarten, Saba and St. Eustatius*. As well, their newest video, filmed by Hendrik Wuyts of ScubaVision, was presented: *Eye on the Caribbean*.

In keeping with their previous coffee table books of our favorite islands (*Watercolours Bonaire, Island Colours Bonaire, Nature Colours Curaçao, The Nature of Saba, Eye on Aruba, Bonaire and Curaçao*) their latest book of photographs is a work of beauty from the very perceptive loving eyes of the photographers who love their subjects and want to share them with the rest of us.

The Lt. Governors of the three islands agree in the forward that the “book is an embracement of the similarities and differences of three sister islands.” (The book) “is an eye for the beauty, charm and richness of our culture, nature and history.”

All three islands, which don’t necessarily have much in common, were conquered by the Dutch in the 17th century. The other Dutch islands changed hands continuously, but these three remained in Dutch hands. However, the majority of the inhabitants came from England, Scotland, Ireland and the US

and not from Holland, so today all three islands are primarily English speaking. The exception is French St. Martin which was settled by the French way back in 1629.

The photographs of each island are truly spectacular, ranging from shots taken from a plane high above to the most detailed close-ups of an insect, a flower, the face of an iguana. Particularly interesting in this book are the thumbnail write-ups of local personalities in the arts, the environment, history buffs, lace makers - the one thread in common being their deep affection for their island.



Hendrik Wuyts smiles as Dos Winkel describes the movie he shot, Eye on the Caribbean.

Jeannette van Ditzhuijzn did a great job of researching the history and culture of each island and her writing is a fine base from which to appreciate the photographs even more. Her conversational tone should appeal to those who normally shy away from history books.

Interestingly, none of the photos were identified as to who the photographer was, but by this time who can’t recognize the people photos done by Bertie or the spectacular underwater views by Dos?

Eye on St. Maarten, Saba, St. Eustatius should be in the libraries of everyone who has a deep affection for these islands. It’s available in English, Dutch, German or French at Photo Tours, for \$55.

The video, “Eye on...the Caribbean,” features Saba and Bonaire, both above and below the water. The concept is that Dos and Bertie, aboard the authentic clipper ship, *Staad Amsterdam*, are searching for the “perfect picture.” The excellent video footage by Hendrik Wuyts is interspersed with stills by the Winkels. The video is available in the very high quality PAL system and can also be played on a computer or laptop. It’s \$32 and is available at ScubaVision in the Photo Tours shop on Kaya Grandi. Telephone 717-2844, cel. 785-9332. □L.D.



Dos and Bertie sign their book for Frits and Jenny, Divi Flamingo Resort Managers.

(Diabetes Campaign. Continued from page 11)

And because fighting obesity is a very important way to prevent diabetes there will be three activities where everyone is invited to do exercises:

- **Sunday, November 7** - A walk starting at 6 am from Wilhelmina Park.

- **Tuesday, November 9** - One hour of nice exercises with music for everybody and especially for those overweight and with diabetes, from 8 until 10 pm at the Sport Hall on Kaya Amsterdam

- **Thursday, November 11** - One hour of exercises (same as November 9) at the Community Center in Rincon.

During those three days of physical activities the blood sugar level and blood pressure level of all the participants will be tested by professionals before and after the exercises. Everything is free.

Please come and join us. Support your own good health. □ A.S.



QUIZ-

WHAT IS BONAIRE'S MOST ANTICIPATED WEEKLY EVENT*?

* If you read English

Choose:

- A. The Bonaire Reporter
- B. The Bonaire Reporter
- C. The Bonaire Reporter
- D. All of the above

Nothing else comes close

7,000 copies every month



Put your advertising budget to work where it will do the most good this tourist and holiday season.

Only *The Reporter* offers:

- A loyal readership on Bonaire, aboard BonairExel and on the Internet
- Large size ads that are easy to spot
- Free shopping and dining guide listings for weekly advertisers
- Distribution to more than 70 locations on Bonaire and aboard BonairExel
- Proven results over a 10+ year history

Call 717-8988 / 791-7252 / 786-6125 to make an appointment
Or e-mail advertise@bonairereporter.com

ANIMAL STERILIZATION PROGRAM FINAL RESULTS



Shelter Manager Jurrie Mellema (center) accepts a donation for the Sterilization Fund from members of Bonaire's Lion's Club.

In the last two weeks, thanks to a multitude of volunteers and sponsors the Bonaire Animal Shelter sterilized 222 dogs, of which 13 were males. As Shelter Manager Jurrie Mellema said, "Now those 222 dogs are done and countless unwanted puppies have been saved from the street. We couldn't have done it without the help of the whole community." He added, "There were 20 volunteers who were motivated and got better and better once they got the hang of it. They helped make it happen."

There were numerous dogs that were ALREADY pregnant, and at least 10 females were discovered to have had uterus problems that would have resulted in an early and painful death.

Especially pleased with the results were Walter Stark and Mary DiSanza who had tried valiantly to organize such a sterilization program 10 years ago. Mary is a devoted volunteer who handles the lost and found dogs.

What's next? Jurrie says there are applications for 70 cats, both male and female, that need to be sterilized. "We even have (operating room) materials left over," he

THANKS! It never could have happened without the help of all these sponsors who offered dive tanks, cars, rooms, meals, etc. etc. Please accept an apology if you were forgotten, it was unintentional, but so many people helped it was just overwhelming. This list is not made in order of importance:

Flamingo Communications	<i>Extra</i>
Mega FM	<i>Amigoe</i>
Timbo Cool NV	<i>Algemeen Dagblad</i>
Warehouse Bonaire	<i>Antilliaans Dagblad</i>
Rento Fun Drive NV	Dopharma
Bonaire Partners	Rotary Club Zevenbergen
Stichting Buitenlandse	Cinnamon Gallery
Asielen	Mamita
Rotary Club Bonaire	Voz di Bonaire
AMFO	Bo TV
Asecom Business Support	Bon FM
NV	Organisatiecomitee Re-
Jacobs Architecten NV	gatta
Duijn Bonaire NV	Cultimara
Divi Flamingo Beach Re-	Progresso
sort	Consales
Jong Bonaire	Tusnara Supermaket,
Dierenartsenpraktijk Niki-	Rincon
boko Zuid	Tung Fong Store
Selibon NV	Lions Club
Hans en Eddy Lambeek	Fesbo
Mary Lovie	Budget Car Rental
Cheryl Yuill	Plaza Bonaire
Charlie Brown	Stinapa
Trisha Durrence	LVV
Tom Nemetz	Multifunction Management
Captain Don's Habitat	□
Support Bonaire	
Dierenkliniek Bonaire	
Roger Blenny Lips	
<i>Bonaire Reporter</i>	

THE PET PROFESSOR ANXIETIES and PHOBIAS

This term refers to a fairly common syndrome in dogs: destructive behavior when left alone. However, this behavior has multiple causes, many of which do not involve any real anxiety.

To be honest, most of the dogs I have met (in my boarding kennel) who were labeled with "separation anxiety" were not actually anxious at all, but were in fact quite confident and outgoing. They did not seem overly attached to the humans who brought them. They were not particularly uneasy in new surroundings or concerned about other unfamiliar dogs or people. If anything, they were generally smarter than the average dog, and therefore easily bored, and understandably resentful at being left alone or cooped up for long periods. In fact, some of my clients confessed to me that their dogs seemed happier at the kennel than they did at home.

Well, at the kennel they got plenty of attention and activity, as opposed to being home alone for eight or more hours with nothing to do. So if your dog is destructive when left alone, and it seems to be a case of boredom and/or resentment, what can you do (short of taking him to doggy daycare or quitting your job)?

The most obvious solution is to get him a friend. If that's not feasible, then give him a good long run before you go, as well as something to do while you're gone. For a challenge, fill a "Kong" (a hollow hard rubber toy with a small opening) with small treats, or peanut butter, or both - a doggy pacifier of sorts.

Leave the radio or TV on. Give him a selection of large flavored nylabones. And confine him to an area where he can't destroy anything, like a kennel run (make sure he can't dig or jump out) or your kitchen (make sure your cabinets are secure). There are also medications such as Chlomicalm (chlomipramine) which can help in more persistent cases or in cases where dogs are truly anxious. If you are gone for short times only, then crate training is the way to go.

In addition to keeping your dog occupied and out of trouble while you're gone, remember to make the most of the time you have with him. This

SEPARATION ANXIETY



means lots of obedience training (make it fun and rewarding for him!), but also exercise, play, and simple quality time. Is he a retriever? Then teach him to fetch various different objects by name. Is he agile and athletic? Then teach him Frisbee or agility. Does he like to swim? Does he like to ride in the car and go new places? Get to know your dog, identify what he needs and what just makes him happy, and then do your best to provide those things for him.

Of course sometimes this is simply not possible. Some dogs need more than we are able to give because their personalities simply don't match our personalities or lifestyles or other limitations. At some point we may be forced to accept that we are not able to provide the best home for our dog. This does not mean taking him to the shelter so that he can take his chances at adoption. In such cases, it is our responsibility and obligation to find our dog a better home.

Next time I will tell you about a dog who needed more than I could give. □
Susan Brown

Susan Brown is a professional dog trainer on the island who has been in the "pet business" for 28 years. "I do anything related to pet care," she says, "training, pet sitting, grooming, even help with the after care of recuperating animals." For all your dog training or pet care needs contact Susan at the Pet Professor, e-mail: bandbfarm@yahoo.com or call 717-2620.



**PRIMARY SCHOOL
"THE PELIKAAN", BONAIRE;
A SCHOOL WHERE LEARNING IS FUN!**

Primary school "The Pelikaan" is a primary school for children aged 4 to 12. The school opened on August 1, 2004 with a heterogeneous group.

**We are urgently looking, preferably as per January 1, 2005 , for
a: Full-time teacher (m/f)**

Applicants are expected to:

- have the required certification
- have teaching experience, preferably with different groups
- have working experience with heterogeneous groups
- have experience with development oriented education
- be able to work with themes by the story-line approach
- be able to set up and execute projects independently
- be able to work independently
- have good communication skills
- be creative
- be willing to participate in after school activities

We offer a captivating job in a positive educational climate in a newly started enthusiastic school on a beautiful tropical island for a reasonable salary.

This advertisement has also been submitted to the Foundation for Dutch Education Abroad in The Hague.

You can send or email your comprehensive application and CV by November 15, 2004 latest to:

Primary School "The Pelikaan"
Kaya Gob. N. Debrot 64
Bonaire, Netherlands Antilles (AN)
Email address: pelikaanbasisschool@yahoo.com

For more information you can contact the principal Mrs. W. Böhm-Sandig, telephone (** - 599 -) 717-3301 (school), 717-7604 / 786 9633.

WHAT'S HAPPENING

WEEKLY MOVIE SHOWTIMES

New! Usually 9:00 pm
CELLULAR
(Kim Basinger)

Early Show (usually 7pm)

EXORCIST
The New Beginning
Kaya Prinses Marie
Behind Exito Bakery
Tel. 717-2400
Tickets - NAf10,50 (incl. Tax)
High Schoolers - NAf7,75

NEW FILMS BEGIN EVERY FRIDAY

SATURDAY 4 PM **Two Brothers**
SUNDAY MATINEE 4 PM
The Manchurian Candidate

THIS WEEK

Thursday, November 4- Diabetes Information Night with a general practitioner on how to prevent diabetes and further complications at the Terra Corra community center from 7 to 9 pm.

Friday, November 5 -Lecture (in Dutch) on "How to Create Inner Peace in a World of Sharks," by Sister Rita from Curaçao sponsored by the University for a Better World, 7 to 8:30 pm. Discussion until 9 pm, **Kaya Hulanda 25**. No cost

Saturday, November 6 - Lecture (in English) on "How to Create Inner Peace in a World of Sharks," by Sister Rita from Curaçao sponsored by the University for a Better World, 7 to 8:30 pm. Discussion until 9 pm, **Kaya Hulanda 25**. No cost

Saturday, November 6 - 4th Annual Deep Blue 5K Swim and Ocean Festival (see page 9)

Saturday and Sunday, November 6-7. Bicycle tours and races organized by the Bellissima Bike Club from Curaçao. Signup forms are available at BonFysio. See Flotsam and Jetsam, last item, for more details or call Simone Sweers at 717-6513 or 786-1271 for more information. All Bonaire bicycle enthusiasts are welcome to take part.

Monday, November 8 - Michael Bijkerk, political activist and lawyer, will explore **practical solutions to community concerns about crime and accountability**. Bring your questions and ideas. Explore how you can help the Government do its job of ensuring the safety of its residents and visitors. ALL INVITED 7 pm at the International Bible Church on Kaya Amsterdam

Sunday, November 7 - Anti Diabetes Fitness walk starting at 6 am at Wilhelmina Park.

Tuesday, November 9 - One hour of nice exercises with music for everybody and especially for those overweight and with diabetes, from 8-10

pm at the Sport Hall on Kaya Amsterdam

Thursday, November 11 - One hour of nice exercises with music for everybody and especially for those overweight and with diabetes, from 8-10 pm at the community center in Rincon.

COMING

Saturday, November 20 - Day of the Child - Children's Candlelight parade sponsored by Sebiki. More info later

EVERY WEEK

Sunday -Live music 6 to 9 pm while enjoying a great dinner in colorful tropical ambiance at the **Chibi Chibi Restaurant & Bar**. Open daily 5 to 10 pm. Live **Fla-Bingo** with great prizes, starts 7 pm, Divi Flamingo

Monday -Soldachi Tour of Rincon, the heart of Bonaire, 9 am-noon. \$20-Call Maria 717-6435

Tuesday-BonaireTalker Dinner/Gathering -call Jake at 717-6773 or e-mail jake@bonairetalk.com for more info.

Tuesday -Harbour Village Tennis, Social Round Robin 7 to 10 pm. \$10 per person. Cash bar. All invited. Call Elisabeth Vos at 565-5225 /717-7500, ext. 14.

Wednesday -Meditation at Donkey Beach from 7:30 to 8:30 pm. Open to all. Call S.H.Y. 790-9450

Wednesday -Sand Dollar Manager's Cocktail Party, Mangos Bar and Restaurant

Friday -Manager's Rum Punch Party, Buddy Dive Resort, 5:30-6:30 pm

Friday- Open House with Happy Hour at the JanArt Gallery at Kaya Gloria #7, from 5-7 pm.

Saturdays Rincon Marshé opens at 6 am - 2 pm. Enjoy a Bonairean breakfast while you shop: fresh fruits and vegetables, gifts, local sweets and snacks, arts and handicrafts, candles, incense, drinks and music.

Every day by appointment -Rooi Lamoenchi Kunuku Park Tours Authentic Bonairean kunuku. \$12 (NAf12 for Bonaire residents). Tel 717-8489, 540-9800.

Daily- The Divi Flamingo Casino is open daily for hot slot machines, roulette and black jack, Monday to Saturday 8 pm- 4 am and Sunday 7 pm- 3 am.

FREE SLIDE/VIDEO SHOWS

Starting Sunday, November 14 - Multi Image Production BONAIRE HOLIDAY by Albert Bianculli, Aquarius Conference Room, Capt. Don's Habitat, 8:30 pm. Free 717-8290

Sunday- Discover Our Diversity Slide Show, Buddy Dive at the pool bar, 7 pm 717-5080

Wednesdays (2nd and 4th) Turtle Conservation Slide Show by Andy Uhr. Carib Inn seaside veranda, 7 pm

Friday- Week in Review Video Pres-

entation by the Toucan Dive Shop at the Plaza's Topsy Seagull, 5 pm. 717-2500.

VOLUNTEER OPPORTUNITIES

Bonaire Arts and Crafts (Fundashon Arte Industrial Bonierano) 717-5246 or 717-7117

The Bonaire Swim Club- Contact Valarie Stimpson at 785-3451 or Valarie@telbonet.an

Cinnamon Art Gallery - Volunteers to help staff gallery during the day. Contact Wendy Horn, at 717-3902 or 785-9700.

Bonaire National Marine Park - 717-8444.

Bonaire Animal Shelter -717-4989.

Donkey Sanctuary - 560-7607.

Jong Bonaire (Youth Center) - 717-4303.

Sister Maria Hoppner Home (Child Care) Tel. 717-4181 fax 717-2844.

Special Olympics - Contact Delno Tromp, 717-7659

CLUBS and MEETINGS

AA meetings - every Wednesday; Phone 717-6105; 560-7267 or 717-3902.

Al-Anon meetings - every Monday evening at 7 pm. Call 790-7272

Bridge Club - Wednesdays, 7:30 pm at the Union Building on Kaya Korona, across from the RBTT Bank and next to Kooyman's. All levels invited. NA/5 entry fee. Call Cathy 566-4056.

Darts Club plays every other Sunday at City Café. Registration at 4, games at 5. Tel. 717-2950, 560-7539.

Kiwanis Club meets at APNA Plaza, Kaya International, every other Tuesday, 7 pm. Tel. 717-5595, sec. Jeannette Rodriguez.

Lions Club meets every 2nd and 4th Thursday of the month at 8 pm at Kaya Sabana #1. All Lions are welcome.

Rotary lunch meetings Wednesday, 12 noon-2 pm - Rendez-Vous Restaurant, Kaya L.D. Gerharts #3. All Rotarians are welcome. Tel. 717-8454

BONAIRE'S TRADITIONS

Mangazina di Rei, Rincon. Enjoy the view from "The King's Storehouse" while learning about Bonaire's history and culture and visit typical homes from the 17th century. Daily. Call 717-4060 or 790-2018

Go to the source. Visit the **Bonaire Museum** on Kaya J. v.d. Ree, behind the Catholic Church in town. Open weekdays from 8 am-noon, 1:30-5 pm. Tel. 717-8868

Washington-Slagbaai National Park, Museum and Visitors' Center. Open daily 8 am-5 pm. Closed on some holidays. 717-8444/785-0017

Sunday at Cai- Live music and dancing starts about 12 noon at Lac Cai. Dance to the music of Bonaire's popular musicians.

Rincon Marshé- every Saturday - 6 am to 3 pm. Open market in Bonaire's historic town. **Soldachi Tours show you the Rincon area . Alta Mira Nature Walking Tour at 6:30 am. Town Walking tour at 9:30, Bus Tour at 10**. Call Maria at 717-6435 to reserve.

CHURCH SERVICES

International Bible Church of Bonaire - Kaya Amsterdam 3 (near the traffic circle) **Sunday Services at 9 am; Sunday Prayer Meeting at 7:00 pm** in English. Tel. 717-8332

Protestant Congregation of Bonaire. Wilhelminaplein. Services in Papiamentu, Dutch and English on **Sundays at 10 am. Thursday Prayer Meeting and Bible Study at 8 pm**. Rev. Jonkman. 717-2006

The Church of Jesus Christ of Latter Day Saints, Kaya Sabana #26 Sundays 8:30 - 11:30 am. Services in Papiamentu, Spanish and English.

Catholic San Bernardus in Kralendijk - Services on **Sunday at 8 am and 7 pm** in Papiamentu 717-8304 .

Saturday at 6 pm at *Our Lady of Coromoto* in Antriol, in English. Mass in Papiamentu on Sunday at 9 am and 6 pm. 717-4211.

Assembly of God (Asemblea di Dios), Kaya Triton (Den Cheffi). Services in English, Dutch & Papiamentu on **Sunday at 10 am. Wednesday Prayer Meeting at 7:30 pm**. 717-2194 **New Apostolic Church**, Meets at Kaminda Santa Barbara #1, Sundays, 9:30 am. Services in Dutch. 717-7116.

* * * *

Send events to **The Bonaire Reporter**
Email reporter@bonairenews.com
Tel/Fax. 717-8988, Cel. 791-7252

DINING GUIDE

See advertisements in this issue

RESTAURANT	PRICE RANGE / WHEN OPEN	FEATURES
Bella Vista Restaurant Sea Side Restaurant at Buddy Dive Resort 717-5080, ext. 535	Moderate. Breakfast, Lunch, Dinner Open every day	Magnificent Theme Nights: Sunday: Beach Grill; Wednesday: Mexican Night; Friday: Manager's Rum Punch Party and All-You-Can-Eat B.B.Q
Bistro de Paris Kaya Gob. N. Debrot 46 (half-way between hotel row and town) 717-7070	Moderate Lunch and Dinner Closed Sunday	Real French Cooking in an informal setting Superb dishes prepared with care and love French chef Owner-operated Eat in or Take away
Calabas Restaurant & Chibi Chibi Restaurant and Bar At the Divi Flamingo Beach Resort. Waterfront 717-8285	Moderate-Expensive Breakfast, Lunch and Dinner Open 7 days	Get a view of the beach and turquoise setting when enjoying a breakfast buffet or a la carte lunch and dinner at the 'Chibi Chibi' restaurant & bar. Inspiring vistas and a highest standard of cuisine.
Croccantino Italian Restaurant Downtown at Kaya Grandi 48 717-5025	Moderate-Expensive Dinner Closed Monday	Tuscany chef prepares exquisite dishes. Authentic ingredients and romantic setting make dining a delight. Be served in a garden setting under floating umbrellas or in air-conditioned comfort. Take out too.
Garden Café Kaya Grandi 59 717-3410	Moderate Monday-Friday, Lunch & Dinner Saturday, Dinner. Closed Sunday	Finely prepared Middle Eastern cuisine plus Venezuelan specialties. Excellent vegetarian selections. Pizza and Latin Parilla
The Last Bite Bakery Home Delivery or Take Out 717-3293	Low-Moderate Orders taken 8 am-4 pm; Deliveries 6-7:30pm, Closed Sunday	Enjoy a delicious dessert or savory baked meal in the comfort of your home or resort. This unique bakery offers gourmet class items - always from scratch- for take out or delivery only.
The Lost Penguin Across from MCB Bank in downtown Kralendijk Call 717-8003.	Low-Moderate Breakfast, Lunch, Early Dinner Closed Tuesdays & Wednesdays	Watch the bustle of downtown from this street side Caribbean-style bistro owned and run by a European educated Master Chef and his wife.
Nonchi's at Cultimara 791-4280	Low Open 5 am-8 pm Monday-Saturday	Delicious local and international food to take out or eat there. Everyday a different combo. Sandwiches and roast chicken too. Lunch from NA/7-
Pasa Bon Pizza On Kaya Gob. Debrot ½ mile north of town center. 790-1111	Low-Moderate Open from 5-11 pm Wednesday-Sunday	Bonaire's best. The Real Thing! Freshly prepared pizzas made with the finest ingredients. Salads, desserts. Eat in or take away. Nice bar too. Call ahead to eat-in or take out 790-1111



SHOPPING GUIDE

See advertisements in this issue



AIRLINES

BonairExel. Bonaire's own ON TIME airline flying between Bonaire, Curaçao and Aruba. Look for *The Bonaire Reporter* on board.

APPLIANCES/FURNITURE/COMPUTERS

City Shop is Bonaire's mega-store for TV, Stereos, Air conditioning, large and small kitchen appliances, computers. Name brands, guarantees and service center.

BANKS

Maduro and Curiel's Bank provides the greatest number of services, branches and ATMs of any Bonaire bank. They also offer investments and insurance.

BEAUTY PARLOR

Hair Affair. Expert hair cutting, styling, facials, waxing and professional nail care.

BICYCLE / SCOOTER/ QUADS

De Freewieler rents scooters and quads; professionally repairs almost anything on two wheels. Sells top brand bikes. Have your keys made here.

BOOKS

Watercolours Bonaire and **Eye on Aruba, Bonaire, Curaçao** are the most original ways to remember Bonaire and the islands at their best. At Photo Tours and many other island shops.

Bonaire Diving Made Easy, Third Edition, is an essential in your dive bag. The latest information on Bonaire's shore dive sites.

BUILDING AND CONSTRUCTION

APA Construction are professional General Contractors. They also specialize in creating patios and walkways with fabulous sprayed and stamped concrete pavement.

CLEANING SERVICE

Conetal Cleaning Service cleans homes, apartments, offices. Offers babysitting, gardening, laundry.

DIVING

Carib Inn is the popular 10-room inn with top-notch dive shop and well stocked retail store. Best book trade on Bonaire. Good prices on regulator repair, dive computer H.Q.

Dive Inn Seven studio apartments and dive shop/school directly on the waterfront in the heart of town. Friendly, highly experienced with an exceptional staff.

FITNESS

Bonfysio offers comprehensive fitness programs to

suit your needs whether they be weight loss, sports or just keeping in shape. Convenient schedule.

Fit 4 Life at the Plaza Resort Mall. Classes in Pilates, Aerobics, TaeBo and more. Professional trainers, fitness machines and classes for all levels.

GARDEN SUPPLIES AND SERVICES

Green Label has everything you need to start or maintain your garden. They can design, install and maintain it and offer plants, irrigation supplies and garden chemicals.

GIFTS AND SOUVENIRS

The Bonaire Gift Shop has an wide selection of gifts, souvenirs, liquor, dive watches, digital cameras, things for the home, T-shirts all at low prices.

HOTELS

Caribbean Club Bonaire is in a tranquil setting at Hilltop, adjacent to Oil Slick Leap dive site. Cool breezes, fresh water pool, cozy bar and restaurant.

Golden Reef Inn is the affordable alternative with fully equipped studio apartments in a quiet Bonaire neighborhood. Just a 3-minute walk to diving and the sea.

METALWORK AND MACHINE SHOP

b c b- Botterop Construction Bonaire N.V., offers outstanding fabrication of all metal products, including stainless. Complete machine shop too.

PHOTO FINISHING

Paradise Photo in the Galleries Shopping Center offers fast, fine processing for prints and slides plus a variety of items and services for your picture-taking pleasure.

REAL ESTATE / RENTAL AGENTS

Harbourtown Real Estate is Bonaire's oldest real estate agent. They specialize in professional customer services and top notch properties.

Re/Max Paradise Homes: International/US connections. 5% of profits donated to local community.

Sunbelt Realty offers full real estate, rental, and insurance services. If you want a home or to invest in Bonaire, stop in and see them.

REPAIRS

Bon Handyman is here if you need something fixed or built. Ultra reliable, honest and experienced. Electrical, plumbing, woodworking, etc.

RESORTS & ACTIVITIES

Buddy Dive Resort offers diving, Adventure Fun tours including kayaking, mountain biking, cave snorkeling and exploration.

keling and exploration.

SAILING

Woodwind has it all: Smooth trimaran sailing, to Klein Bonaire, affordable prices, snorkeling with equipment, guide, drinks, snacks. Call 560-7055

SECURITY

Special Security Services will provide that extra measure of protection when you need it. Always reliable. Call 717-8125.

SHIPPING

Rocargo Freight Air and sea shipments in/out of Bonaire. Customs agents. Professional and efficient. **FedEx agent.** Call 717-8922/8033.

SPA—DAY SPA

Face and Body Day Spa offers the ultimate in advanced beauty treatments, facials and massage. Call 717-2622

SUPERMARKETS

Tropical Flamingo is convenient, clean, modern, efficient and has the lowest prices on Bonaire. Located behind NAPA.

Visit **Warehouse Bonaire** to shop in a large, spotless supermarket. You'll find American and European brand products. THE market for provisioning.

WATER TAXI

Get to Klein Bonaire by Ferry. Call Bonaire Nautico at 560-7254. Ride the *Kantika di Amor* or *Skiffy*. Hotel pickup too.

WINES

Antillean Wine Company. You've tried the rest; now try the best: best prices, highest quality wines from around the world, kept in a cooled warehouse. Free delivery.

YOGA

Yoga For You. Join certified instructors Desiree and Don at Jong Bonaire for a workout that will refresh mind and body. Private lessons too.

ATTENTION BUSINESSMEN:
Put your ad in *The Bonaire Reporter*.
The most advertising for your guild.
Phone/Fax 717-8988, Cel 791-7252

Mary Timmermans

I came for the first time in October '97. A local Bonaire therapy practice had offered me a job for three months and as there was very little work for physiotherapists in Holland at the time I thought, 'Why not!' I didn't have a boyfriend or a steady job and no house of my own so the offer to work three months in the tropics was very appealing.

I'd finished my studies in '94. Since then I'd only been filling in for others so I felt it would be much nicer to treat and attend to a client from the beginning until he was cured so I could see the results of my work. I'd never been here, and before I came I thought, 'The tropics! Palm trees! Lots of green!' I arrived in October and it hadn't been raining for ages so when I saw the island I thought, 'I've ended up in the Wild, Wild West!' It looked like all cactus and prairies and I was expecting to see tumbleweeds rolling by at any moment! I'd been told, 'Either you fall in love with the island or you don't like it at all,' and I thought, 'I'll give it a rest and I will find out later.'

Then I met my future boyfriend. He was one of my patients and I was attracted to him instantly. He was really very nice and spontaneous but... he was a patient, and to me it wasn't ethical to start something with a patient. When he'd finished his treatment we both thought, 'now what?' He invited me for a dive and promised me what he promises all the tourists - frogfishes and seahorses - and I thought, 'Of course! That will be fun!' After that he took me out for lunch several times and one thing led to another and then we were so very much in love that I didn't want to go back to Holland anymore! But nevertheless I went to arrange my things and then I came back for a three-month holiday. I did my dive courses including dive master. And by that time I realized that not only did I love Bonaire but that I'd found my future partner here too. I always tell everybody, 'That patient was so cute that I thought I'd keep him!'

Mary Timmermans is a calm person with a subtle sense of humor. She's confident, bright, spiritual and wise. A natural red-head, slender and fair-skinned. She grins:

"Well, of course I had to go back to Holland although I didn't feel like it at all. At the time it wasn't so easy to get a work permit, but before I left I went to apply for a job in several practices, but they didn't need anybody. So I left with the intention of working hard, saving some money and coming back. However, a couple of weeks later I got a call

from Benschop Physiotherapy in Rincon asking if I wanted to work for them. And that was the answer! It was one of those things that made me realize that you're always sent in a certain direction and everything will fall in its place as long as you want to see it. Since I've lived here I've become more spiritual. That's something that the island and its local people, especially in Rincon, teach you. I remember one night during the first weeks I was here I was sitting on the back porch of my apartment in complete silence, with only the light of the moon and the sound of the wind, and I felt an utter peace descending into me, as if the island had put its serenity inside me.

I was born on a farm in the south of Holland in the middle of the woods and it was quiet too, but different. In Europe you always feel you're surrounded by people. Here we're bathed by the sea, and as the people from Rincon say, the sea takes away all the negativity from you. And to me there is more. This island really has very good energy.

Well, my boyfriend and I went to live together, first in Hato, then in Antriol, where we still are. I am happy. He's a very good man, but" *she laughs*: "he doesn't like publicity and as a matter of fact, neither do I, but as I got to know you a little bit better, I thought, 'Well... okay.'

"Here we're bathed by the sea, and as the people from Rincon say, the sea takes away all the negativity from you. And to me there is even more."

The nice thing about my job is that I am working independently. I can make my own decisions just as if I had my own practice and that's something that suits me. The thing I had to get used to is the difference in culture. In Holland the patient himself takes the initiative and uses your advice and the doctors' to work on his health. Here they put the responsibility in your hands; you are the one who's supposed to make them better. And I had to learn how to find out what was wrong with my patients as they were telling me very little about their complaints.

I learned Papiamentu from my clients. The whole island has been my teacher, and as most Antilleans also speak Dutch, they have been a great help. In

2001 I was asked by Director Lupe Uranie to work for the Pasadia FKPD (handicapped center). I had had one of the visitors of Pasadia as a client in the practice. After that I started going more often to the FKPD until I started working for them one day per week. That's also one of the things I think was meant to be. In Holland I had the opportunity to work with the mentally disabled, but it scared me, and I thought, 'No, that's not for me.' Now, the way I see it, it was like I was pushed in a certain direction, slowly but gradually, and now I feel I wouldn't want to miss my work with the FKPD for anything in the world! Once you've worked with the mentally disabled you realize how beautiful they are. Those people are so pure. They are who they are and they never pretend. For me it's a very nice change from my regular job. I work mostly in the children's day care and the day care for the elderly.

It's the holistic aspect of a person. You're not only busy with the physical part, because with people who are mentally disabled it is also very important to pay attention to the emotional and social aspects as well as the mental part. And there are many things I didn't learn at school, but I'm learning them there, not only from the visitors themselves but also from my colleagues and the whole team, from everyone who's involved.

After high school I studied to become a medical biochemist analyst, and I worked for two years at the Amsterdam Medical Center lab doing cancer research. After two years I'd had it completely!

I went to the International Academy for Physiotherapy in Utrecht where I studied acupuncture. After the first year I took up eight more subjects so I could do physiotherapy at the same time. Because I am an acupuncturist I am more open to all the different aspects a human being consists of. In the Chinese healing art of acupuncture one is taught: 'You are what you inherited from your parents; you are what you



Mary Timmermans

eat; you are what you think; and you are what you feel." That's my background so I often see connections that people with a regular Western medical training fail to see. One of my dreams is to open my own physiotherapy practice and on the side my own acupuncturist practice, so that one pays for the other. That combination is my goal.

For me and my boyfriend I personally have another dream: I would love to have a large area of land with a well with good water so that I can have a botanical garden with local medicinal herbs - a place where we can live without neighbors, no sound - peace and tranquility. I'm spoiled; I come from a farm. I don't think I'll ever go back to Holland, I really don't think so. The only difficult thing about it is that my whole family lives there and I do miss them, but when I'm in Holland for a vacation I just feel I can't live there anymore... I am addicted to Bonaire." □

Greta Kooistra



Greta Kooistra

SURINAM JAZZ FESTIVAL

PERFECT FUSION OF JAZZ AND LOCAL MUSIC



Jan van Charante photo

Jazz on the stage in Surinam

Bonaire jazz musicians Lando Tjin-A-Sjoe and Guus Gerritsen traveled to Surinam last month to take part in the Third Surinam Jazz Festival. It was a tremendous success. Jazz mixed with local music (*Kawina* rhythms) all over the place in Paramaribo, from October 22 to 24.

With the theme "Home Is Where the Heart Is," excellent Surinamese musicians from Holland, the Caribbean and elsewhere came to Paramaribo to create a musical party in their home country with local musicians of great quality. And during the festival, cafés and restaurants with local combos were all jamming till early in the morning, inviting every amateur musician to participate (which we did).

Paramaribo, already a place to celebrate something fun every day, became a swinging hot place. What an experience!

The highlights of the festival which centered around top class Surinamers from Holland were:

- Pablo Nahar (bass) with a trio in an emotional musical dialog with a group of six local percussionists.
- Denise Jannah, the diva of the festival, bringing the audience nearly to tears with standards and a children's song (converted into a jazzy tune) she learned in school in Surinam.

• The Collective Groove: four Surinamers from Holland presenting an experimental program of fusions of Jazz, African rhythms and *Kawina*. And on top of all this there was a big band of 18 people from ages 18 to 80 playing old standards and Latin pieces with great discipline and much emotion.

Surinam can be proud to have so many excellent musicians. The organization was satisfied with so many people visiting the concerts and the jam sessions in town.

What can be learned from the formula of the festival in Suriname is that you do not need top shots in the musical landscape to create a high level jazz happening. What you need is musical quality but foremost a heart to do it. The Surinam musicians who left their country came back to prove that.

TV 11's Jacques Suriel from Curaçao was at the festival to record the highlights. They aired on Tuesday November 2 (from 9 to 10 pm) and will continue with two more installments on November 9 and 16.

If you were not in Paramaribo or if you want to go next year: convince yourself and have fun with great jazz in a swinging peaceful city. □ *Guus Gerritsen*



Jan van Charante photo

Diva Denise Jannah

CHILDREN'S CLIMBING FRAME SPRINGS TO LIFE!



Designers and builders of the climbing frame: SGB students Bendrick Saragoza, Julius Martines, Christopher Bernabela

The model for the children's climbing frame that was designed by three SGB students in 2003 (*The Reporter*, June 6-12, 2003) will soon be built in its full size. The project is a culmination of a lot of people's dedication and efforts. Work will begin soon at the "people's park" just to the south of the Artebon building on the waterside promenade. The property was given to the people of the neighborhood of Playa Pabou by the government after adults and children from the area staged a peaceful demonstration asking for the land to be awarded to them so that they could build a park for the children. Students from the 3rd class, ages 15 to 16, will be assisting on the project.

Art teacher Wilna Groenenboom reports that there will be a meeting this week in the vicinity of the Regatta House so that all suggestions for the park can be heard from the community.

In addition to the climbing frame another project will be a concrete wall to protect the children from the street. Wilna said that a competition will be held for the students at the SGB for designs which will have the undersea world as its theme. The design should be executed as a mosaic with colorful tiles, she said, but unfortunately there are no colorful tiles on the island right now. If anyone knows of any sources or can help in any way, call the SGB at 717-8120. Or call Wilna Groenenboom at the school or at 717-6832.

On November 20, to celebrate the Day of the Child, Sebiki will sponsor their annual children's candlelight parade to commemorate the opening (but not the completion) of the park. The parade will end at the new park. More information later. □ *L.D.*

Needed: Colorful Tiles

**If you can help, call:
717-8120 or 717-6832.**





BONAIRE SKY PARK*

*to find it, just look up

The Moon Visits Three Planets and a Lovely Star in Predawn Skies

Yes, indeed, this week the two brightest planets have a super close meeting in the Bonaire Sky Park. And next week the Moon will visit them and the returning, not-so-bright Mars and the lovely giant star Spica.

This Thursday and Friday November 4th and 5th, one hour before sunrise, face east, where the two brightest planets, 8,000-mile-wide Venus and 88,000-mile-wide Jupiter will be side by side in a super close meeting which we will not see again until the year 2008. At any rate, if you miss them on the 4th and 5th you'll be able to watch them slowly pull apart from each other day by day. And next Tuesday November 9th see them joined by an exquisite 26-day-old crescent Moon complete with Earthshine which will look like a black full Moon nestled within the bright crescent.

But if you miss it on the 9th you'll see an even skinnier crescent Moon complete with Earthshine the following day, Wednesday the 10th, when the Moon will have jumped from above Jupiter and Venus to just below it and almost half way between Venus and the brightest star of the constellation, **Virgo, the Virgin**. You will also see something very dim just below and off to its left, a faint pale reddish-orange object almost on a line with the Moon, Venus and Jupiter - our old friend, 4,000-mile-wide Mars which had its brightest appearance in 60,000 years in August 2003 but which is now 70 times dimmer. But it's still making news because two rovers from Earth are still sending signals back home.

And if you really want to test your eyesight then go out the following day on Thursday the 11th. Extremely close to the horizon you'll see an very slender sliver of a 28-day-old crescent Moon about as slender a sliver as you'll ever see, if you can see it.

Once again, Tuesday the 9th, Wednesday the 10th and Thursday the 11th. But once again remember that even though these cosmic objects will look relatively close to each other nothing could be farther from the truth.

In fact if we use the speed of light, which travels 186,000 miles per second, as a measuring stick, next week, light from the Moon will reach us in about 1¼ seconds while the light from Venus will reach us in 10 minutes, from almost twice as far away. Light from Mars will take 20 minutes to reach us, while Jupiter, over two and a half times as far away as Mars, will need 50 minutes for its light to reach us. But Spica is way out there. In fact while light from Mars, Venus, Jupiter and the Moon all take less than one hour to reach us, it takes 275 years for light to travel from Virgo's brightest star, which means that when you look at Spica next week, you'll be seeing the light that left it 275 years ago, in the year 1729! Something to think about as you keep looking up! □ *Jack Horkhimer*



The Moon and planets at dawn

Moon Info ☾ Last Quarter November 5th ● New Moon November 12th

☽ First Quarter November 19th ☽ Full Moon November 26th



THE STARS HAVE IT

For the week: November 5 to 12, 2004

By Astrologer Michael Thiessen

ARIES (Mar. 21- April 20) Take some time out. Problems with your partner are apparent. You must deal with an emotional problem with your loved one that you have been avoiding for some time now. Don't upset elders in your family who don't understand your present situation. Your lucky day this week will be Sunday.

TAURUS (Apr. 21- May 21)

Consider making pleasure trips or participating in entertainment that will require energy. Someone you care about may not be too well. Your trendy style and unique way of doing things will entice new acquaintances. Your determination and stamina will make your work look flaw less and effortless. Your lucky day this week will be Sunday.

GEMINI (May 22-June 21) Opportunities to get involved in investment groups will pay off. Don't push your luck with your boss. Residential moves should be considered carefully. Don't bang your head against a wall. Your lucky day this week will be Monday.

CANCER (June 22-July 22) Invest wisely. Your personal life could have you tied up in knots. Get involved in creative projects that could turn into moneymaking ventures. Get ready to discover love, passion and the desire to enjoy all that life has to offer. Your added discipline will help you complete the impossible at work. Your lucky day this week will be Thursday.

LEO (July 23-Aug 22) You can make changes to your living quarters that should please family members. Try to get everyone involved; it will help bring you closer together. You need to clear up some important personal documents before the end of the year. Your lucky day this week will be Friday.

VIRGO (Aug. 23 -Sept. 23) Travel will turn out to be far more exciting than you imagined. You will be up and down emotionally. Creative endeavors will give you somewhat of an outlet. Relatives will be happy that you dropped by. Your lucky day this week will be Thursday.

LIBRA (Sept. 24 -Oct. 23) Think about your priorities. Instant romance could be yours if you go out with friends. You are best to avoid such unsavory circumstances, especially if you're in a group situation. You may want to have a heart-to-heart talk with a close and trusted friend. Your lucky day this week will be Wednesday.

SCORPIO (Oct. 24 - Nov. 22) Your positive attitude and intellectual outlook will draw others to you. Your temper may get the better of you if a colleague has tried to ruin your reputation. Short trips may be tiring but rewarding. You should be promoting your ideas. Your lucky day this week will be Tuesday.

SAGITTARIUS (Nov. 23 -Dec. 21) Try not to say the wrong thing at the wrong time. Overindulgence may cause conflicts. Ideas may sound good, but be careful if people are just looking for handouts. Get out and experience the spice of life. Your lucky day this week will be Tuesday.

CAPRICORN (Dec 22.- Jan. 20) Your creative ability will surface, giving you good ideas for ways of making money. Someone may be trying to take advantage of you. Be wary of those who have overly strong convictions. Opportunities to get involved in investment groups will pay off. Your lucky day this week will be Friday.

AQUARIUS (Jan. 21 -Feb. 19) Don't avoid situations that may deteriorate; try to mend them. Check your personal papers and make sure everything is in order. Ease the anguish by offering assistance. Get busy trying to make more money. Your lucky day this week will be Monday.

PISCES (Feb. 20-Mar. 20) Groups you belong to will not only enjoy your company, but they will also share your interests. Don't be too eager to start any debates. Your interest in religion and philosophy may lead you to specific destinations. Visit friends or relatives you don't get to see very often. Your lucky day this week will be Monday. □