

**IT'S
STILL
FREE**

The **BONAIRE** REPORTER

SINCE 1994



DIA DI ARTE
Bonaire's Talent Show

FLOTSAM AND JETSAM

Last week, with **four of its seven planes still grounded**, DCA borrowed an MD-82 from SLM, Suriname Airlines. This helped the transportation crunch, but the Curaçao-based airline still operated on a greatly abbreviated schedule. The SLM plane was used on the Aruba, St. Maarten and Port of Spain routes. A DC-9 continued to service Bonaire. Repairs on two grounded MD-80s are expected soon.

There is lots of debate in the Curaçao island council on whether to continue to subsidize the financially troubled airline which is failing in the footsteps of its ALM predecessors.

Meanwhile, BonairExel continued flying only one of its two planes and American Eagle cancelled several flights, stranding more passengers for 24 hours. American Eagle flies from Bonaire to San Juan on Monday, Tuesday, Saturday and Sunday according to their latest Internet schedule.

► **The government of Bonaire is going ahead with the sewage treatment plant.** Commissioner Jonchie Dortalina explained that EU Development Funds will, for the most part, finance the project. After several studies the plans are to be drawn up in the next few months with the help of a German Consulting Company, Dorsch Consult, who completed the feasibility study two years ago.

The plans are to be completed no later than February, 2005. After review, the project will go out to bid to the building contractors. Once begun the actual work is expected to take one and a half to two years. It's hoped that the system, includ-



Bonaire Soccer Champs- Real Rincon

► **Units for the new King's Beach Resort are currently under construction** at Punt Vierkant, just south of the Lighthouse Beach Resort. This gated resort community is to include a sandy beach, dive shop and dive pier, pool and tennis courts and full-time, on-site security. It will be one of Bonaire's largest ocean-front developments in more than 25 years. It will include 45 town-homes (27 two-bedroom units and 18 three-bedroom units) and a condo hotel with 45 one-bedroom luxury suites. Ten of the 45 town homes are due to be completed in mid-2005. The remaining 35 town homes are planned for completion over the next two years. All homes will feature top quality appliances, tile floors, airco in every bedroom, water heaters, ceiling fans and multi-zone alarm systems.

Phase Two of the projects will start in 2005 and are planned to include construction of the 45-room condo hotel, various retail shops, dive shop, pier and a full service restaurant. For more information call Bob Bartikoski (RE/MAX Paradise Homes) at 717-7362 or 786-7362.



Artist's rendering

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ing its water purification plant will be operational in 2007.

Bonaire environmentalists have taken exception to the proposed design of the water treatment plant, saying it will do more harm than good to Bonaire's reef.

► **Bonaire was the third highest contributor to the GDP** in the Netherlands Antilles with 6% behind Curaçao's 75% and St. Martin's 16%. Statia's was 2% and Saba's, 1%.

(Continued on page 4)

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► Jong Bonaire closed the school year with a **ping pong tournament** for the members who had practiced long hours during the school year. When the paddles stopped, at the top of the competitors was Heinrich Scherptong, (at right, being awarded the silver cup by coach Paco Veeris). Jong Bonaire has completed its regular season but has some vacation time events planned.



► On June 22, the BOPEC oil transfer facility was the **first Bonaire port to get ISPS** (International Port Security) certification. In the photo Lt. Governor Domacassé (right) presents the certificate to BOPEC officials. This certification was required to be in place by July 1st as part of a world-wide anti-terrorist program. Harbormaster L.O. Staie has informed *The Reporter* that Bonaire's ports met the ISPS requirement on schedule and that further improvements will be completed in a few weeks. Last week, Dee Scarr reported that diving at the town pier is still allowed but there are some slight modifications to the normal procedure (verified ID required, etc.). Only about half the world's ports and 53% of global shipping complied with the International Ship and Port Facility Security Code (ISPS) by the deadline, according to the International Maritime Organization. The ISPS code, signed by 147 governments, requires ports, stevedoring companies and owners of ships larger than 500 tons to draw up plans for responding to a terrorist threat, implement tighter security around facilities and train staff. □



(Flotsam and Jetsam. Continued from page 2)

► **A large number of burglaries were reported** during the past two weeks. Hit hard were the Antriol, Nikiboko, Tera Cora, Hato, SABADECO and Playa neighborhoods. Police have issued warnings to take precautionary measures. People are advised to

lock their homes properly during the night. See the Police Report for additional details.

► **Another surgeon for Bonaire's Hospital is under consideration.** Luis Cansini of the Guerra Mendez Clinic in Venezuela visited San Francisco Hospital recently. He inspected the operating room, the available equipment and introduced himself to the

POLICE UPDATE



LAST WEEK'S REPORTS

Public Prosecutor Ernst Wesselius reports:

*There were five drug courier arrests at Flamingo Airport. Four were from Curaçao, one from Holland. Schiphol Airport continues to report that KLM flights from Bonaire are free of drug couriers.

*Two burglars, drug addicts, who have been involved in numerous break-ins, were arrested.

*A re-enactment of the assault by a man on a man and a woman living above Bon Fysio was conducted last week by law enforcement officials to decide whose was the correct story. According to the Prosecutor, a re-enactment is conducted when witnesses' stories are so different. The assailant is under house arrest.

*More news on the shooting on Saturday, June 5, by the Customs officer who shot at his girlfriend's ex boyfriend. It was alleged that the ex-boyfriend had provoked an argument with his ex-girlfriend and the Customs officer before the shoot-



**Justine Gonggrijp,
Assistant Public Prosecutor**

ing began. The ex-boyfriend was arrested and held pending further investigation but has since been released.

*There was a fire in the jail last week,

(Continued on page 10)

Bonairean surgical team. He spoke to Hospital Administrator Dr. Giovanni Frans and Board Member Boy Clarendia about the local procedures and rules. Finally he paid some local physicians a short visit. Dr. Casini is expected to be the first surgeon from the Guerra Mendez team assigned and plans to work in Bonaire for a few months before being replaced by one of his colleagues from the Clinic.

► Ten eye specialists have joined forces to open a **laser eye-correction clinic in**

Curaçao. The investment is reportedly NAf13.3 million. Next month specialists from the Netherlands will start seeing patients. Curaçao practitioners will join the clinic's staff at a later date. Cost is NAf2,200 per treated eye.

► **The Bonaire Reporter will not be published next week** in accordance with our practice of publishing four times a month. The next issue will appear on July 22. □

L./G. D.

There is a Cree Indian prophecy that says:

*Only after the last tree has been cut down,
Only after the last river has been poisoned,
Only after the last fish has been caught,
Only then will you find that money cannot be eaten.*

Poachers wouldn't take baby Loras from the nests if there weren't a market for them to sell to. You really can't blame the poachers if in a few years there isn't a wild Lora to be found on the island. That would be too easy. The reason why a poacher takes a chick from the nest is because you want one; you pay for it; or you asked him to do you a favor. You are the principal, and although you're not getting your hands dirty by cutting a tree open or climbing a cliff, that little bird is taken from the nest, from the wild, because you wanted it. Think about it... Our Lora, the *Amazona barbadensis rothschildi*, is found only on Bonaire and on the Venezuelan islands of Margarita and La Blanquilla. But until now it has never been proven that we're talking about the exact same species. So, **we have something that's pretty unique in this world: Our wild Lora.** Still, very little is known about this rare bird. What we do know is this: There are about 600 Loras living in the wild. Let's say (but we don't know for sure) that half of



Bonaire's oldest caged Lora - more than 35 years old

them are males and the other half are females. That would make 300 couples. Only when the bird is three or four years old might it start breeding. Suppose, in a certain year, one-third of the entire population is mature enough to be breeders. That would be 100 females. Each female lays an average of two eggs. So, in that year we'll have 200 eggs, of which 50% will hatch. That's a hundred eggs. Of the babies, 40% die because of a lack of food, parasites or because of predators. Sixty babies survive and about half of them live through the first year. That's only 30 Lora babies.

It would make you think, that if everything goes well and ends well, every year 30 Loras are added to Bonaire's population. Not true!

We forgot to talk about poachers... and their clients...!

After the registration campaign "*Registra bo Lora*," **we found out that half of the more than 600 Loras that are kept in captivity are not older than six years. That means that every year dozens of Loras are taken from the nest, and thus from the wild, to sit for the rest of their lives in a cage. It also means that this link in the chain of the Loras' existence has become useless for the wild population because it will never produce anymore.** And so it's not true that 30 Loras are added to the wild population every year. In reality it's far less...

Numbers can be quite boring, but what we're talking about is this: A Lora can easily reach 60 years old! That is, if you're keeping one in a cage and you're taking care of it properly: **It has a spacious cage, you're cleaning the cage every day, every day you put fresh water, vegetables and seeds, you give the Lora fresh branches to chew on, toys to play with and on top of it all, your time and attention.** What will happen is that the Lora will not only survive you, it might even be a joy to your children and grandchildren! And for 60 long years you don't have to "order" a Lora from the wild!

On the other hand, if you neglect your Lora and it dies as a youngster or a teenager you have to "order" another one and another one and another one, and in your lifetime you wear away 10 Loras. Understand that it's not only those 10. **Each Lora you have**

could have easily had 10 surviving children in its lifetime. So if you have one Lora, you've taken, in fact, 10 from the wild. If you have two Loras, you stole 20 Loras from the wild. But we're still talking about first generation, not even about the second, the third and so on. They are just lost forever, and you cannot even calculate what you took from nature by taking only one of their babies. What will be left? It's up to you. In this world Bonaire is praised more and more often as an oasis where nature and man respect each other. Every day many men and women on Bonaire are working very, very hard to preserve and protect what we have. Why? Out of respect, because they love the island; because we're all part of nature and we don't want to leave this world drained out, dirty and exhausted to our children and their children. Respect for life is the highest asset: Life in all its variety. Money can't buy everything. You can't buy a clean sea full of fish. You can't buy clean air to breathe or a clear blue sky full of birds, and you still can't buy a rain shower or a clean conscience. We're all in the same boat; we're all part of it, and once it's gone it will never come back again, ever...

During the coming months, police, SSV, Polis Ambiental and STINAPA's Park Rangers will be extra alert and they will strictly enforce the law. If you see that someone is disturbing or poaching a nest, or that someone is trying to sell a Lora, or keeping a Lora that doesn't have a band, please call 717-3741 or 717-8000. The fines are high: NAf1000 per bird and the Lora will be confiscated. □ *Greta Kooistra*

Referendum Chronicle



**NOS FUTURE, BAN P'EI
(OUR FUTURE-LET'S
GO FOR IT.)**

In a development related to the upcoming Referendum, the European Union committee finished their report in which several options for the relations between the Antilles and Aruba and the European Union are described, especially the pros and cons of each of the options. According to Committee Chairman Ronald van Beuge, there is finally an unbiased report based upon which politicians can make a decision. On Wednesday Van Beuge presented the report to Etienne Ys, Minister-President of the Antilles; Nelson Oduber, Premier of Aruba; and Thom de Graaf, the Minister of Kingdom Relations. The committee presented the possible options for a relationship with the European Union (EU) and the political, judicial, economic and financial consequences of alternatives for the three countries of the Kingdom. According to Van Beuge it is advisable to make a decision within two to three years. The recently established European constitutional law must be ratified by several member states within two years after signing. As soon as the law is put

into effect, the Kingdom can request the union to introduce an amendment of the status for the Antilles and Aruba. The constitution doesn't need to be amended; a unanimous decision of the European council is sufficient.

LIFE ON ARUBA AND BONAIRE

This is the second of two articles by Jiri Lausman describing life on Aruba as shaped by its 1986 decision to leave the Netherlands Antilles and become a separate member of the Dutch Kingdom. We hope it can offer some perspective as one of the choices, Status Aparte, a voter may select in the Bonaire Referendum.

A person living long years on Aruba and moving now to Bonaire sees that many things are very different on both islands. The only issue, shared indisputably by the people of Aruba and Bonaire, is mutual friendship and a negative attitude towards Curaçao. Bonaireans living on Aruba, unlike people born on Curaçao, speak with pride about the island of their

origin. The Bonairean Club on Aruba is one of the most prestigious social clubs on the island. There is no Curaçao Club.

The relation between Aruba and Holland is, unfortunately, substantially less cordial. Changing historic Dutch street names, as done by the current government, certainly does not contribute to improvement of this relationship. Various other Caribbean islands try to preserve their heritage, for example as on the French tourist island, St. Barthelemy, the streets in the capital, Gustavia, still carry the Swedish names given by the Swedes who originally colonized the island. On Aruba just the opposite is happening. In order to eliminate what could bring back the memories of the old colonial power, the main street and main sport stadium in Oranjestad now carry the names of local politicians. A former minister has proposed to Parliament to also change the name of "Reina Beatrix Airport."

More than one million tourists (about 20 times the number of visitors to Bonaire), mostly from the US, come annually to Aruba. Unlike on Bonaire and on a majority of other Caribbean islands, the Aruba airport houses also the US immigration and US customs services. Passengers from Aruba, after arrival in Miami or other US airports, are handled as if they arrived on US domestic flights.

A very substantial difference between the islands, probably very surprising to many people living on Bonaire, is the ownership of land along the sea coast. In

(Continued on page 6)

the Netherlands Antilles, and consequently on Bonaire, land along the shore can be sold (e.g. in the case of SA-BADECO) or given for a long term lease. Concurrent with this, however, is the government's right to 50m of land from the high-water mark inland for "defense purposes," stemming from colonial times. All have the right to visit this strand, but property owners have the right to block access to it through their property.

On Aruba all shorefront land is public land, to be freely used by local inhabitants and visitors. Access MUST be provided. It means that, in fact, you cannot really own or lease a sea-front lot on Aruba because there is always a freely accessible strip of public land between your "sea front" property and the coastline. In fact, your privacy can never be guaranteed, and it can happen that, particularly during the weekends, when groups of strangers can organize a birthday party or a BBQ on "your" beach, they might enjoy playing loud music just a few meters from your porch or swimming pool. A desperate owner of a luxurious house on the beautiful Arashi beach, offered now for sale for three million dollars, lost a legal battle with a local tourist agency which, in the words of the house owner, used to regularly dump a bus load of cruise ship tourists on "her" beach.

It also means that the five-star hotels on the famous Aruba strand cannot prohibit free public access to "their" beach. In addition, the persons coming to the beach

can bring with them their own beach furniture and put it next to the hotel lounges and tables with umbrellas. Nobody does it because the hotels prefer that the local people use the hotel lounges, so as not to disturb the harmony on the beach.

In order to prevent traffic accidents often involving tourists from the US, the traffic regulations on Aruba, originally following the European standards, have been adapted to the US regulations as far as right-of-way, particularly at traffic circles, is concerned. Visitors from the Netherlands Antilles and Europe must keep that in mind! During my stay on Bonaire, I have always been confused by the necessity of yielding to the right at the only traffic circle on Bonaire. Speaking about traffic and cars, Aruba still follows the silly annual ritual of changing license plates each year. In addition, when the tax for the second half of the year is paid, another, smaller plate has to be fastened to the basic plate.

In some respects, however, the Arubans are more practical than people in the Netherlands Antilles. For example the five florin coins are not round but square so you cannot, like on Bonaire, mistake a five florin coin for a one florin coin. Also the much smaller 50 cent coins are square on Aruba.

There is full employment on Aruba, and tens of thousands of workers, mainly from Latin American countries, are currently working, particularly in the tourist and construction industry. The local people often complain that the shop attendants do not understand Papiamentu, so to make clear what they want Arubans must speak Spanish in their own country!

The living standard of Arubans is rising because they are generally in better paid positions and you can hardly find an Aruban hotel maid or a local unskilled worker. Enormous American style supermarkets are full of customers, and the existing roads are barely able to accommodate the almost 50,000 cars on roads on an island smaller than Bonaire.

According to official statistics, currently there is high unemployment in the Netherlands Antilles, primarily Curaçao. However, without knowing exact numbers, a superficial observer sees no substantial difference between Aruba and Bonaire in this matter. Hard working Colombian room maids can be seen also on Bonaire, and the new houses in SA-BADECO are being built mostly by workers from Venezuela, Colombia, Peru and other countries, exactly as it is happening on Aruba.

Unlike Bonaire, on Aruba there are no residential districts with houses owned predominantly by wealthy foreigners. On the contrary, in Malmok and Arashi, the districts of the "rich," located between the beach and the biggest golf course on Aruba, the largest and most luxurious houses belong to local businessmen. Also in the only guarded community on Aruba, Tierra del Sol, the most exclusive residences on large land lots have been individually designed and built for successful local business people. In this community, foreigners, mostly Americans, have purchased much smaller houses on small lots, grouped close each

to each other among the golf greens. In case you feel that living on Aruba with its Status Aparte could be better than on Bonaire, please be informed that every resident of Aruba is obliged to be covered by the Government's health insurance company, AZV (abbreviation of General Health Insurance). Because the AZV, due to a chronic lack of money, covers fully only the basic health costs, most foreign residents just ignore it and continue to be insured by private companies. Unfortunately, even if you do not make any use of AZV, you must pay for this Government insurance. The progressive AZV premium, depending on your income, is added to your income tax. (Think about that when voting in the coming Referendum!) In the case of a retired couple, having a pension as their only income, the AZV premium can exceed their income tax! In addition, for some, the income tax on Aruba can be much higher than on Bonaire because there is no "pensionado status" with a low flat income tax. □ *Jiri Lausman*

Jiri Lausman is a retired civil engineer, born in Prague, living as a Dutchman the last nearly 40 years, 18 of them in Aruba. Before his retirement, he worked as the manager for Latin America and the Caribbean for a large Dutch construction company. He has a home in SABEDEC.

The aim of the **Chronicle** team of editorial and staff writers is to inform, not to influence public opinion or "sell" a particular option. Critical comments, useful additions and questions by the readers are welcomed and published whenever possible.

DIA DI ARTE



Art is for kids too



Proof that recycling can be beautiful



Jan of Jan Art showed her new above and below art works



Mother and daughter, Marie and Angélique Salsbach



Batik artist Gund Gerling

The island's 12th Dia di Arte gave all who attended an effervescent feeling inspired by the incredible variety of arts, crafts and music. Wilhelmina Park was crowded with artists' stands and booths, the bandstand held performers non-stop and the smell of foodstuffs filled the air. Here are some scenes from the day:

ANNUAL ARUBA HI WINDS 2004

Over 80 competitors participated in the 18th Annual Aruba Hi Winds Windsurfing Regatta. Sailors and kites from the region as well as Venezuela, Brazil, Columbia, Canada and beyond came to kite, race and compete. This event, long popular with Bonaire sailors, is known for being a well organized and super fun event. This year Bonaire sent a 78-person delegation. Competitors, spectators and chaperones flew on **sponsor Bonaire Exel**. Competing in mostly slalom and long distance races, Bonaire has dominated heats in all divisions.



Having fun at High winds

To allow pros Taty Frans and Kiri Thode time to compete prior to flying to Europe for the PWA tour, the organizers offered four-minute single elimination heats for men to show their stuff. It was a lucky day for Taty as his super star moves beat his wiz kid cousin Kiri to earn the coveted title of King of the Huts. Brother Choko Fans was a close third after battling with Keke Dammers for the third place spot.

Bonaire has a contingent of four kites representing the island. Zwanet Kooijn is one of the three women kites. Her dazzling loops and aerial moves allowed her to hold the second place position all week. Top rider of the week is Bonaire's own Jeroen Roevros, sailing for Holland. He is a gym teacher at SGB. His hi fly jumps and tricks are spectacular. Kiting is embraced on Aruba where a balance between windsurfing and kiting has been created. Kiting is a crowd favorite at Hi Winds.

The social scene is incredible. In its heyday, when the Aruba government financially supported this event with cash, it was a full-on Pro Event with famous names like Bjorn Dunkerbeck and Robbie Naish who walked away with over \$25,000 for top places.

Now a handful of local sponsors provide product and support in creating a perfect party atmosphere. There's no shortage of food and drink for riders during the day. At night the parties rock. Race results will be posted in the next *Bonaire Reporter*.

Bonaire's kids saved, sold raffle tickets and trained hard to attend this event. Windsurf Moms, Jesse Sint Jago and Edseline Dammers worked for months organizing this huge group. It's a great event for kids to learn more about competition and the racing discipline. It's also a wonderful opportunity for these deserving kids, men and women to travel to a regional event as a national team. Most of all it's been great fun with the non-stop party atmosphere. And based on scores so far, it's clear Bonaire's talent shines here in sunny Aruba. □ *Ann Phelan*

Freestyle Results: King of the Huts, Taty Frans; **Prince of the Huts,** Clay Emer; **Kid of the Huts** Arthur Soliano; **Queen of the Huts,** Sarah Quita Offringa (Aruba) □

SWIM CLUB

The Bonaire Barracudas Swim Club held a practice "competition" on June 22 to wind up their season. Thirty-five club members between the ages of 6 and 16 participated in a total of 24 events before a large crowd of family, friends and supporters. Adult club members and parents acted as officials for this exercise meant to introduce competitive swimming to young club members and Bonaire. Midway through the program, a 100-meter Individual Medley exhibition was swum by club President Simone Sweers, club member (water polo) Wilma Bohm and visiting water polo enthusiast, Ank De Munck, to the delight of young and old alike. Top finishers in the age group divisions were as follows:



Kalli De Meyer photo

Start of the 8 & under mixed 25 meter backstroke

- 8 & under:** Mixed 25 meter breaststroke & backstroke
 Laura v. Erp
 Girls 50 meter breaststroke
 Kaile Finies
 Girls 50 meter backstroke
 Yasmin Esser
 Boys 50 meter breaststroke, backstroke, freestyle
 Daan Rothweiler
9 & 10: Girls 50 meter breaststroke
 Rooske Wagemakers
 Girls 50 meter backstroke
 Vera Ghazzouli
 Girls 50 meter freestyle
 Rooske Wagemakers
 Boys 50 meter breaststroke, backstroke & freestyle
 Samson Evertsz
11 & 12: Girls 50 meter breaststroke
 Meralney Bomba
 Girls 50 meter backstroke & freestyle
 Meriann Urdaneta Jorissen
 Boys 50 meter breaststroke
 Churmer Bomba
 Boys 50 meter backstroke & freestyle
 Rudi Urdaneta Jorissen
13 to 16: Boys 50 meter breaststroke
 Norvin Mercelina
 Boys 50 meter backstroke
 Timothy Bissessar
 Boys 50 meter freestyle
 Juliandro Soree
 Girls 100 meter Medley Relay 9 - 12
 Meralney Bomba, Vera Ghazzouli, Meriann Urdaneta Jorissen, Nanouk De Jong
 Boys 100 meter Medley Relay 9 - 12
 Jim Rothweiler, Mike Groenendal, Samson Evertsz, Churmer Bomba

Also participating were Luis Marcano Bravo, Zaira Groenendal, Merel Houthuijzen, Lotte Rothweiler, Olivier Wagemakers, Asdrubal Marcano Bravo, Alejandro De Lima, Desiree Baaleman, Danique Oleana, Yana Richter, Daneyda Bomba, Maik Oleana, Olivier De Jong, Marijn v. Erp, Keval Bissessar, Francois Soree, Nicholas Bissessar and Danilo Sandman. □ *Valarie Stimson*

KRALENDIJK TIDES (Heights in feet, FT)

Remember: Winds and weather can further influence the local tides

DATE	TIME	HEIGHT	COEF
7-09	4:14	1.2FT.	51
7-10	5:32	1.1FT.	42
7-11	6:26	1.0FT.	40
7-12	7:16	0.9FT.	43
7-13	8:03	0.8FT.	50
7-14	8:39	0.8FT.	57
7-15	9:20	0.7FT.	64
7-16	9:59	0.7FT.	70
7-17	0:30	2.0FT.	75
7-18	1:01	2.0FT.	78
7-19	1:32	1.9FT.	80
7-20	2:04	1.8FT.	81
7-21	2:39	1.6FT.	78
7-22	3:15	1.5FT.	73
7-23	11:31	1.1FT.	67

VESSELS MAKING A PORT CALL:

Alegria	Goril Too	Scintilla, Germany
Althea	Guaicamar I, Venezuela.	Shambala
Alegria, USA	Honalee, USA	Shiraz
Atlas	Hotel California Too, USA	Sirius
Bird of Paradise	Jalapeno	Sojourner
Blauwe Crab, Curaçao	Jandreso	Sovereign III
Camissa, Chan Is.	Jupiter	Sylvia K
Camperdown	Karthersis	Triumphant Lady
Cape Kathryn	Lady Alice	Ta B
Cha Seng, France	Luna C	Ti Amo, USA
Delphinus	Macaby, Netherlands	Trio, USA
Elandrea	Makai	Ulu Ulu, USA
El Sabor	Mariele	Unicorn, Norway
Fifth Season	Natural Selection, USA	Varedhuni, Germany
Flying Cloud, USA	Numoan	Windborne
Gabrielle	Panda	Windmiller
Galadrial, USA	Pau Hana	Ya-T, BVI
Gambler, Venezuela	Precocious Gale	Zahi, Malta
Gammier	Sandpiper, USA	Zeno's Arrow, USA
Gatsby, USA	Santa Maria, Sweden	

YOGA FOR YOU

Back Safety in Yoga

Go around the obstacles

We can learn a lot by watching how water relates to the world around it. It's fluid. It goes around any obstacle in its way. (It doesn't stop to argue!) It flows downstream rather than struggling to push upstream as many of us are doing in life. It just goes with the flow. Perhaps that's why watching the action and rhythm of water is so peaceful to the human psyche.

--Susan Jeffers



Utthita Parsvakonasana or extended side angle- a full-body pose that opens, stretches, and strengthens the whole body. It cultivates balance and co-ordination. Specifically, it strengthens the muscles that stabilize the knees, sculpts the legs, and opens the chest.

Yoga is an excellent therapy for healing sore and injured back muscles, yet one of the most common injuries in yoga is straining the back muscles. Here are

the basics for taking care of your back during yoga.

Warming-up

Take time to warm up the spine and the

back muscles using repetitions of gentle postures/movements. Focus on warm-ups that move the spine in its six directions: arching and rounding the back, twisting the torso from left to right and left and right side bends.

Back Bends

Back bending postures should not strain the back. Back bends open the front of the body, and this is where you should feel the stretch. A safe back bend will compress the low back but not strain it or cause any pain. For deep backbends make sure the lower body (buttocks and legs), abdominals and mula bandha (the muscles between the pubic bone and the tailbone) are strongly engaged.

Forward Bends

Forward bending postures stretch the back

muscles, release tension and feel good. Forward bends should be approached very carefully. Move into them first with the back flat and the spine long.

Breathe

Make sure you are not holding your breath in the postures. If you are in an asana (position) and you can't breathe deeply, then you have gone too deeply into the pose.

Do Reps

If your back muscles are weak, postures that strengthen the back, such as belly down postures and bridge pose, should be done using repetitions of short hold times. These postures should not be held for long, only long enough to feel the muscles working without pain or fatigue.

□Desirée

Don and Desirée of "Yoga For You" offer classes in yoga from beginners to advanced.

On every first Saturday of the month at 6:30 am there is a meditation at Sorobon Beach by the wooden fisherman's hut.



(Police Report. Continued from page 3)

allegedly started by one of the inmates who set fire to some mattresses. The jailed inmate is accused of possession of a firearm and apparently was disgruntled because he was not being transferred to Curacao's prison as was promised. Due to smoke and fire damage the Bonaire prison will be closed for two to four months during repairs. Those "serious criminals" (burglars included) will be shipped to Curacao's prison. Prisoners accused of lesser crimes (like drug traffickers) will be released and are expected to return to Curacao from where they came.

Police spokesman Charles Suriel reports:

*Last Tuesday, June 29, there was a stabbing at Verona Snack that resulted in the death of a woman. To subdue Poppy Piar, the assailant, a police officer on the scene had to shoot him. The bullet entered his stomach and exited from his spine. An ambulance was called and the two were taken to the hospital. The woman died of a stab wound in her chest. Piar was transported by ambulance flight, accompanied by two policemen, to the hospital in Curacao, where he remains in stable condition. Due to Piar's long history of serious crimes, Public Prosecutor Ernst Wesselius will ask for life imprisonment. □L.D.



Marshe Commission President Raymunda (Bebi) Anthonie (right) presented an award to George and Laura DeSalvo of *The Bonaire Reporter* to commemorate *The Reporter's* 10th Anniversary last Saturday. *The Reporter* was thanked for its support during the last five years of the very successful Rincon Marshé. The award was a framed batik rendering of a typical Rincon style house by batik artist Gund Gerling. □



Standing: Edna (Bebi) Sint Jago; Raymunda(Bebi) Anthonie, President of the Marshé Commission; Chèmy Cicilia; Shon Ca Janga; Veronica (Ròny) Mercera. Kneeling: Sella Gijsbertha



Lucille Soliana swimming for Bonaire in the 2003 World Games in Ireland

This Wednesday Bonaire's Special Olympics Team leaves for Kingston, Jamaica, to participate in the **Inaugural Special Olympics Caribbean Games** which run from July 8 to 11. Expected to participate are 500 athletes from 15 Caribbean islands. Accompanying them will be at least 200 coaches and officials, 200 family members and friends and 200 volunteers. Bonaire's athletes will compete in Bocce, Swimming and Running events. There are some familiar as well as new faces in the contingent. The Bocce team consists of: Revelino Engelhart (making a switch from Tennis in the Dublin Games), Dionysius Reina, Swinda Offerman, high scorer Kenneth

Piar, Joanne Albertsz and Cornelia Winklaar. Swimmers to watch out for are veterans Lucille Soliana and Johnny Hellmund. The Running Team stars "The Barefoot Flash"- Antonio de Palm and Siegmur Celestin. The head of the delegation is Delno Tromp, Assistant Head is Harlton "Onnie" Emerenciana. Elisabeth Wigny is Head Coach; Magdalena van Gulp, Swimming Coach; Bocce Coach, Pedro Leito; Athletics Coach is Sylvio Semeleer. Assistant Staff is Aura Engelhart. *The Bonaire Reporter* will accompany the team to cover the event and report back through the Papiamentu language daily newspaper, *èxtra*. □ *L.D*



ASK THE DIETITIAN WHAT YOU SHOULD KNOW ABOUT HIGH BLOOD PRESSURE!

Blood pressure is the force that pushes blood from your heart throughout your body. When your blood pressure is too high, you may have a heart attack, a stroke or kidney failure. You can lower your chances of having one of these critical health problems by taking a few simple steps to keep your blood pressure within a normal range:

Exercise regularly

You should exercise every day or at least five times a week. If you need to lose weight you should exercise at least an hour and a half each time. If you want to maintain your weight you should exercise between 45 minutes to one hour, and if you want to maintain a good condition, at least half an hour each time. Try to choose aerobic exercises like fit walking, swimming, jogging cycling, aerobics, etc.

Lower your salt intake

Eating foods that have too much salt in them and using too much salt at the table can raise your blood pressure. You might try taking the salt shaker off the dining table and avoid using salt during food preparation.

Limit the amount of alcohol you drink

Alcohol will raise your blood pressure. Drinking too much alcohol can also cause liver disease and some types of cancer. Alcoholic beverages are high in calories and low in nutrients. The body uses up a lot of vital nutrients in breaking down alcohol so your body can get rid of it. Men's bodies are better able to break

down alcohol than women's. The effects of drinking too much alcohol occur earlier and are worse in women than in men. For this reason women should have no more than one to two glasses of alcohol a day and not on a daily basis. Men shouldn't have more than two to three glasses of alcohol a day and for sure not on a daily basis.

Maintain an ideal body weight

The more you weigh above your ideal weight, the harder your heart has to work to pump blood. By losing weight you can lower your blood pressure. Obesity is usually caused by eating too many calories and getting too little exercise. Small changes in the way you eat and in the amount of activity you get each day can help to lower blood pressure. Weight loss can even help to lessen the number or amount of drugs needed to keep blood pressure normal.

Following are some tips to help you eat fewer calories:

- Buy lean meat and meat products, skinless chicken, fresh fish, and use low fat cooking techniques like baking, broil-

ing, grilling, stir fry and roasting.

- Use no more than 1 tablespoon of oil and margarine per person in food preparation.
- Choose skim milk and milk products and low fat cheeses.
- Eat raw, steamed or baked vegetables.
- Eat fruits as a snack or a dessert and limit juice to no more than one cup a day.
- Choose sugar-free drinks.
- Choose low fat snacks.
- Choose low fat sauces.
- Write down what and how much you

eat and drink.

Reduce fat intake

You should also limit the amount of fat and cholesterol you eat every day.

Stop smoking

If you smoke cigars or cigarettes, try to quit. *A.S.*

Angélique Salsbach, a dietitian with Bonaire's Department of Health and Hygiene, has a radio program every other Tuesday 9 to 9:30 on Bon FM. Her patients successfully win the battle of the bulge and become healthier! Write her at dietitan@bonairenews.com

GOT SOMETHING YOU WANT TO BUY OR SELL?

REACH MORE READERS THAN ANY OTHER WEEKLY NEWSPAPER BY ADVERTISING IN THE BONAIRE REPORTER

FREE FREE FREE FREE

Non-Commercial CLASSIFIED ADS (UP TO 4 LINES/ 20 WORDS)

Commercial ads are only NAf0.70 per word, per week. Free ads run for 2 weeks.

Call or fax *The Bonaire Reporter* at 717-8988 e-mail ads@bonairereporter.com



JanArt Gallery, Kaya Gloria 7, Bonaire Local Art, Art Supplies, Framing, and Art Classes. Open Tu-We-Th & Sat 10 am- 5 pm Friday 1- 7 pm; or phone 717-5246 for

appt.



SEMPERFLORENS

NURSERY for healthy, strong, affordable plants all grown on Bonaire. Also landscaping. Follow signs starting in front of Lagoen Hill. Tel. **790-3348**



BonaireNet is the leading consumer and business information source on Bonaire. Telephone (599) 717-7160. For online yellow pages directory information go to <http://www>.

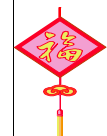
PSYCHOLOGY PRACTICE BONAIRE.

Consultation, Supervision, Hypnotherapy, Psychotherapy **Drs. Johan de Korte, Psychologist, Phone: 717-6919**

CAPT. DON'S ISLAND GROWER



Trees and Plants, Bonaire grown. 8000m² of plants and nursery. Specializing in garden/septic pumps and irrigation. Kaminda Lagoen 103, Island Growers NV (Capt. Don and Janet). **Phone: 786-0956 or 787-0956**



LUNCH TO GO- Starting from NAf5 per meal. Call **CHINA NOBO 717-8981**



FENG SHUI CONSULTATIONS

Interior or exterior design advice, clearings, blessings, energy healing China trained, Experienced. Inexpensive. Call Donna at **785-9013**

FOR SALE

7000 BTU split type **air conditioner** NAf800, 17" **computer monitor** NAf300, **small refrigerator** NAf250, **windsurfing equipment**. Tel 717-5525

For Sale: **Chevrolet S10 Pick up**, Single cab, metallic gray, good condition. NAf4.500. Call 785-9008.

Lots of Things For Sale: Double bed & mattress NAf175; Strijkblank (Ironing Board) NAf10; 2 stereo sets & speakers NAf50; Answering machine NAf15; 2 hammocks NAf40; transformer NAf25; stove NAf175. Call 785-9008.

For Sale: several **Dutch Oak Closets** with stained glass. Kaya Neerlandia 31, across from Gas Expres.

Nearly new Harvey 3-mm. **Men's Wet Suit**, L-XL, \$45. Tel 791-4262

WANTED

Looking for home for Rabu. Rabu needs a new owner! Rabu is a very sweet, well-trained dog. He's a real Bonairean dog, but we can't take him with us to Holland. If you want to give it a try please call 785-9008.

Wanted: HOUSE TO RENT- We are looking for a **house with 3 bedrooms**, 2 bathrooms and if possible, a not-too-small porch. Kind of garden would be marvelous. Please phone 717-4200.

Couple **looking to rent a kunuku long term**. Call 785-9013

PROPERTY FOR RENT.

For Rent: Comfortable 2-bedroom beach villa-weekly or monthly-choice location-Privacy & security- July 15 to Jan 15-Brochure available-Phone (Bon) (599) 717 3293-or (US) (570)-586 0098-e/mail larjaytee@aol.com

BOAT for SALE

Traditional **Bonairean Sailing Sloop**. Wood, traditional construction, about 21' long. Fiberglassed in and out for minimal maintenance. Two time winner of Bonaire Regatta, Class A. A dream to sail. Bargain at NAf9,999. One of the last of its kind. Call **717-8988 or 785-6125**.



HUSH-HUSH SEASIDE SPOTS

This week's Seaside Spots are for the real beach enthusiasts because those people will be the only ones willing to conquer the many obstacles in order to reach these superb beaches. I personally was amazed at the difference in the environments between these two beaches. After all, they are less than a couple of minutes' drive from each other.



Jeff Davis

Jeff Davis

When I first climbed down to this miniscule beach on the western side of the island, I thought, 'Hmm! This is my idea of a Caribbean beach.' Most of us know Jeff Davis as another diving and snorkeling site, but there is much more to discover on this beach than getting our gear on and walking into the water. There is a wonderful tiny beach leading you into the Caribbean Sea with a smooth sandy bottom (yes, you can leave your booties at home) so you may enjoy a refreshing quick dip. A few meters to your right there is another sandy spot the size of a beach towel, perfect for your daily dose of sun and for catching up on your reading.

Jeff Davis is located at the bottom of a two-meter rocky cliff, making it somewhat hard to reach. Only a few dedicated divers and snorkelers have the courage to climb down the cliff to reach the water level with their gear. So don't be surprised when you have the luxury of enjoying your own private beach. In the rock formation backing the beach there are many nooks and crannies which create some small but sometimes very necessary shady areas to get away from the heat of the day.

Beautiful Piece of Paradise

This Beautiful Piece of Paradise -- another unnamed (until now) beach -- is also part of the Marine Park, exactly 0.5 km. from its Headquarters at Barkadera on the tourist road on the way to Gotomeer. This beach can be found at the bottom of another two-meter or so embankment. The climb down is somewhat strenuous so make sure you wear proper shoes. But the majestic spot you will find will reward your efforts: a rocky beach with sandy patches here and there, creating small areas where you can settle down and relax. If you happen to visit this beach at low tide, you will be able to enjoy the massive reefs protruding from the water less than 10 meters from the shoreline. This is truly a rugged beach (and yes, you will need your booties to enjoy this beach). You will share this peaceful spot with the many sea urchins nestled

along the rocky shore, the shy crabs hiding in the rock crevices, and even the sea star I found in one of the shore puddles. A stroll along this harsh coastline will certainly keep you entertained for a while. Getting in and out of the sea can be somewhat of an adventure because of the sea urchins and the uneven sea floor, but the wonderful experience you will have snorkeling amongst the beautiful large reefs will make it worthwhile -- to a novice snorkeler anyway! Do remember that this rugged beach is within the Marine Park limits, so make sure that the only things you leave behind on this wonderful beach and all the beaches on the island are your footsteps.

Enjoying the beautiful unspoiled coastline of Bonaire is a wonderful experience everyone residing on the island should experience. It is far too easy to fall into a daily routine and forget the reasons why so many of us have chosen to live on the island. I sometime wonder if the long-time residents of the island are still in awe of the beauty of Bonaire's coastline as I am. Or has their amazement somewhat faded because they are now so used to seeing it? □ *Josée Bolduc Frosst*

TURTLE REPORT

This season has been very busy so far, mostly due to loggerheads (*kawama*) and hawksbills (*karet*). On Klein Bonaire, which we monitor most intensely, as of today, the 4th of July, we've found 33 nests already, which is about a 50% increase over last year's nesting levels. Still our turtle "nesting colony" remains very small but apparently growing now.

Tourists reported seeing hatchlings and their tracks at

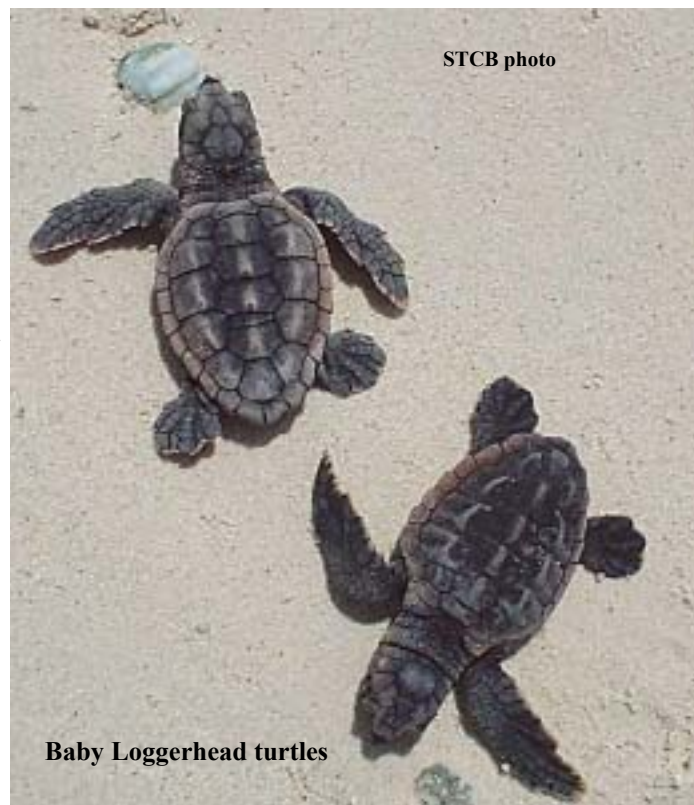
Playa Chikitu in May, but we were only told several weeks later and could not confirm the event, but it was most likely a leatherback. We were hoping that the known leatherback nest at Lagoen would make it (it was due mid-June), but the eggs rotted, probably because the nest was laid too low and the sand is unclean there. **The main culprit here really is the sand-mining going on there and at other east coast beaches and inlets.**

(There has been a high-profile campaign to stop sand mining by both the govern-

ment and STINAPA in the last few months. *Ed.*)

The first nests laid by loggerheads in early May are now also beginning to hatch, with good success. Divers are reporting seeing many big turtles, mostly hawksbills now, but we can also confirm that the big loggerhead known as "Forest" is back to breed again this year.

□ *Robert van Dam*



STCB photo

Baby Loggerhead turtles

PETS of the WEEK

Their owners brought them into the Bonaire Animal Shelter and that's very sad for these two very sweet cats. "Pien" and "Toby" are mother and son who both have the softest fur and are extremely cuddly and loving. That's four-month-old Toby in the foreground, his mom Pien in the background. Toby is very playful and interested in exploring the world. Mother Pien, a youngster herself, also has a love for life and interaction. These cats deserve to go to a home where they can be appreciated for their fine qualities.

Pien and Toby have been examined and tested and declared healthy and robust. To see these two fine felines, visit the Bonaire Animal Shelter on the Lagoen Road, open Monday through Friday, 10 am to 2 pm, Saturdays until 1. Tel. 717-4989.

Help is needed for the Shelter's Massive Sterilization Program from October 18 to 30. Two of the veterinarians slated to come have had to cancel, so two more are desperately needed to help



"Toby" and "Pien"

assist with the program which aims to sterilize at least 300 dogs in the two-week program. If you are a vet and can help or if you know of someone, give a call to Shelter Manager Jurrie Mellema at (011-599)717-4989. Volunteer veterinarians have all sorts of perks like free lodging and diving, donated by generous business people on the island. Couple that with helping to reduce the number of unwanted puppies on the island and you have a win-win situation. □L.D

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WHAT'S HAPPENING

WEEKLY MOVIE SHOWTIMES

New! Usually 9:00 pm
The Punisher
 (John Travolta)

Early Show (usually 7:00 pm)
Troy

Kaya Prinses Marie
 Behind Exito Bakery
 Tel. 717-2400
 Tickets - **NAf10,50** (incl. Tax)
 High Schoolers - **NAf7,75**

NEW FILMS BEGIN EVERY FRIDAY

SATURDAY 4 PM Pietje Bell 2: De jacht op de Tsarenkroon
SUNDAY MATINEE 4 PM
Van Helsing

THIS WEEK

Saturday, July 10- Soldachi Dos Pos nature tour - Beautiful vistas. Learn about the plants, trees, birds, culture and history in an informal and friendly way. 6:30 am. Call Maria at 717-6435 or 790-5657 to reserve. A small donation is requested: NAf10 for adults; NAf5 for children.

Saturday, July 10 - Opening of art exhibit by Winfred Dania at the Cinnamon Gallery, 7 to 9 pm. Traditional Bonairean music and food. Kaya A.P.L. Brion #1, just off Kaya Grandi, behind the Banco di Caribe. Exhibit runs until August 6. See page 18

Wednesday 7 pm, July 14, and July 21, play FISH-O at the Yellow Submarine. (Similar to BINGO, FISH-O helps you remember fish names) One card will be provided free. Additional cards can be "purchased" with a completed fish survey form. Great prizes.

Saturday, July 17- Soldachi Alta Mira nature tour, third Sat. of month. 6:30 am. Call Maria at 717-6435 or 790-5657 to reserve. NAf10 for adults; NAf5 for children.

Sunday, July 18 - First Annual Fish Survey Challenge. Buddy teams will survey the reef in front of the dive shop and compete for prizes. Tanks provided; followed by a Pot Luck Barbecue. 2 pm Yellow Submarine Call 717-2929. Buddy teams must register prior to July 18.

Tuesday, July 20 - REEF test for qualified individuals wanting Advanced Level. Call Jessie Armacost at 717-3976.

COMING

Saturday - July 31 - Stress Management Training - sponsored by the Junior Chamber International (formerly Jaycees). Practical ways to handle stress situations. Speaker: Julien deWindt, senior facilitator. Divi Flamingo Conference Room 9 am to 2 pm NAf50, includes drinks & snacks. Call 520-5679 to reserve.

EVERY WEEK

Sunday -Live music 6 to 9 pm while en-

joying a great dinner in colorful tropical ambiance at the **Chibi Chibi Restaurant & Bar**. Open daily 5 to 10 pm. Live **Fla-Bingo** with great prizes, starts 7 pm, Divi Flamingo

Monday -Soldachi Tour of Rincon, the heart of Bonaire, 9 am-noon. \$20-Call Maria 717-6435

Monday -Rum Punch Party on the beach at Lion's Dive. Dutch National Products introduces Time Sharing and how to save on your next vacation. 6:15 to 7 pm

Tuesday-BonaireTalker Dinner/Gathering at Gibi's Terrace-6:30pm -call Jake at 717-6773 or e-mail jake@bonairetalk.com for more info.

Tuesday -Harbour Village Tennis, Social Round Robin 7 to 10 pm. \$10 per person. Cash bar. All invited. Call Elisabeth Vos at 565-5225 /717-7500, ext. 14.

Wednesday -Meditation at Donkey Beach from 7:30 to 8:30 pm. Open to all. Call S. H.Y. 790-9450

Wednesday -Sand Dollar Manager's Cocktail Party, Mangos Bar and Restaurant

Friday -Manager's Rum Punch Party, Buddy Dive Resort 5:30-6:30 pm.

Friday- Open House with Happy Hour at the **JanArt Gallery** at Kaya Gloria #7, from 5-7 pm.

Saturdays during summer Rincon Marshé opens at 6 am. Enjoy a Bonairean breakfast while you shop: fresh fruits and vegetables, gifts, local sweets and snacks, arts and handicrafts, candles, incense, drinks and music.

Every day by appointment -Rooi Lamoenchi Kunuku Park Tours Authentic Bonairean kunuku. \$12 (NAf12 for Bonaire residents). Tel 717-8489, 540-9800.

Daily- The Divi Flamingo Casino is open daily for hot slot machines, roulette and black jack, Monday to Saturday 8 pm- 4 am and Sunday 7 pm- 3 am.

FREE SLIDE/VIDEO SHOWS

Sunday- Discover Our Diversity Slide Show, Buddy Dive at the pool bar, 7 pm 717-5080

Friday- Week in Review Video Presentation by the Toucan Dive Shop at the Plaza's Tippy Seagull, 5 pm. 717-2500.

Friday- The Captain Don Show- Conversation, fun, yarns, a few slides. Guaranteed 85% true. Aquarius Conference Room. Captain Don's Habitat 8:30 pm Tel. 717-8290

CLUBS and MEETINGS

AA meetings - every **Wednesday**; Phone 717-6105; 560-7267 or 717- 3902.

AI-Anon meetings - every **Monday** evening at 7 pm. Call 790-7272

Bridge Club - Wednesdays, 7:30 pm at the Union Building on Kaya Korona, across from the RBTT Bank and next to Kooyman's. All levels invited. NAf5 entry fee. Call Cathy 566-4056.

Darts Club plays every other **Sunday** at City Café. Registration at 4, games at 5. Tel. 717-2950, 560-7539.

Kiwanis Club meets at APNA Plaza, Kaya International, every other **Tuesday**, 7 pm. Tel. 717-5595, secretary Jeannette Rodriguez.

Lions Club meets every **2nd and 4th Thursday** of the month at 8 pm at Kaya Sabana #1. All Lions are welcome.

Rotary lunch meetings **Wednesday**, 12

PICTURE YOURSELF WITH THE REPORTER

Bergen, Norway

Two years ago this Norwegian family visited Bonaire. They enjoyed *The Bonaire Reporter* so much they took some copies home with them. Now they are back, and they brought this photo with them that they took last January. In the photo: Ann Helen Sundal, Alexander Petersen and Hilde Holmelid. □



"Toby" and "Pien"

Johnny Petersen photo

WIN GREAT PRIZES! Take a copy of *The Bonaire Reporter* with you on your next trip or when you return to your home. Then take a photo of yourself with the newspaper in hand. **THE BEST PHOTOS OF THE YEAR WILL WIN THE PRIZES.** Mail photos to Bonaire Reporter, Kaya Gob. Debrot 200-6, Bonaire, Netherlands Antilles (AN). E-mail to: picture@bonairereporter.com. (All 2004 photos are eligible.) □

noon-2 pm - **Rendez-Vous Restaurant**, Kaya L.D. Gerharts #3. All Rotarians are welcome. Tel. 717-8454

VOLUNTEER OPPORTUNITIES

The Bonaire Swim Club- Contact Valarie Stimpson at 785-3451 or Valrie@telbonet.an
Cinnamon Art Gallery - Volunteers to help staff gallery during the day. Contact Wendy Horn, at 717-3902 or 785-9700.
Bonaire National Marine Park - 717-8444.
Bonaire Animal Shelter -717-4989.
Donkey Sanctuary - 560-7607.
Jong Bonaire (Youth Center) - 717-4303.
Sister Maria Hoppner Home (Child Care) Tel. 717-4181 fax 717-2844.
Special Olympics - Contact Delno Tromp, 717-7659

BONAIRE'S TRADITIONS

Mangazina di Rei, Rincon. Enjoy the view from "The King's Storehouse" while learning about Bonaire's history and culture and visit typical homes from the 17th century. Daily. Call 717-4060 or 790-2018
Go to the source. Visit the **Bonaire Museum** on Kaya J. v.d. Ree, behind the Catholic Church in town. Open weekdays from 8 am-noon, 1:30-5 pm. Tel. 717-8868
Washington-Slagbaai National Park, Museum and Visitors' Center. Open daily 8 am-5 pm. Closed on some holidays. 717-8444/785-0017
Sunday at Cai- Live music and dancing starts about 12 noon at Lac Cai. Dance to the music of Bonaire's popular musicians.
Rincon Marshé- every Saturday - 6 am to 3 pm. Open market in Bonaire's historic town. Soldachi Tours show you the Rincon area starting at 10 am. Call Maria at 717-6435. To reserve.
Dos Pos Scenic Walk- Second Saturday of the Month. NAf10-Call Maria 717-

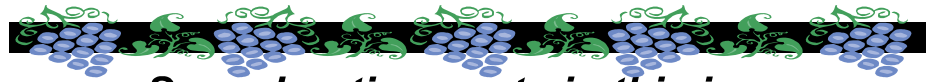
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CHURCH SERVICES

International Bible Church of Bonaire - Kaya Amsterdam 3 (near the traffic circle)
Sunday Services at 9 am; Sunday Prayer Meeting at 7:30 pm in English. Tel. 717-8332
Protestant Congregation of Bonaire. Wilhelminaplein. Services in Papiamentu, Dutch and English on **Sundays at 10 am.**
Thursday Prayer Meeting and Bible Study at 8 pm. Rev. Jonkman. 717-2006
The Church of Jesus Christ of Latter Day Saints, Kaya Sabana #26 Sundays 8:30 - 11:30 am. Services in Papiamentu, Spanish and English.
Catholic San Bernardus in Kralendijk - Services on **Sunday at 8 am and 7 pm** in Papiamentu 717-8304 . **Saturday at 6 pm** at *Our Lady of Coromoto* in Antriol, in **English.** Mass in Papiamentu on Sunday at 9 am and 6 pm. 717-4211.
Assembly of God (Asemblea di Dios), Kaya Triton (Den Cheffi). Services in English, Dutch & Papiamentu on **Sunday at 10 am. Wednesday Prayer Meeting at 7:30 pm.** 717-2194
New Apostolic Church, Meets at Kaminda Santa Barbara #1, Sundays, 9:30 am. Services in Dutch. 717-7116.
 * * * * *

Send in your events to
The Bonaire Reporter
 Email reporter@bonairenews.com
 Tel/Fax. 717-8988, Cel. 791-7252

DINING GUIDE



See advertisements in this issue

RESTAURANT	PRICE RANGE / WHEN OPEN	FEATURES
Bella Vista Restaurant Sea Side Restaurant at Buddy Dive Resort 717-5080, ext. 535	Moderate. Breakfast, Lunch, Dinner Open every day	Magnificent Theme Nights: Sunday: Beach Grill; Wednesday: Mexican Night; Friday: Manager's Rum Punch Party and All-You-Can-Eat B.B.Q
Caribbean Club Bonaire at Hilltop 7 minutes north of "Hotel Row" 717-7901	Moderate Breakfast, Dinner, closed Sunday	What a place! Friendly bar next to the pool, home cooked meals, happy hours 5 to 7. Serious BBQ on Tuesdays NAf25.
Calabas Restaurant & Chibi Chibi Restaurant and Bar At the Divi Flamingo Beach Resort. Waterfront 717-8285	Moderate-Expensive Breakfast, Lunch and Dinner Open 7 days	Get a view of the beach and beautiful turquoise setting when enjoying a breakfast buffet or a la carte lunch and dinner at the 'Chibi Chibi' restaurant & bar. Enjoy inspiring vistas and a high standard of international cuisine.
Crocantino Italian Restaurant Downtown at Kaya Grandi 48 717-5025	Moderate-Expensive Dinner Closed Monday	Skilled chef direct from Tuscany prepares exquisite dishes. Authentic ingredients and romantic setting make dining a total delight. Get served in a garden setting under floating umbrellas or in air-conditioned comfort.
Garden Café Kaya Grandi 59 717-3410	Moderate Monday-Friday, Lunch & Dinner Saturday, Dinner. Closed Sunday	Finely prepared Middle Eastern cuisine plus Venezuelan specialties. Excellent vegetarian selections. Pizza and Latin Parilla
La Balandra On the Water at the Harbour Village Resort 717-7500, ext 62; 785-0902	Moderate Breakfast-Lunch Special Dinners on Friday, Sunday	Cuisine by Chef Alberto Roldan of the Bonaire Culinary Team. If you are using the NAf25 Beach Pass, a NAf15 credit is given for meals Bonaire's best seaside location.
The Last Bite Bakery 717-3293 Home Delivery or Take Out	Low-Moderate Orders taken 8 am-4 pm; Deliveries 6-7:30pm Closed Sunday	Enjoy a delicious dessert or savory baked meal in the comfort of your home or resort. This unique bakery offers gourmet class items -always from scratch- for take out or delivery only.
The Lions Den Beach Bar And Restaurant On the sea at Lions Dive 717-3400 717-6616	Moderate-Expensive Breakfast, Lunch, Dinner Open 7 Days	Spectacular setting overlooking dive sites and Klein Bonaire. Imaginative menu, open kitchen. Owned and operated by Kirk Gosden.
The Lost Penguin Across from MCB Bank in downtown Kralendijk Call 717-8003	Low-Moderate Breakfast, Lunch, Early Dinner Closed Tuesdays & Wednesdays	Watch the bustle of downtown from this street side Caribbean-style bistro owned and run by a European educated Master Chef and his wife.
Nonchi's at Cultimara 791-4280	Low Open 5 am-8 pm Monday-Saturday	Delicious local and international food to take out, or eat there. Everyday a different combo. Sandwiches and roast chicken too.
Pasa Bon Pizza On Kaya Gob. Debrot ½ mile north of town center. 790-1111	Low-Moderate Open from 5-11 pm Wednesday-Sunday	Bonaire's best. The Real Thing! Freshly prepared pizzas made with the finest ingredients. Salads, desserts. Eat in or take away. Nice bar too. Call ahead to eat-in or take out 790-1111
The Seahorse Cyber Café Kaya Grandi #6. Phone 717-4888	Low-Moderate Open 7 am - 7 pm Closed Sunday	Tasty breakfasts, pastries, fresh tropical juices, homemade bread, special sandwiches, delicious desserts and more make this a favorite.



SHOPPING GUIDE

See advertisements in this issue



AIRLINES

BonairExel. Bonaire's own ON TIME airline flying between Bonaire, Curaçao and Aruba. Look for *The Bonaire Reporter* on board.

APPLIANCES/FURNITURE/COMPUTERS

City Shop is Bonaire's mega-store for TV, Stereos, Air conditioning, large and small kitchen appliances. Name brands, guarantees and service center.

BANKS

Maduro and Curiel's Bank provides the greatest number of services, branches and ATMs of any Bonaire bank. They also offer investments and insurance.

BEAUTY PARLOR

Hair Affair. Expert hair cutting, styling, facials, waxing and professional nail care.

BICYCLE / SCOOTER/ QUADS

De Freewieler rents scooters and quads; professionally repairs almost anything on two wheels. Sells top brand bikes. Have your keys made here.

BOOKS

Watercolours Bonaire and **Eye on Aruba, Bonaire, Curaçao** are the most original ways to remember Bonaire and the islands at their best. At Photo Tours and many other island shops.

Bonaire Diving Made Easy, Third Edition, is an essential in your dive bag. The latest information on Bonaire's shore dive sites.

BUILDING AND CONSTRUCTION

APA Construction are professional General Contractors. They also specialize in creating patios and walkways with fabulous sprayed and stamped concrete pavement.

CYBER CAFES

See Restaurant Guide for **The Seahorse Cyber Café.**

DENTURES

All Denture Lab. For denture repair or new ones. All work done on the island, fast results. Owner-operator dentist. Repairs while you wait.

DIVING

Carib Inn is the popular 10-room inn with top-notch dive shop and well stocked retail store. Best book trade on Bonaire. Good prices on regulator repair, dive computer H.Q.

Dive Inn Seven studio apartments and dive shop/school

directly on the waterfront in the heart of town. Friendly, highly experienced with an exceptional staff.

FITNESS

Bonfysio offers comprehensive fitness programs to suit your needs whether they be weight loss, sports or just keeping in shape. Convenient schedule.

Fit 4 Life at the Plaza Resort Mall. Classes in Pilates, Aerobics, TaeBo and more. Professional trainers, fitness machines and classes for all levels.

GARDEN SUPPLIES AND SERVICES

Green Label has everything you need to start or maintain your garden. They can design, install and maintain it and offer plants, irrigation supplies and garden chemicals.

GIFTS - SOUVENIRS - LIQUORS

The Bonaire Gift Shop has a big selection of what you need to enjoy Bonaire and remember it when you get home. Digital cameras and watches a specialty.

HOTELS

Golden Reef Inn is the affordable alternative with fully equipped studio apartments in a quiet Bonaire neighborhood. Just a 3-minute to diving and the sea.

Hotel Bonaire Inn (formerly Friars' Inn), downtown Kralendijk, has rooms and breakfast at Bonaire's lowest prices. Great for tourists or when visiting family and friends.

METALWORK AND MACHINE SHOP

b c b- Botterop Construction Bonaire N.V., offers outstanding fabrication of all metal products, including stainless. Complete machine shop too.

PHOTO FINISHING

Kodarama- the only digital lab and studio handles all digital media and offers the largest variety of professional services -across from MCB Bank

Paradise Photo in the Galleries Shopping Center offers fast, fine processing for prints and slides plus a variety of items and services for your picture-taking pleasure.

REAL ESTATE / RENTAL AGENTS

Harbourtown Real Estate is Bonaire's oldest real estate agent. They specialize in professional customer services and top notch properties.

Re/Max Paradise Homes: International/US connections. 5% of profits donated to local community.

Sunbelt Realty offers full real estate, rental, and insurance services. If you want a home or to invest in Bonaire, stop in and see them.

REPAIRS

Bon Handyman is here if you need something fixed or built. Ultra reliable, honest and experienced. Electrical, plumbing, woodworking, etc.

RESORTS & ACTIVITIES

Buddy Dive Resort offers diving, Adventure Fun tours including kayaking, mountain biking, cave snorkeling and exploration.

SECURITY

Special Security Services will provide that extra measure of protection when you need it. Always reliable. Call 717-8125.

SHIPPING

Rocargo Freight Air and sea shipments in/out of Bonaire. Customs agents. Professional and efficient. **FedEx agent.** Call 717-8922/8033.

SUPERMARKETS

Tropical Flamingo is convenient, clean, modern, efficient and has the lowest prices on Bonaire. Located behind NAPA.

Visit **Warehouse Bonaire** to shop in a large, spotless supermarket. You'll find American and European brand products. THE market for provisioning.

TOYS AND GAMES

Laur'an is a store dedicated to providing quality toys and games to Bonaire. Find them on Kaya Gerharts in the Lourdes Shopping Mall

WATER TAXI

Get to Klein Bonaire by Ferry. Call Bonaire Nautico at 560-7254. Ride the *Kantika di Amor* or *Skiffy*. Hotel pickup too.

WINES

Antillean Wine Company. You've tried the rest; now try the best: best prices, highest quality wines from around the world, kept in a cooled warehouse. Free delivery.

YOGA

Yoga For You. Join certified instructors Desiree and Don at Jong Bonaire for a workout that will refresh mind and body. Private lessons too.

ATTENTION BUSINESSMEN:
Put your ad in *The Bonaire Reporter.*
The most advertising for your guild.
Phone/Fax 717-8988, Cel 791-7252

Nubia

“I was born in Narino, Colombia, close to Buena Ventura on the Pacific Coast. There were seven children in our family: four boys, three girls. I was the baby, the youngest and spoiled by everyone. My father was a botanist; he knew how to cure people with herbs and plants and by dealing with the pulse. I’ve been seeing that since I was a little girl; it was fascinating, incredible what he could do! My father had a *finca*, a farm, where we had chickens, pigs and ducks, fresh vegetables and all sorts of fruits hanging from the trees - juicy, ready to eat and making your mouth water! All our food was natural, and even now I prefer healthy, fresh food. All in all I had a very happy childhood and if I were born again I’d wish it to be just the same. It was a very close knit family with all the uncles, the aunts whom I loved dearly, the cousins, and the two grandmothers whom I adored.

I attended a nun’s school in Cali, but when I was 17 we moved to Venezuela. My grandparents stayed at the *finca*.

We went to live in Caracas so my father could have more of a chance to learn from other botanists in Venezuela. It was not a big change; I did miss my aunts and grandmothers, but to move from Colombia to Venezuela, that’s nothing; we’re the same people.

After I finished high school with the nuns in Venezuela I began to study everything about face and body treatments, aesthetic and therapeutic massages. I learned about the bones, the joints, the muscles and the lymphatic vessels. And I studied kinematics and osteopathics, reflexology and aroma therapy. I spent three years and studied about 20 different specialties. Some courses I did by correspondence through Barcelona, Spain. The first day I started my studies my professor told me, ‘Nubia, you have your future in your hands...’” *She stretches her hands out - they are unusually big and strong - and says,* “Look, these are my instruments, God gave them to me!

I thank God every day for what I’m doing because much of what I’m doing is inherited. And I’ve been lucky because many therapists can study for years and years and still they can’t do anything. But there are people, like myself, when they put their hands on somebody, it works. I believe that everybody comes into this world with a mission. The main object isn’t money; you have to study what feels really, really good.”

Nubia Obando Hurtado’s extravagant

character is a mixture of a healthy dose of humor, narcissism and both feet on the ground. She’s beautiful, entertaining and tough.

“I worked for 10 years in one of the best places in Caracas, at Las Mercedes, where my clients were members of high society, very exclusive clientele like Escobar Salom who was the Minister of Foreign Affairs and later on the Vice President of Venezuela, and Theodore Petkoff, the Minister of Interior Affairs, and Magaly Gonzalez, the owner of Harbour Village.

When I was 28, William, my son, was born. He’s a very intelligent, very friendly person. He’s very good in sports and he has one of the most beautiful voices in the world. He’s my son, I love him and I love him and I am crazy for him! He’s now 19 and since finishing SGB high school he’s studying computer engineering in Colombia. For him it’s good to be there. What is he going to do here at this age? But for me it’s terrible, it hurts, I miss him! William’s father was a commander with

PTJ, the military intelligence service, but I raised my little prince, my puzzle, all by myself. Every morning I would take him to school at six and then I would go to the gym. After that I went to work and

when William’s school was finished the school bus would bring him to my office. He would have lunch, sleep for an hour, then go to karate. Together we’d go home at 8 o’clock at night, day in day out, every day of the week. Except for Sunday! Sundays were fantastic; a delicious breakfast, then to church, go home, talk a bit, sleep a little, go to Pizza Hut to take out a big pizza Margarita and eat it while watching TV! What a nice life! I love Caracas, I miss Venezuela, I miss Las Mercedes! I came to Bonaire in 1996. I didn’t know the island. I didn’t come because I didn’t like my work or my life or the situation in Venezuela. I didn’t come for any negative reason. I had a beautiful life, exclusive clients and a very good apartment, but the work was too much. Through a connection I got a contract with Harbour Village as the first therapist at the Spa. I came alone, William stayed with my family. My first impression was, ‘Oh, my God! It is small! It is too quiet!’” *She laughs.* “I got over it! It is so beautiful! I love it. Nice people, no traffic, no stress. The people of Bonaire are so friendly; they help you when you need it. I am very

grateful for all the help I’ve gotten here, especially when I started my own business. You know, you have to be grateful; you eat, sleep, work and live here; you have to appreciate that. Well, after a year William came over. He was 12 and loved it here.

I go out to City Café and Karel’s, not very often, but I’ve always loved to go out for dinner, I love to dine! In the second year I found a nice boyfriend and we stayed together for quite a while. At this moment I have many admirers, but none has my heart. We’re only friends.

I worked for Harbour Village for five years and when it closed I started at Divi Flamingo. For many years I had had the idea of starting my own business, always thinking, why don’t I have my own business? Thinking, no, I can’t, it’s too difficult. Thinking, Nubia, you can do it! Then I asked a lady, and she answered, ‘No, you can’t because you’re a foreigner. But I went to DEZA and they told me anyone can open their own business. And so it happened that in 2001, thank God, I opened the ‘Day Spa, Face & Body by Nubia’ in the Sand Dollar shopping mall. I love my job. I feel good when people leave my place happy. When somebody else feels good, it makes me happy; I am like that. When business is slow I don’t panic. I am never afraid because I am a very positive and strong woman. I feel good. I get up every day at six o’clock, I work out, then I have a very good breakfast with lots of fruit, a good shower and a good perfume and off I go to my office. I start at 10 and I work until six or seven at night. I’ve always taken very good care of my body. I am 46 years old, but look,” *She gets up from the sofa and poses in front of the mirror that’s prominent in the center of the living room,* “I love my body, I like to see myself... 90 - 60 - 90 ... How beautiful, how marvelous! Yes, you’re right, I am vain!” *she laughs.* “Let me feed the dog for a minute, poor thing, he’s been waiting all day.” *When she returns she says:* “My dream is to open a bigger place with a nice ambi-



Nubia

ance, three treatment rooms, a big gym with lots of machines and a health food store - all in all, a health center. Three employees and I will be the boss, very charming of course. I’m serious!

Maybe I will have more time to travel than I have now. I love to travel, really, really. I went to Switzerland, to the Grand Hotel in Zurich that has a beautiful spa by the way. I’ve been to Paris, to Rome, to Amsterdam and Germany and I’m thinking of going for business to Europe very soon. I also like to go to conferences, mainly because I like to learn. I have a very good memory and after a conference I like to talk with the speakers who impressed me the most. Those are the things I like.

At the moment I feel great on Bonaire. You never know what will happen in the future, but I am a person who lives for the moment. Colombia is the country that saw me born, Venezuela saw me grow. Now I am here and I grew to love Bonaire, but I still love Venezuela and I feel Venezuelan. I am Venezuelan but I am grateful to be here.”

□ Greta Kooistra



Greta Kooistra

WINFRED DANIA EXHIBIT AT CINNAMON ART GALLERY

Cinnamon Art Gallery begins its Guest Artist Program with an exhibition July 10 – August 6 of the works of Winfred Dania, one of Bonaire's most renowned artists. He has been acclaimed in Holland as a painter with "extraordinary dimension," gifted in "portraying the spiritual," with a "spontaneous, direct and narrative style." In Dutch Caribbean Art, a comprehensive history of art in the Netherlands Antilles, authors Adi Martis and Jennifer Smit had this to say about Dania's work:

"Inspired by the mythological tales of Boy Nay by Frans Booi, Dania depicts the adventures of this mysterious figure from Bonaire's storytelling tradition. Mythological characters appear in overwhelmingly, surrealistic landscapes. The natural elements are almost always dominant. Clouds, air and cave formations whirl across the canvas in a dark palette. Occasional colour accents serve to reinforce the story's dramatic power."

Dania was born in 1950 in Aruba, his father a Bonairean, his mother's family from Aruba and Curaçao. He was born deaf and at age four was brought to Holland to attend a special institute for the deaf. As an adult Dania began visiting Bonaire while on holiday from Aruba. After just a few visits he decided he wanted to live on the island so he moved to here permanently when he was 20.



Winfred with one of his mystical works paintings.

He is a professional typesetter and an expert gardener with a special "green thumb." At one time he worked with Captain Don Stewart to landscape Habitat. But it is his artistic talent that has been the real center of Dania's life.

He first began painting with pastels when he was eight. As an adult living on Bonaire his artistic skills were recognized by Frans Booi, one of the founders of the Bonaire Museum and SKAL (the institute of culture). When Booi met Dania he had been working on a project to determine the meaning of the names of places in Bonaire.



Winfred's famous Save Klein Bonaire Poster

In this process Booi talked with many of the oldest Bonairean families and consulted original Spanish and Latin documents written hundreds of years ago about the island. From this research, Booi compiled many stories of the origin of Bonaire and the various myths surrounding the is-

land's creation. As Booi talked about his research with his colleagues, Dania was often nearby. Finally, Dania surprised Booi with his own interpretation of these Bonairean legends in a large, dramatic painting. Booi realized that Dania had come to understand much of these rediscovered legends through his skillful lip reading of Booi's excited conversations in Dutch about his research with his friends! Thus began a cooperation between Dania and Booi that has continued for some 17 years. Dania has dedicated himself to capturing the mythology of Bonaire in his paintings. Forty of his paintings were published in Frans Booi's recording of this mythology in his 1997 book entitled Boynay Tey.

Dania's first exhibition of 80 paintings was held on Bonaire in 1989 at the *Cas di Sosiego* (home for the elderly) where his renderings of ancient Bonaire myths were immediately familiar and recognizable to the older residents of the home. He has gone on to hold 26 exhibits throughout the Netherlands Antilles, the wider Caribbean and in Holland. Today his paintings are in the permanent collection of the Stedelijk Museum in Amsterdam and at Den Haag in the Galerie Maurits and Artotheek. The Bonaire Museum has 10 of his paintings in its permanent collection.

Well-known local residents, Phil and Lorraine Katzev have the largest collection of Dania's on the island. It is through the Katzevs that Winfred was asked to paint a work that would help publicize the need to protect Klein Bonaire. The result, his painting "Preserve Klein Bonaire," is available in print form at gift and dive shops around the island and at Valerie's Airport Shop. All proceeds from the sale of this poster are used towards the preservation of Klein Bonaire as a nature wilderness. Dania describes his work as emotional where he experiences different dimensions – those of darkness and total silence that only the deaf and the blind can experi-



Winfred Dania and Franz Booi, old friends

ence. He uses several materials for his paintings such as Sakura water paint, pastel crayons, ecoline and ink. His preference remains oil paint on canvas. Cinnamon Art Gallery's exhibit of Dania's work opens with a special reception on Saturday, July 10, from 7 to 9 pm at the Gallery. The event is open to the public, and will include 19 of Dania's paintings, as well as traditional Bonairean foods and music. Visitors will have the opportunity to sign up to attend a series of evening lectures conducted at the Gallery by Frans Booi, concerning the Boynay Mythology and Dania's paintings. Cinnamon Art Gallery is located just off Kaya Grande in Kralendijk, behind Banco di Caribe. (Kaya APL Brion #1). For more information, call the Gallery at 599 717-7103 or visit the Gallery's website at www.cinnamonartgallery.org.

□ Wendy Horn



BONAIRE SKY PARK*

***to find it, just look up**

**NEXT WEEK
THE MORNING
STAR
REACHES ITS
GREATEST
BRILLIANCY**

Next week on Thursday July 15th the celestial object known as 'The Morning Star' for thousands of years will reach its

greatest brilliancy only 10½ weeks after the object known as 'The Evening Star' for thousands of years reached its greatest brilliancy, and it's not just by coincidence. So what's really happening?

Let's go back about nine weeks to Sunday, May 2nd, when an hour after sunset facing west you would have seen the ringed planet **Saturn** (whose close-ups were in the news last week), the red planet **Mars**, the red shoulder star of **Orion**, **Betelgeuse**, and close to the horizon, **Aldebaran**, the red eye star of **Taurus the Bull**. And above Aldebaran was the most brilliant object in the sky other than the **Sun** and the **Moon**, the object known to almost all of human history as '**The Evening Star**.' I especially like the name the ancient Greeks gave 'The Evening Star,' **Hesperos**, which means westerly because 'The Evening Star' always appears in the west. Hesperos reached its greatest brilliancy on May 2nd. But next week its twin sister or brother star will reach its greatest brilliancy.

Face east next Thursday morning, July 15th, an hour before sunrise, where the most dazzling object will be '**The Morning Star**' looking almost like a UFO or the landing light of an airplane because of its super brilliancy. And it would seem logical that if the ancient Greeks had a name for the evening star, they would have also named its twin, the morning star. And in fact they named it **Phosphoros**, which means 'the light bearer' because Phosphoros always makes its appearance an hour or two before sunrise. So in a sense Phosphoros is the bearer of the morning light. Now if you look closely above the morning star you will see the red star Aldebaran which nine weeks ago was below the evening star which would lead one to suspect that perhaps the evening star and the morning star are not separate objects but are one and the same. And in fact, such is the case, a case put forward by the ancient Greek mathematician, Pythagoras. Indeed the name we now give to the morning star and the evening star is the name the Romans gave it, **Venus**.

And although our ancestors thought Venus was a star, we now know that it is an 8,000-mile-wide, Earth-sized planet. And because Venus and **Earth** constantly change their positions in their orbits, on May 2nd Venus was to the east of the Sun as seen from Earth and thus visible as the evening star in the west after sunset. It appeared lower each night throughout the rest of May and finally disappeared below the horizon in early June. Then on June 8th it passed directly between our Earth and Sun which was an event we could actually see. And then it slowly moved to the other side of the Sun and is now west of it and thus is visible as the morning star in the east before sunrise. So enjoy Venus at its greatest brilliancy next week when it will be as bright and as close to Earth as it was on May 2nd. Isn't astronomy fun? □ *Jack Horkimer*



THE STARS HAVE IT

For the week: July 9 to July 16, 2004

By Astrologer Michael Thiessen

ARIES (Mar. 21- April 20) This is not the time to be extravagant. You will have a blowup this week if your partner does things that you feel are not aboveboard. Your ideas are good and career moves can be realized. Your uncanny insight will help you make the right choices. Your lucky day this week will be Tuesday.

TAURUS (Apr. 21- May 21) Don't avoid your true feelings. You will have to put those you live with in their place if they try to interfere with your work. You need to do your own thing and work on making yourself the best you can be. You will have a productive day if you organize yourself well at work. Your lucky day this week will be Monday.

GEMINI (May 22-June 21) Large organizations may try to talk you out of your hard-earned cash. If you're looking to do something worthwhile, consider volunteer work. You can mix business with pleasure to get favorable results. You are best not to nag or criticize. Your lucky day this week will be Saturday.

CANCER (June 22-July 22) Opportunities to meet new lovers will evolve through your interaction with groups or fundraising functions. You will find that social activities will be enjoyable and will promote new connections. Be sure that you have all the facts before you take action. Make a point of working on yourself. Your lucky day this week will be Friday.

LEO (July 23-Aug 22) Travel will turn out to be far more exciting than you imagined. Mingle with those who can further your goals. You can make extra cash by moonlighting. Avoid extravagance or risky financial schemes. Your lucky day this week will be Wednesday.

VIRGO (Aug. 23 -Sept. 23) Your ability to be a self starter will help get things done and motivate others. Get involved in physical activities that will stimulate you. It's time you let your true feelings out. You may find that your boss is not delighted with your work lately. Your lucky day this week will be Thursday.

LIBRA (Sept. 24 -Oct. 23) Investments concerning your residence will be profitable. Opportunities to make advancements through good business sense are apparent. A second chance will result in good work. Your mind is on moneymaking ventures. Your lucky day this week will be Thursday.

SCORPIO (Oct. 24 - Nov. 22) Get involved in groups that are creative in nature. Expect to have more people on your domestic scene. Focus on your domestic scene. Get together with friends or relatives. Don't overload your plate. Your lucky day this week will be Tuesday.

SAGITTARIUS (Nov. 23 -Dec. 21) If you take on too much, you will find yourself in martyrdom. You will find that you are able to clear up a number of small but important details. You will find that friends or relatives may not understand your needs. Don't hold yourself back because you think you're too old. Your lucky day this week will be Saturday.

CAPRICORN (Dec 22. - Jan. 20) Do not travel unless absolutely necessary. Be careful. Do your own thing without drawing attention to it. You are best to do your research before taking on such a venture. Do something constructive outside. Your lucky day this week will be Saturday.

AQUARIUS (Jan. 21 -Feb. 19) Underhandedness regarding legal matters or contracts must be counteracted. Don't let friends or relatives make you feel guilty if you're not able to attend one of their affairs. Courses dealing with psychology or health care will be of interest. Your high energy will help you through this rather hectic day. Your lucky day this week will be Monday.

PISCES (Feb. 20-Mar. 20) You may have difficulty trying to get your mate to understand your position. Make sure that you have all the pertinent information before any reprisals or making any moves. Deception and doubts may surround your involvement with friends and relatives. Opportunities to meet new lovers will evolve through your interaction with groups or fundraising functions. Your lucky day this week will be Monday. □

Moon Info ☾ Last Quarter on July 9th. ● New Moon on July 17th.

☽ First Quarter on July 25th. ○ Full Moon on July 31st